ASDAN

Independent Living Module 4

Health & Fitness

1. Learners are to investigate and work with others (members of their family or friends) to carry out a survey/research project of what personal hygiene products are used and why they are used.
2. Learners are to include products for both men and women in their findings.
3. When they carry out the surveys it should include the following:
4. What products are used
5. Different types of products
6. What they are used for
7. The prices of the different products
8. Individual personal choices of products and why they use them
9. The learners need to write a report which covers all of the areas above and if they think certain products are better than others on the market.

The learners should also write about whether they think the cost is a true reflection on the products they use and whether they are happy with their products.

1. The learners need to include in the report why they think personal hygiene is important and what are the potential problems if poor personal hygiene is not carried out.

Can you please witness that the above has been carried out and sign and date below to ensure we have documented evidence.

If you could take some photos of the learners dish that would be an advantage.

I can confirm that I have witnessed ..........................complete the above tasks on the ……………………… 2020.

Signed …………………………. Parent/Carer/Witness

If you have any problems with the above please contact your Tutor, Bryony at [bryony.reck-smith@macintyreacademies.org](mailto:bryony.reck-smith@macintyreacademies.org)