

	Date	AF (YR 4)	FL (YR5)	RP (YR 7)	HK (YR7)	WC (Yr7)	AE (YR8)	WS (YR8)
Being me in my world	Aut 1 week 1	Becoming a class team	My year ahead	Who am I?	Who am I?	Who am I?	Who am I?	Who am I?
	Aut 1 Week 2	Being a school citizen	Being a citizen of my country	My influences	My influences	My influences	My family	My family
	Aut 1 Week 3	Rights, responsibilities and democracy	Responsibilities	Peer pressure and belonging	Peer pressure and belonging	Peer pressure and belonging	Family factors	Family factors
	Aut 1 Week 4	Rewards and consequences	Rewards and consequences	Healthy me	Healthy me	Healthy me	The power of first impressions	The power of first impressions
	Aut 1 Week 5	Our learning charter	Our learning charter	My online identity	My online identity	My online identity	Faith and beliefs	Faith and beliefs
	Aut 1 Week 6	Owning our learning charter	Owning our learning charter	What are the consequences of what I say and do online?	What are the consequences of what I say and do online?	What are the consequences of what I say and do online?	Targeted	Targeted
	Aut 1 Week 7	Targeted	Targeted	Targeted	Targeted	Targeted	Targeted	Targeted
	Aut 1 Week 8	Assessment	Assessment	Assessment	Assessment	Assessment	Assessment	Assessment
Celebrating difference	Aut 2 Week 1	Judging by appearances	Different cultures	Prejudice and discrimination	Prejudice and discrimination	Prejudice and discrimination	Prejudice and discrimination	Prejudice and discrimination
	Aut 2 Week 2	Understanding influences	Racism	True or false	True or false	True or false	Inequality	Inequality
	Aut 2 Week 3	Understanding bullying	Rumours and name-calling	Challenging stereotypes	Challenging stereotypes	Challenging stereotypes	When things go right	When things go right
	Aut 12 Week 4	Problem-solving	Types of bullying	Discrimination at school	Discrimination at school	Discrimination at school	Bullying	Bullying
	Aut 2 Week 5	Special me	Does money matter	Bullying	Bullying	Bullying	How I can make a difference	How I can make a difference
	Aut 2 Week 6	Celebrating difference: How we look	Celebrating difference across the world	Targeted	Targeted	Targeted	Targeted	Targeted
	Aut 2 Week 7	Targeted	Targeted	Assessment	Assessment	Assessment	Assessment	Assessment
Dr ea m	Spr 1 week 1	Hopes and dreams	When I grow up	What are my dreams and goals?	What are my dreams and goals?	What are my dreams and goals?	Your goals – long term	Your goals – long term

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	Spr 1 Week 2	Broken Dreams	Investing jobs and careers	Achieving my dreams and goals	Achieving my dreams and goals	Achieving my dreams and goals	What money can't buy	What money can't buy
	Spr 1 Week 3	Overcoming disappointment	My dream job	Coping strategies	Coping strategies	Coping strategies	Online safety	Online safety
	Spr 1 Week 4	Creating new dreams	Dreams and goals	How responsible and irresponsible choices affect my dreams and goals	How responsible and irresponsible choices affect my dreams and goals	How responsible and irresponsible choices affect my dreams and goals	Money and earnings	Money and earnings
	Spr 1 Week 5	Achieving dreams We did it	How can we support each other? Rallying support	How an irrespirable choice can affect a person's dreams and goals	How an irrespirable choice can affect a person's dreams and goals	How an irrespirable choice can affect a person's dreams and goals	The price of life	The price of life
Healthy me	Spr 2 Week 1	My friends and me	Smoking	How to recognise anxiety and stress	How to recognise anxiety and stress	How to recognise anxiety and stress	Me and my health	Me and my health
	Spr 2 Week 2	Group dynamics	Alcohol	Healthy choices on managing stress	Healthy choices on managing stress	Healthy choices on managing stress	Healthy choices on managing stress	Healthy choices on managing stress
	Spr 2 Week 3	Smoking	Emergency aid	Healthy choices on substances	Healthy choices on substances	Healthy choices on substances	Healthy choices substances	Healthy choices substances
	Spr 2 Week 4	Alcohol	Body image	Healthy lifestyle choices: nutrition, exercise and sleep	Healthy lifestyle choices: nutrition, exercise and sleep	Healthy lifestyle choices: nutrition, exercise and sleep	Substance misuse and exploitation	Substance misuse and exploitation
	Spr 2 Week 5	Healthy friendships Celebrating my inner strength and assertiveness	My relationship with food Healthy me	Healthy choices: medicines and immunisation	Healthy choices: medicines and immunisation	Healthy choices: medicines and immunisation	Healthy choices on medicines and immunisation.	Healthy choices on medicines and immunisation.
Relationships	Sum1 Week 1	Jealousy	Recognising me	Positive qualities of healthy relationships	Positive qualities of healthy relationships	Positive qualities of healthy relationships	Being in control of myself	Being in control of myself
	Sum1 Week 2	Love and loss	Safety with online communities	My changing supportive relationships	My changing supportive relationships	My changing supportive relationships	Being in control of relationships	Being in control of relationships
	Sum1 Week 3	Memories	Being in an online community	Getting on and falling out	Getting on and falling out	Getting on and falling out	Being in control of personal space	Being in control of personal space
	Sum1 Week 4	Getting on and falling out	Online gaming	Discerning external factors in relationships	Discerning external factors in relationships	Discerning external factors in relationships	Managing control and coercion in relationships	Managing control and coercion in relationships
	Sum1 Week 5	Girlfriends and boyfriends	My relationship with technology – screen time	Assertiveness in relationships	Assertiveness in relationships	Assertiveness in relationships	Being in control of social media	Being in control of social media

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	Sum1 Week 6	Celebrating relationships with people and animals	My relationship staying safe and happy online.	Targeted	Targeted	Targeted	Targeted	Targeted
	Sum 1 Week 7	Targeted	Targeted	Assessment	Assessment	Assessment	Assessment	Assessment
Changing me	Sum2 Week 1	Unique me	Self-image and body image	My changing body	My changing body	My changing body	Different types of relationship	Different types of relationship
	Sum2 Week 2	Having a baby	Puberty girls	Having a baby	Having a baby	Having a baby	What's in a relationship?	What's in a relationship?
	Sum2 Week 3	Girls and puberty	Puberty boys	Types of relationships and their impact	Types of relationships and their impact	Types of relationships and their impact	Looks and smiles	Looks and smiles
	Sum2 Week 4	Boys and puberty	Conception	Image and self-esteem	Image and self-esteem	Image and self-esteem	Does watching pornography help people to understand relationships?	Does watching pornography help people to understand relationships?
	Sum2 Week 5	Circles of change	Looking ahead 1	My changing feelings	My changing feelings	My changing feelings	Alcohol and risk	Alcohol and risk
	Sum2 Week 6	Accepting change	Looking ahead 2	Targeted – Puberty	Targeted – Puberty	Targeted – Puberty	Targeted – Puberty	Targeted – Puberty
	Sum2 Week 7	Looking ahead	Targeted	Targeted	Targeted	Targeted	Targeted	Targeted
	Sum2 Week 8	Targeted	Assessment	Assessment	Assessment	Assessment	Assessment	Assessment