



MacIntyre Academies  
Quest Academy

## APRIL 2023 EDITION 1 NEWSLETTER



**Bank holiday** — Monday 1st May

**Strike Day** — Monday 2nd May

**Bank Holiday** — Monday 8th May

“Quote of  
the week”

*“Don't wait for someone to bring you flowers.  
Plant your own garden and decorate your  
own soul.”*

*— Luther Burbank*

# WELCOME



Dear Parent/ Carer,

I hope that you are all well and looking forward to the Bank holiday weekend. The weather forecast is suggesting that after this deluge of rain we are due a hot on sunny day!

Well done to all the learners who have recently completed their spelling assessments. In June all learners will be completing a suite of GL assessments linked to reading, maths, science and English. Once we have reviewed this information we will develop programmes of study to help support your child in the areas they need further support with. You will also receive a summary of the progress they have made in July as part of your child's end of year report.

I thought that it would be helpful to let you know that celebrations about the king's coronation will be carried out in class teams next week. There are a number of adverts in the Newsletter this week which highlight a range of activities that are taking place in the community tomorrow and next weekend. There is a free taster session at Rugby Tennis club tomorrow should you like to take up on this opportunity. Other events relate to the Coronation.

Also included with the Newsletter are two information posters about safeguarding . The first one is about supporting your child to be safe in the community and online and is entitled Clever Never Goes Anywhere. The other poster provides invaluable information about Wizz a free social networking app. If you have any queries about these please feel free to contact us.

Kind regards,

*Nicola Wells*

**Half Term Holiday: Monday 29th May - Friday 2nd June 2023**

**We are successful because;-**

***... the mother of one of our learners said that her son has come on in leaps and bounds since being at Quest.***

***...the mother of one of our learners said that the Quest Academy staff team does an 'incredible job' in supporting her son, particularly with his social skills, and that the school suits his needs. She said that the support from school has positively affected all areas of life.***



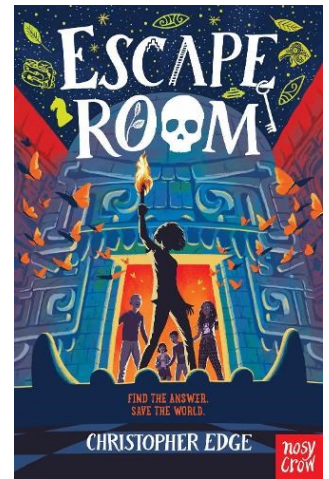
## Escape Room

By Christopher Edge

Reading age



10+ years, from customers



A fun game of puzzle-solving and ingenuity becomes a thrilling fantastical adventure with the fate of the world at stake in Edge's wildly imaginative and pacey novel.

The latest mind-blowing novel from award-winning author Christopher Edge, *Escape Room* is a thrilling adventure that challenges readers to think about what they've done to save the world today.

When twelve-year-old Ami arrives at The Escape, she thinks it's just a game - the ultimate escape room with puzzles and challenges to beat before time runs out. Meeting her teammates, Adjoa, Ibrahim, Oscar and Min, Ami learns from the Host that they have been chosen to save the world and they must work together to find the Answer. But as he locks them inside the first room, they quickly realise this is no ordinary game.

From a cavernous library of dust to an ancient Mayan tomb, a deserted shopping mall stalked by extinct animals to the command module of a spaceship heading to Mars, the perils of The Escape seem endless. Can Ami and her friends find the Answer before it's too late? With cover illustration by David Dean.

The latest mind-blowing novel from award-winning Christopher Edge mixes puzzle-solving and adventure to create a breath-taking story like no other!

**nosy crow**

"Drawing on themes of gaming and Artificial Intelligence, this is smart, thrilling sci-fi that reads like *Black Mirror* for a middle-grade audience: punchy and action-packed, with a killer twist."

**Fiona Noble, *The Bookseller***

"Gamers will love this mad, intense thriller... reminiscent of *Lord of the Flies*, *Squid Game* and the *Indiana Jones* films."

***The Times*, Children's Book of the Week**



## SCHOOL ECO COUNCIL NEWS

### RECYCLE THE UNRECYCLABLE

Thanks to Cathy, Quest are now registered to collect the below items (washed out).  
The more we collect, the more points we earn that can go towards purchasing supplies. Learners can bring them in from home.



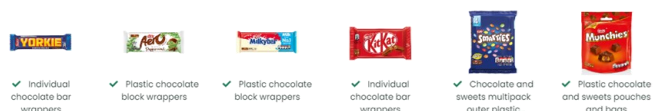
**The KP Snacks® Nuts, Popcorn, Crisps & Pretzels Packet Free Recycling Programme accepts nuts, popcorn, crisps & pretzels packets from all brands.**



**The Cheese Packaging Free Recycling Programme: any brand of flexible plastic cheese packaging and nets**



**Confectionery Free Recycling Programme accepts plastic confectionery packaging from all brands.**



## WE HAVE ALSO JUST SENT OUR FIRST BOX OF COFFEE PODS AND CHOCOLATE WRAPPERS TOO!



**The Green School Project, recycle and raise funds for your school!**

Transform your school into a recycling hub to give a new life to your hard-to-recycle rubbish. We'll give you £5 to get started when you sign up!

[Find out more](#)



**New Earth Month Contest!**

Invest in our planet after Earth Day by taking part in our exciting new recycling contest. Join a programme & get £5, and send us your rubbish by...

[Learn more →](#)



**Awesome news for awesome recyclers!**

The Hasbro Toys and Games Recycling Programme now recycles toys & games from ALL brands! Set up a public drop-off point or find your...

[Find out more](#)



A vegan meal is available on request on days when (vg) is not shown as a choice on the menu.  
All our fish is natural whole fillet and although great care has been taken to remove all bones, some may remain.



## Weekly Menu

CHOICE & JKT  
March 23

### Week one

Warwickshire, Coventry and Oxfordshire: 13/3, 24/4, 15/5, 5/6, 26/6 and 17/7  
Leicestershire: 13/3, 24/4, 15/5, 5/6, 26/6

#### MONDAY

Choose a main meal...  
Best of British Pork Sausages  
with Gravy and  
Creamy Mashed Potatoes

(v) Veggie Korma Curry  
with Wholegrain or White Rice  
mild and creamy

Jacket Potato – (v) Cheese, Tuna  
or (v) Baked Beans

On the side...  
Fresh Salad Bar  
Vegetables of the Day

For dessert...  
(v) Swirly Chocolate Mousse  
(vg) Homemade Fruity Flapjack  
(v) Yoghurt or Fresh Fruit

#### TUESDAY

Choose a main meal...  
Homemade Cheesy Pasta  
with Peas, Bacon, and Freshly Baked  
Wholegrain Baguette

(v) Veggie Breakfast Pattie in a  
Bap with Oven Baked Potato  
Wedges

Jacket Potato – (v) Cheese,  
Tuna or (v) Baked Beans

On the side...  
Fresh Salad Bar  
Vegetables of the Day  
Baked Beans

For dessert...  
(v) Homemade Crispy  
Cornflake Cookie  
(v) Yoghurt or Fresh Fruit

#### WEDNESDAY

Choose a main meal... WEDNESDAY ROAST  
British Roast Chicken Joint or Fillet,  
Sage and Onion Stuffing and Gravy

(vg) Quorn Roast in Gravy with  
Sage and Onion Stuffing  
Crispy Roast Potatoes

Jacket Potato – (v) Cheese, Tuna  
or (v) Baked Beans

On the side...  
Fresh Salad Bar  
Vegetables of the Day

For dessert...  
(v) Homemade Chocolate and Orange  
Brownie  
(v) Yoghurt or Fresh Fruit

#### THURSDAY

Choose a main meal...  
Homemade British Beef Bolognese  
with Pasta and Garlic Bread

(v) Homemade Vegetable Burrito  
Bake with Crispy Diced Potatoes  
Mild Mexican flavoured veggie and cheese,  
layered between soft tortillas

Jacket Potato – (v) Cheese,  
Tuna or (v) Baked Beans

On the side...  
Fresh Salad Bar  
Vegetables of the Day

For dessert...  
(vg) Homemade Strawberry Slice  
(v) Yoghurt or Fresh Fruit

#### FRIDAY

Choose a main meal... FISHY FRIDAY  
(msc) Harry Ramsden's Crispy Salmon  
and Sweet Potato Fishcake

(v) Homemade Cheese and Tomato  
Pizza  
Chipped Potatoes

Jacket Potato – (v) Cheese, Tuna or (v)  
Baked Beans

On the side...  
Fresh Salad Bar  
Peas or Baked Beans

For dessert...  
(v) Cheddar Cheese, Crackers and Apple  
Wedges  
(v) Ice Cream  
(v) Yoghurt or Fresh Fruit

### Week two

Warwickshire, Coventry and Oxfordshire: 20/3, 1/5, 22/5, 12/6, 3/7 and 24/7  
Leicestershire: 20/3, 1/5, 22/5, 12/6, 3/7

#### MONDAY

Choose a main meal... MEAT FREE MONDAY  
(vg) Quorn Dippers with Rainbow Rice  
and Sweet Chili Dipping Sauce or  
Ketchup

(v) Homemade Mac 'n' Cheese  
with Freshly Baked  
Wholegrain Baguette

Jacket Potato – (v) Cheese, Tuna or  
(v) Baked Beans

On the side...  
Fresh Salad Bar  
Vegetables of the Day

For dessert...  
Chocolate Mousse with Fruit in Juice  
(vg) Homemade Cherry Cookie  
(v) Yoghurt or Fresh Fruit

#### TUESDAY

Choose a main meal...  
British Chicken Fillet in Wrap, Salad,  
Mayonnaise or Ketchup and Oven  
Baked Potato Wedges

(vg) Plant Power Meatballs with  
Noodles and a Sweet and Sour Sauce

Jacket Potato – (v) Cheese, Tuna or  
(v) Baked Beans

On the side...  
Fresh Salad Bar  
Vegetables of the Day

For dessert...  
(vg) Homemade Chocolate  
Shortbread  
(v) Yoghurt or Fresh Fruit

#### WEDNESDAY

Choose a main meal... WEDNESDAY ROAST  
British Roast Gammon Steak  
with Gravy

(vg) Quorn Roast  
with Gravy  
Crispy Roast Potatoes

Jacket Potato – (v) Cheese, Tuna  
or (v) Baked Beans

On the side...  
Fresh Salad Bar  
Vegetables of the Day

For dessert...  
(vg) Homemade Jam Tart  
(v) Ice Cream Tub  
(v) Yoghurt or Fresh Fruit

#### THURSDAY

Choose a main meal...  
British Beef Burger in a High  
Fibre Bun with Ketchup and Crispy  
Diced Potatoes

(vg) Veggie Burger in a High Fibre Bun  
with Ketchup and Crispy Diced  
Potatoes

Jacket Potato – (v) Cheese,  
Tuna or (v) Baked Beans

On the side...  
Fresh Salad Bar  
Vegetable Sticks

For dessert...  
(v) Homemade 'School Favourite'  
Sprinkles Sponge Cake  
(v) Yoghurt or Fresh Fruit

#### FRIDAY

Choose a main meal... FISHY FRIDAY  
(msc) Gluten Free Breaded Fish Fillet  
with Chipped Potatoes

(v) Homemade Tomato Pasta Bake  
with Freshly Baked Wholegrain  
Baguette

Jacket Potato – (v) Cheese,  
Tuna or (v) Baked Beans

On the side...  
Fresh Salad Bar  
Peas or Baked Beans

For dessert...  
Jelly with Fruit  
(v) Ice Cream  
(v) Yoghurt or Fresh Fruit

### Week three

Warwickshire, Coventry and Oxfordshire: 27/3, 17/4, 8/5, 19/6 and 10/7  
Leicestershire: 27/3, 17/4, 8/5, 19/6, 10/7

#### MONDAY

Choose a main meal...  
Gluten Free British Pork Meatballs in a  
Rustic Tomato Sauce with Pasta

(vg) Sticky Barbecue Quorn with  
Oven Baked Potato Wedges

Jacket Potato – (v) Cheese, Tuna or  
(v) Baked Beans

On the side...  
Fresh Salad Bar  
Vegetables of the Day

For dessert...  
(v) Homemade Chocolate  
Cracknel  
(v) Yoghurt or Fresh Fruit

#### TUESDAY

Choose a main meal...  
Chicken Korma Curry  
with Wholegrain or White Rice – mild and  
creamy

(v) Cheese and Tomato Pizza  
Wedge with Italian Herby Potatoes

Jacket Potato – (v) Cheese, Tuna  
or (v) Baked Beans

On the side...  
Fresh Salad Bar  
Vegetables of the Day

For dessert...  
(v) Swirly Strawberry Mousse  
(vg) Homemade Orange Cookie  
(v) Yoghurt or Fresh Fruit

#### WEDNESDAY

Choose a main meal... WEDNESDAY ROAST  
British Roast Beef, with Traditional  
Yorkshire Pudding and Gravy

(v) Veggie Toad in the Hole  
with Gravy  
Crispy Roast Potatoes

Jacket Potato – (v) Cheese, Tuna  
or (v) Baked Beans

On the side...  
Fresh Salad Bar  
Vegetables of the Day

For dessert...  
(v) Homemade Fruit Crumble  
with Custard  
(v) Yoghurt or Fresh Fruit

#### THURSDAY

Choose a main meal...  
Homemade British Chicken Pie  
with Gravy and Creamy Mash

(vg) Breaded Vegetable Fingers  
and Crispy Diced Potatoes

Jacket Potato – (v) Cheese,  
Tuna or (v) Baked Beans

On the side...  
Fresh Salad Bar  
Vegetables of the Day  
Baked Beans

For dessert...  
(vg) Homemade Flapjack  
with Fresh Fruit Wedges  
(v) Yoghurt or Fresh Fruit

#### FRIDAY

Choose a main meal... FISHY FRIDAY  
(msc) Breaded Fish Fillet Fingers  
with Chipped Potatoes

(vg) Veggie Sausage Hot Dog  
with Ketchup and Chipped Potatoes

Jacket Potato – (v) Cheese, Tuna  
or (v) Baked Beans

On the side...  
Fresh Salad Bar  
Peas or Baked Beans

For dessert...  
(v) Dinky Doughnuts/Chocolate Sauce  
(v) Ice Cream Tub  
(v) Yoghurt or Fresh Fruit

Fruit Cordial or Fruitly Water from the Hydration Station, Semi Skimmed Milk & Fresh Bread are also offered daily  
Vegetable accompaniments change to reflect seasonal availability.

(vg) Vegan  
(v) Vegetarian Option (h) Homemade  
(msc) Certified Sustainable Seafood



**Allergies**  
Please contact your school cook for information regarding  
the content of dishes and products on our menu.

# Family Fun Day

In aid of  
Mind Coventry and Warwickshire

**Saturday 27th May 2023**

**12pm – 4pm**

Includes a free packed lunch per person

**£8 Adults**  
**£7 Children**

Scan to buy  
your tickets



**BOUNCY  
CASTLES**

**OUTDOOR  
GAMES**

**DISCO**

**CRAFTS**

Coventry Rugby Club – Butts Park Arena, Coventry

Coventry and Warwickshire Mind have organised a fun-filled afternoon. From bouncy castles, a disco, crafts, face painting, and a chill-out zone to outdoor games such as tag rugby, penalty shoot-out and many more. There are lots of activities that will keep your little ones entertained (and maybe you too)! You'll even get a packed lunch.

Tickets are **£8 for adults and £7 for children** (Car parking at pay machine - not included). **All activities are included in the ticket price.** All proceeds go to supporting people in your local community with mental health issues.

This event is now live on Eventbrite; <https://www.eventbrite.co.uk/e/family-fun-day-tickets-567904105467>



# INTERNATIONAL DANCE DAY

Saturday 29th April

A day to encourage the participation and education of dance through events and festivals held during this date around the world.

International Dance Day was created by the Dance Committee of the International Theatre Institute ITI, the main partner for the performing arts of UNESCO in 1982.

April 29th was chosen because it was the birthday of Jean-Georges Noverre (born in Paris, 29th April 1727), innovator, and scholar of this art, teacher, ballet dancer and creator of modern ballet. His career developed in different European countries and he worked in prestigious theatres, producing several ballets of great impact.

This celebration strives to encourage the participation and education of dance through events and festivals held during this date around the world.

Among the objectives of this celebration are:

- Promoting dance worldwide
- Reflect on the value of dance
- Promote the work of dance professionals with the aim of obtaining support
- Enjoy dance and share the happiness of practicing it.

## International Dance Day



*"Nobody cares if you can't dance well.  
Just get up and dance.*

*Great dancers are great because of their passion." – Martha Graham.*

## THE ORIGIN OF BANK HOLIDAYS

Bank holidays were first introduced by banker, politician and scientific writer Sir John Lubbock, who drafted the Bank Holiday Act in 1871. He added Easter Monday, Whit Monday, the first Monday in

August and Boxing Day to the two common law holidays that already existed, which was Good Friday and Christmas Day. Originally, it was just banks and financial buildings that closed on these dates, which is where the name "bank holiday" comes from.

# GIVE TENNIS A GO

Join us on: **Saturday 29 April**  
at: **Rugby Lawn Tennis Club**

Book your free place at:  
**[lta.org.uk/tennisweekends](http://lta.org.uk/tennisweekends)**



We're so excited to announce that **Rugby Lawn Tennis Club** are hosting a **BIG TENNIS WEEKEND** on Saturday 29<sup>th</sup> April, and we'd love to invite you all to come and join us! We are a welcoming, friendly tennis club situated in Rugby, with something to offer players of all ages and

abilities! So whether you've never picked up a racket before, or would love to get back into tennis, come and see us for your **FREE** taster of tennis! We have sessions for all ages from 4 years through to adults! We can't wait to welcome you to Rugby Lawn Tennis Club!

**Date:** Sat 29<sup>th</sup> April **Time:** 2-4pm **Location:** Rugby Lawn Tennis Club, Webb Ellis Road, Rugby, CV22 7AU. **Book online** at [ClubSpark / Events / Rugby Lawn Tennis Club / Sat, 29 Apr 2023](http://ClubSpark/Events/RugbyLawnTennisClub/Sat,29Apr2023) ([lta.org.uk](http://lta.org.uk))

## CELEBRATING THE KING'S CORONATION

This May marks the Coronation of a new Monarch, His Majesty King Charles III. It is the first coronation since Her Late majesty Queen Elizabeth II in 1953. It will be celebrated across the country and marked with a **3-day bank holiday weekend from Saturday 6th to Monday 8th May 2023**. The coronation of His Majesty The King takes place at Westminster Abbey on the Saturday, the centrepiece of a Coronation Weekend which aims to bring the country together in a spirit of celebration.



**People in Rugby** are being invited to a borough-wide extravaganza to celebrate the Coronation. Families are invited to attend Coronation activities across the town from May 5 to May 8.

**Caldecott Park** hosts a community celebration on the day of the coronation, with live music, street entertainers, inflatables and the chance to watch the coronation service on a giant screen. The free event gives residents the chance to celebrate the coronation, bring a picnic and enjoy

free children's entertainment. The King's Coronation Celebration starts at **10am** and closes at **5pm**. In addition to the community event in Caldecott Park, Rugby Borough Council plans to dress the town centre with the Union Jack (Union Flag) and official coronation flags to mark the historic occasion.



# OUT WITH STRANGER DANGER IN WITH CLEVER NEVER GOES



## TEACH THE CLEVER OPTION AT HOME

**CLEVER NEVER GOES** is the new, child-friendly lesson that teaches children how to stay safe from abduction when they are outside (e.g. walking to or from school), or online.

It's been created to help parents/guardians talk to their children about staying safe in a simple way.

Instead of creating a fear of people it teaches them to recognise the danger in a situation, regardless of who's involved.

## THE RULE:

**If anyone asks you to go - even someone that you know - if it hasn't been agreed, remember: CLEVER NEVER GOES**



The **CLEVER NEVER GOES** rule means children shouldn't go anywhere with anyone - even if they know them - if it hasn't been agreed in advance by a parent or guardian.

And please remember, children learn through repetition so make sure you remind them regularly of **CLEVER NEVER GOES** when they're going outside or online.

For more information, ideas and resources to have that clever conversation go to: [clevernevergoes.org](http://clevernevergoes.org)

## WHY CHANGE?

Since it was introduced in the 1970's, the 'stranger danger' message has been fundamentally flawed.

Most strangers will help rather than harm a child, and many people that do pose a risk to children are not strangers.

Furthermore, it demands that all strangers should be treated with suspicion, which breeds fear in our communities. This has led to children spending less time outdoors, fuelling a rise in obesity and mental health problems.

Add to this, children are spending more time online, increasing their risk of being groomed. Now is the time for a new approach that creates safer, happier and healthier children.

Backed by more than 1,000 schools across the UK, **CLEVER NEVER GOES** is more practical than stranger danger and gives children the skills and confidence to safely explore their outdoor and online worlds without fear. And gives parents the reassurance to let them.

# clever never goes





# What Parents & Carers Need to Know about

# WIZZ

AGE RESTRICTION  
**12+**

12+ App Store  
Teen Google Playstore

## WHAT ARE THE RISKS?

### OVER-SHARING

Immediately after setting up an account, users start receiving friend requests (mainly from the opposite gender). For many young people, this will be exciting and a boost to their confidence. As young people tend to be more trusting online and may believe what others tell them, however, this can lull them into dropping their guard and revealing personal information to strangers.

### CATFISHING AND PREDATORS

Wizz uses Yoti, a digital ID system, to verify users' age. The AI only detects approximate age, though – so an older person who looks younger could be grouped with teens (or vice versa). Also, profile pics on Wizz don't have to match the face of the person who did the initial age verification: it would be fairly easy to create a fake account using another person's photos with a made-up name and age.

### EXPLICIT CONTENT

During our research, conversations on Wizz very quickly turned sexual. Users frequently suggested 'taking it to Snap' (Snapchat's disappearing image feature can make it conducive to sharing explicit selfies), connecting on other social media, swapping nude or semi-nude pictures, or holding sexual chats. These users created an impression of the platform being sleazy and unsafe for young people.

Wizz is a networking app which allows users to connect and chat with other people around the world. Its principle is similar to a dating platform: users have a profile with up to three photos, along with optional interests and hobbies tags. This allows other like-minded people to be recommended in searches. If a user likes what they see on someone's profile, they can initiate conversation through the instant message feature; otherwise they swipe on. The app does use age verification technology when an account is created and groups users by age.

### INTIMATE IMAGES

It's not unheard of for young people to be coerced into sending suggestive images of themselves over apps of this kind. Given that Wizz connects users with strangers, who may not be honest about their real intentions, a teenager might conceivably be persuaded to share sexually suggestive selfies by someone who they believed they had a trusting relationship with.

### NO PARENTAL CONTROLS

The app claims to provide a secure and inclusive environment, but our researcher couldn't find any parental controls or safety features in evidence. If you report another user for inappropriate behaviour, you are offered the option to block them – but there's no indication as to whether the block has actually been successful, and there was no follow-up contact from the developers.

### SECRETS AND SUBSCRIPTIONS

Wizz sent our researcher occasional 'mystery' friend requests from a blurred-out profile. To discover the sender's identity, users can either watch a video (usually an ad for a game or app) or take out a monthly subscription. Cynics might suggest this could be a way to exploit young people's curiosity into making them pay for the app, and that the 'secret admirers' are bots rather than real people.

## Advice for Parents & Carers

### TALK IT OUT

If your child has downloaded Wizz, talk to them about why they like it and who've chatted with. Have they shared any personal details with this person or connected with them on other social media platforms? Refresh your child's memory of the various risks that can arise from engaging with strangers online and get them to consider using a similar app with more robust safety features.

### BE SUPPORTIVE

When connecting with strangers on apps like Wizz, seemingly innocent chats can quickly progress to become sexually explicit and lead to nudes being sent. Make sure your child knows to come to you if they're uncomfortable about anything they've been sent or been asked to send. If they've already shared something that they now regret, reassure them that you'll support them no matter what.

### EMPHASISE CAUTION

Young people are far more inclined to see the good in others; they often overlook the fact that scammers set up fake accounts on apps like this with the intention of getting money or personal data. Remind them that not everyone online is who they claim to be, how easy it is for someone to create a bogus profile, and why it's vital to think twice about sharing anything on networking apps.

### KEEP THINGS TRANSPARENT

It might feel awkward, but regular chats about your child's online life can be beneficial. If they seem suddenly anxious or secretive around their phone or tablet, they may have something they need to get off their chest. You could also consider not allowing digital devices in their bedroom, especially overnight – that's when a lot of the riskier conversations on apps like Wizz tend to take place.

## Meet Our Expert

Dr Claire Sutherland is an online safety consultant, educator and researcher who has developed and implemented anti-bullying and cyber safety policies for schools. She has written various academic papers and carried out research for the Australian government comparing internet use and sexting behaviour of young people in the UK, USA and Australia.



**NOS**  
National Online Safety®  
#WakeUpWednesday

Source: [https://play.google.com/store/apps/details?id=com.wizzapp&hl=en\\_GB&gl=US](https://play.google.com/store/apps/details?id=com.wizzapp&hl=en_GB&gl=US) | <https://www.met.police.uk/advice/advice-and-information/sexual-offences/sex-tortion/>



@natonlinesafety



/NationalOnlineSafety



@nationalonlinesafety



@national\_online\_safety

Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 28.04.2023



# FAMILY FOOTINGS FACILITATOR /DSL JOAN GOODRICH

**Joan Goodrich** Mobile: 07377 990 796  
[Joan.goodrich@macintyreacademies.org](mailto:Joan.goodrich@macintyreacademies.org)



We are available to help families with things like accessing family support, Early Help, Child In Need Meetings, Child Protection Meetings, taxi

queries, support working with other professionals such as CAMHS, general safeguarding questions and much more.

## PLEASE FIND A LIST OF USEFUL RESOURCES AVAILABLE TO FAMILIES.

### Sharing universal services for children and families.

Universal services resources:

#### Emotional well being

**KOOTH** <https://www.kooth.com/> online self-accessible emotional wellbeing resource for Young People within Warwickshire, it is moderated and has links to practitioners, chats and has emotional wellbeing resources such as mood diaries.

**Together all** <https://togetherall.com/en-gb/> is the adult equivalent for parents supports their emotional wellbeing

Dimensions Toolkit – a comprehensive emotional wellbeing/mental health assessment identifying areas of need and strengthen in young people's emotional wellbeing, making recommendations, signposting and suggests appropriate referrals into RISE .

#### Young people, parents

<https://dimensions.covwarkpt.nhs.uk/PublicLanding.aspx>

and work professionals <https://dimensions.covwarkpt.nhs.uk/ProfessionalLanding.aspx>

can complete the dimensions toolkit and if the young person is not open to RISE, CAMHS or Neurodevelopment Team, **Rise Community Offer** by sending the completed dimensions pdf parents can organise a call back from a Primary Mental Health. This advice comes from an emotional wellbeing professional who can give advice and direction for future interventions and interactions by including your contact details and sending them to email [risecommunityoffer@covwarkpt.nhs.uk](mailto:risecommunityoffer@covwarkpt.nhs.uk) or call 07917504682 .

#### Young Minds

Parent helpline <https://www.youngminds.org.uk/parent/parents-helpline-and-webchat/>

They have information for Young people, Parents and Professionals on

- Feelings (responses)
- All the mental health conditions
- Coping with Life



**Family Information Service Helpline 0800 408 1558** is available for parents/professionals that can signpost us regarding services – they support on family relationships, finances, housing, parent support, SEN needs and disabilities, childcare, and health & wellbeing.

**Family Support Worker Helpline 01926 412 412** is available for parents/professionals that can support with all issues relating to parenting.

We have parenting workshops regarding:

- Understand your teenagers – 2-hour short course
- Parenting Programmes – Parent Management, Positive Parenting, Nurture 12 week
- Complex parenting programmes 20 week
- Also Parenting Apart for parents split & locked in conflict that is impacting on co-parenting their child.

For Autism awaiting diagnosis or diagnosed **National Autism Society** <https://www.warwickshireyoungcarers.org.uk/> has helplines on their website for a range of needs.

**Children's Community Autism Support Service** <https://cwmind.org.uk/autism-support-services>

- Understanding what a diagnosis of autism means to a child
- Maintaining & improving engagement with education
- Strengthening family relationship
- Preventing escalation of mental health issues & reducing behaviours of concern
- Increasing resilience & improving health & wellbeing
- Developing independent living skills & managing life transitions
- Accessing the community & socialising

**Girl with the Curly hair/Boy with Spikey Hair** <https://thegirlwiththecurlyhair.co.uk/> - has books, animation, courses and training for parents and young people.

**Young Mind on Autism, Autism & Mental** -<https://www.youngminds.org.uk/young-person/mental-health-conditions/autism-and-mental-health/>

### **Neuro divergent children**

Dimensions toolkit can help as there are many links between trauma, attachment, ASD and ADHD. Young Minds on ADHD and Mental Health <https://www.youngminds.org.uk/young-person/mental-health-conditions/adhd-and-mental-health/>

Incredible Years parenting programmes could be considered after Solihull approach has been completed. Attachment resource <https://www.covwarkpt.nhs.uk/attachment/> helps understanding in trauma-based understanding.

For young people affected by parents who have Alcohol & Drug addictions that impact on a young person we can refer to Hidden Harm <https://www.compass-uk.org/help-and-support/young-people/young-people-relationships/hidden-harm/> ran by Compass

For Young people who have a caring responsibility there is Young Carers

<https://www.warwickshireyoungcarers.org.uk/> . this service is for a young person who has a family member with a condition that impacts on the YP be that physical needs, medical needs or mental health needs.

**Family Support Worker helpline 01926 412 412**

Parenting and behaviour

**Family Information Service (FIS)**

Online; [fis@warwickshire.gov.uk](mailto:fis@warwickshire.gov.uk)

- FIS provides a comprehensive suite of webpage to enable families and professionals to access information on a wide variety of subjects.
- Daily updates via FIS Facebook and Twitter pages deliver information that is relevant for families and professionals within Warwickshire.

**Helpline 0800 408 1558**

- Family Information service (FIS) provides information, advice and guidance for families with children and young people aged from 0-25 who reside in Warwickshire
- A wide range of information is available via the FIS website, social media, outreach and by telephone helpline/email Monday – Friday 9:00 - 17:00.

**Outreach**

The FIS Outreach service allows families and professional working with families the opportunity to access services face to face from a variety of locations in Children and Families centres for comprehensive advice/signposting.

**Brokerage**

- FIS brokerage officers work with families on a 1-1 basis, delivering timely, focused and short-term interventions assessed on the individual needs of families living in Warwickshire.
- Support offered enables parents and carers to access services where there are barriers such as mental health, disability, language or complex needs
- Practical early help support around housing, finance and access to services.
- Family relationships
- Finance
- Housing
- Special educational needs and disabilities (SEND)
- Childcare
- Access to health and wellbeing services
- Grants / Charity funding for families.

**Children and family's centres**

Deliver a range of support for Children and Families, currently this is across the 5 districts delivering a local ecosystem of support through a hybrid model, offering face to face contact or virtual meeting to suit family's needs.



The Children and Family Centres have an established Early Years offer and are establishing a greater range of service for children and young people 5-19 years (25 years with SEND).

Children and Family Centre contact information and opening times can be found at <https://www.warwickshire.gov.uk/childrenandfamilycentres>

### Mental health

<https://dimensions.covwarkpt.nhs.uk/PublicLanding.aspx>

<https://dimensions.covwarkpt.nhs.uk/ProfessionalLanding.aspx>

Complete the dimensions toolkit and if the young person is not open to RISE, CAMHS or Neurodevelopment Team. [risecommunityoffer@covwarkpt.nhs.uk](mailto:risecommunityoffer@covwarkpt.nhs.uk) or call 07917504682

Children 16+

Healthy Mind IAPT (Improving Access to Psychological Therapies) Service.

02476 671 090 [www.healthymindservice.com/about-iapt](http://www.healthymindservice.com/about-iapt)

### Young Minds Parent helpline

call for free on 0808 802 5544 from 9:30am -4pm, Monday -Friday.

<https://www.youngminds.org.uk/parent/parents-helpline-and-webchat/>

 **Mind** Coventry and Warwickshire



HOPELINEUK | 9am to midnight, every day.

**HOPELINEUK**  
0800 068 4141  
07860 039 967  
[pat@papyrus-uk.org](mailto:pat@papyrus-uk.org)

## Live Feedback Form for SEND



Add your voice to help influence the development of services for children and young people with special educational needs and/or disabilities in Warwickshire

**Progress starts with listening, which aids understanding and enables better solutions.**



Share your experiences here...  
[www.warwickshire.gov.uk/sendfamilyfeedback](http://www.warwickshire.gov.uk/sendfamilyfeedback)

For more information about the SEND Local offer visit:  
[www.warwickshire.gov.uk/send](http://www.warwickshire.gov.uk/send)  @WarksLocalOffer



## Warwickshire's SEND Local Offer

**Has lots of information and support for children and young people with SEND and their families.**

**[www.warwickshire.gov.uk/send](http://www.warwickshire.gov.uk/send)**



**Warwickshire**  
County Council



**NHS**

Coventry and  
Warwickshire  
Integrated Care Board

## TERM DATES FOR 2022 - 2023

### SPRING TERM 2023

<b>Ends</b>	Friday 31st March 2023
<b>Spring (Easter) holiday</b>	Monday 3rd - Friday 14th April 2023

### SUMMER TERM 2023

<b>Starts</b>	Monday 17th April 2023
<b>Bank Holiday</b>	Monday 1st May 2023
<b>Bank Holiday (Kings Coronation)</b>	Monday 8th May 2023
<b>Half term</b>	Monday 29th - Friday 2nd June 2023
<b>INSET day (no learners on site)</b>	Monday 10th July 2023
<b>INSET day (no learners on site)</b>	Tuesday 11th July 2023
<b>Ends</b>	Friday 28th July 2023

## ACADEMIC YEAR 2023 - 2024

Please find below the agreed dates for academic year 2023 - 2024. We have two extra days for half term in October and days added on to the Summer Term. The rationale is that the days have been organised to allow families to take advantage of quieter and cheaper holidays.

### AUTUMN TERM 2023

<b>INSET Days (no learners on site)</b>	Friday 1st, Monday 4th & Tuesday 5th September 2023
<b>Learners Start Back</b>	Wednesday 6th September 2023
<b>Half term</b>	Monday 30th October to Tuesday 7th November 2023
<b>Learners Start Back</b>	Wednesday 8th November 2023
<b>Ends</b>	Friday 22nd December 2023
<b>Christmas holiday:</b>	Monday 25th December 2023 to Friday 5th January 2024

### SPRING TERM 2024

<b>Starts</b>	Monday 8th January 2024
<b>Half term</b>	Monday 12th February to Friday 16th February 2024
<b>Learners Start Back</b>	Monday 19th February 2024
<b>Trust INSET Day (no learners on site)</b>	Friday 8th March 2024
<b>Ends</b>	Friday 22nd March 2024
<b>Spring (Easter) holiday</b>	Monday 25 March 2024 to Friday 5 April 2024

### SUMMER TERM 2024

<b>Starts</b>	Monday 8th April 2024
<b>Bank Holiday (no learners on site)</b>	Monday 6th May 2024
<b>INSET day (no learners on site)</b>	Tuesday 7th May 2024
<b>Half term</b>	Monday 27th May 2024 to Friday 31st May 2024
<b>Learners Start Back</b>	Monday 3rd June 2024
<b>Ends</b>	Tuesday 23rd July 2024



# PRIVACY NOTICE

MacIntyre Academies collects and uses pupil information which complies with General Data Protection Regulation (GDPR). This is Europe's framework for data protection laws – it replaces the previous 1995 data protection directive, which UK law has previously been based upon.

You can read the full details of our [Privacy Notice](#) in the policy. This includes more details of our legal basis for the use of specific information.

## Quest Contact details:

Quest Academy  
Anderson Avenue  
Rugby  
Warwickshire  
CV22 5PE

E: [quest.office@macintyreacademies.org](mailto:quest.office@macintyreacademies.org)

T: 01788 593 112



## How to contact members of staff:

Please contact Reception if you would like to speak with a member of staff. You will either be transferred or reception will email the member of staff to let them know that you have called.

## Reporting pupil absence and lateness:

If your child is absent for more than 7 days you will need to provide a doctors certificate. If we do not receive a doctors note and have not seen your child we will have no alternative but to refer the matter to the Safeguarding Board in line with our safeguarding procedures.

**Please can we remind parent/carers to call school on 01788 593 112, before 9am if your child may be late or is unwell.**

**You will also need to contact the taxi company to let them know.**



Putting children and families **first**

