



MacIntyre Academies
Quest Academy

OCTOBER 2021 EDITION 2 NEWSLETTER



FACEBOOK PAGE — Quest Academy Family Group



“Quote of
the week”

*Cultivation to the mind is as
necessary as food to the body.*

- Marcus Tullius Cicero

WELCOME

Dear Parents/ Carers,



Although our newsletter is not due to go out until next week there are some key dates and events we wanted to share with you, that fall over the October half-term.

I would like to thank you for your ongoing support.

Have a wonderful half term break.

Kind regards,

Nicola Wells



We are successful because... *The mother of one of our learners said that she knows that her son is really happy at Quest and she finally feels like he is at a school that understands him. He has come home such a different child which is so lovely to see.*

We are successful because... *The parents of one of our learners said that they value the close home/school liaison. This means that they can discuss support strategies and use them consistently with their daughter.*

Book of the Week

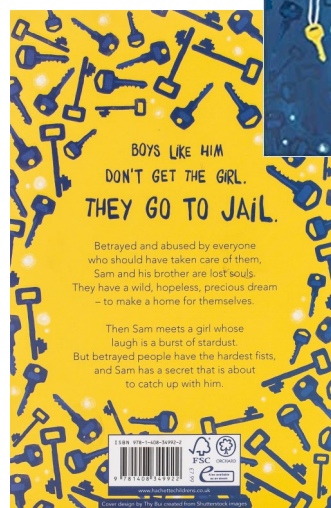
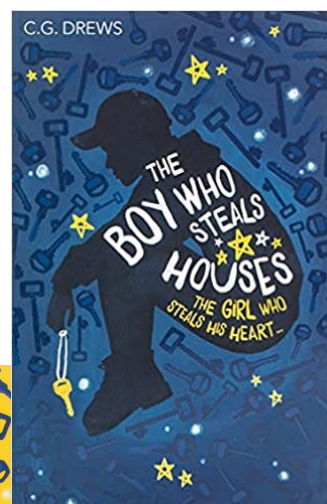
The Boy Who Steals Houses

by [C.G. Drews](#)

Can two broken boys find their perfect home?

Sam is only fifteen but he and his autistic older brother, Avery, have been abandoned by every relative he's ever known. Now Sam's trying to build a new life for them. He survives by breaking into empty houses when their owners are away, until one day he's caught out when a family returns home. To his amazement this large, chaotic family takes him under their wing - each teenager assuming Sam is a friend of another sibling. Sam finds himself inextricably caught up in their life, and falling for the beautiful Moxie.

But Sam has a secret, and his past is about to catch up with him.



Reading age



12 - 15 years



QUEST TERM DATES FOR 2021 - 22:

AUTUMN TERM 2021	
Start of term	Thursday 4th November 2021
Ends	Friday 17th December 2021
Christmas holiday	Monday 20th December 2021 – Monday 3rd January 2022
SPRING TERM 2022	
INSET day (no learners on site)	Tuesday 4th January 2022
Starts	Wednesday 5th January 2022
Half term	Monday 21st – Friday 25th February 2022
Trust INSET (no learners on site)	Friday 11th March 2022
INSET day (no learners on site)	Monday 14th March 2022
Ends	Friday 8th April 2022
Spring (Easter) holiday	Monday 11th – Friday 22nd April 2022
SUMMER TERM 2022	
Starts	Monday 25th April 2022
Bank Holiday	Monday 2nd May 2022
Half term	Monday 30th May – Friday 3rd June 2022
Ends	Wednesday 27th July 2022

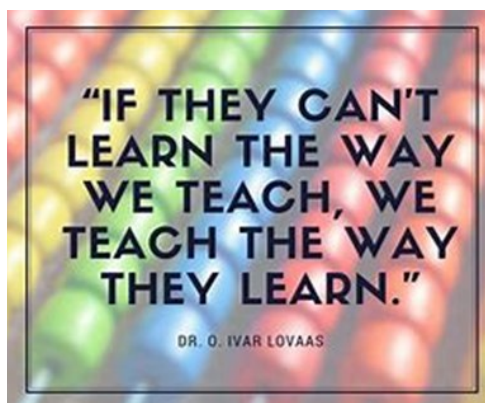
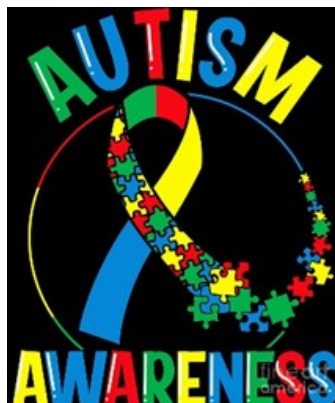


WHAT IS AUTISM

Autism is a lifelong developmental disability that affects how people perceive the world and interact with others. Autistic people see, hear and feel the world differently to other people. If you are autistic, you are autistic for life. Autism is not an illness or disease and cannot be cured.

There are around 700,000 people in the UK with autism. There are more men that are diagnosed with autism than women. Some autistic people say the world feels overwhelming and this can cause them considerable anxiety. We have found out loads about autism but there are still things that we don't know. There are loads of things people can't see about autism for me its feeling like I don't fit in sometimes, being anxious or stressed, having a sensory overload, being really tired because I don't sleep because of my anxiety and having difficulties communicating when I need a movement break or somethings annoying me.

By Kieran L.



QUEST JOB VACANCY

RECEPTIONIST

Salary: £15,237.94 - £18,188.56 (dependent upon experience)

Closing Date: 4th November 2021 **Interviews:** w/c 8th November 2021 **Start Date:** ASAP

Hours of Work: 8am – 4:30pm Monday to Thursday, 8am – 4:00pm Friday Term Time Only

The Role: We are currently recruiting for a Receptionist/Administrator to join the school. In this role you will provide a confidential front desk and administrative support to the school under the direction of the Office Manager. This will include switchboard, typing, filing, scanning/photocopying, receiving visitors, liaising with parents and carers where necessary. You will also provide a positive front of house experience for all visitors to the academy. You need to be an experienced Receptionist/Administrator with excellent key board skills and knowledge of all relevant Microsoft packages to include Word, Excel and Outlook. Knowledge of SIMS is desirable, but not essential as training will be provided. You need to be able to demonstrate excellent communication skills both written and verbal, be able to work well within a team and under pressure.



Job Purpose: To provide a comprehensive and confidential front desk and support service to Quest Academy. The post holder will be first point of contact for all visitors and will be expected to promote the vision and values of the Academy with all stakeholders including parents, visitors and the local and wider community. The Receptionist will be a key contributor to our culture of respect, optimism, celebration and mutual support which promotes equality within, and values the diversity of the Academy community.

Benefits of Working for MacIntyre Academies: In return, we can offer you a competitive salary, local government pension scheme (with generous employer contributions), an Employee Assistance Programme to support your health and wellbeing and full induction, training and career opportunities.

To Apply Please visit: www.thequestacademy.org/jobs and complete our online application form. For queries please contact recruitment@macintyreacademies.org.



QUEST JOB VACANCY

OFFICE MANAGER AND EXAMS OFFICER

Salary: £24,536.21 -£29,988.70 FTE plus £3000 per annum

Closing Date: 4th November 2021 **Interviews:** w/c 8th November 2021 **Start Date:** ASAP

Hours of Work: Full time, All year round, 38 hours per week



The Role : We are currently recruiting for a professional, creative Office Manager and Exams Officer to join our school, this is a really exciting opportunity to be part of something very special. As the Office Manager you will provide a confidential administrative support service to the Principal and the Senior Leadership Team under the direction of the Business Manager. This will include recruitment, secretarial support, diary management, correspondence, updating of the school central record (SCR), arranging meetings and taking minutes. You will line manage administration staff, providing appropriate supervision and guidance as required.

About You: You need to be an experienced Administrator with excellent keyboard skills and knowledge of all relevant Microsoft packages to include Word, Excel and Outlook. You will have a relevant secretarial or administrative qualification such as an NVQ Level 4 or equivalent. Knowledge of school databases such as SIMS is essential. You need to be able to demonstrate excellent communication skills both written and verbal, be able to work under pressure within tight deadlines, with a highly resilient, determined approach to your role. You will have experience of managing and developing staff teams, preferably in a similar role and experience of working in an office environment knowledge/experience of working in a school environment is essential.

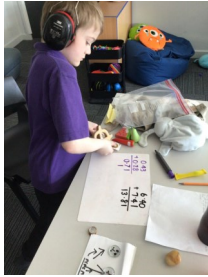
Job Purpose: To provide a comprehensive and confidential administrative and support service to the Principal and the School. The Office Manager sits at the heart of the Academy and will be a key contributor to our culture of respect, optimism, celebration and mutual support which promotes equality within, and values the diversity of the Academy community. The post holder will be expected to promote the vision and values of the Academy with all stakeholders including parents, visitors and the local and wider community.



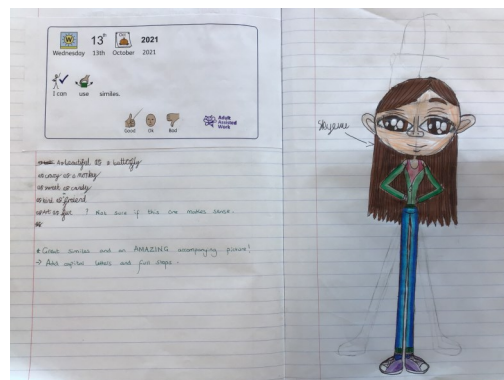
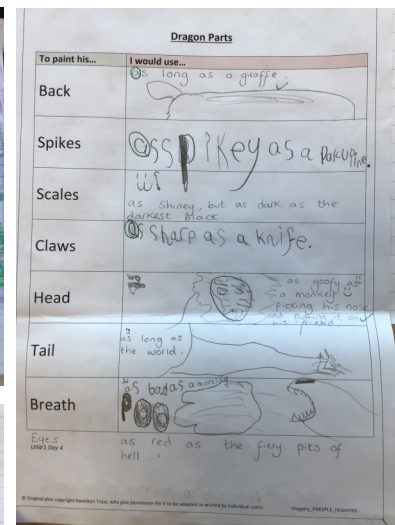
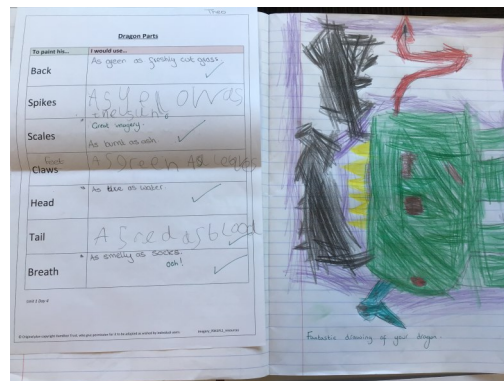
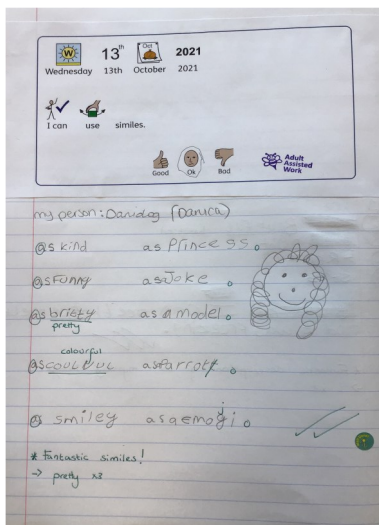
To Apply Please visit: www.thequestacademy.org/jobs and complete our online application form. For queries please contact recruitment@macintyreacademies.org.



ROSA PARKES CLASS: MATHS THROUGH PLAY



POETRY DAY PHOTOS



CHOCOLATE WELDING



HELEN KELLER CLASS

Helen Keller class missed their class teacher, James, who has been absent. On Friday, as all of the learners had shown amazing resilience to the changes faced they were treated to some gingerbread decorating. They were set the objective 'Teamwork, good communication and sharing' as their brief. They worked together exceptionally well on their gingerbread people and wanted to share their creations with the school community .



MOKI CHALLENGE

Lewis Hamilton - Here are the figures after week 4 of the Moki challenge. We managed to get to the equivalent distance of Thornbury on Severn (as the crow flies) past Bristol!

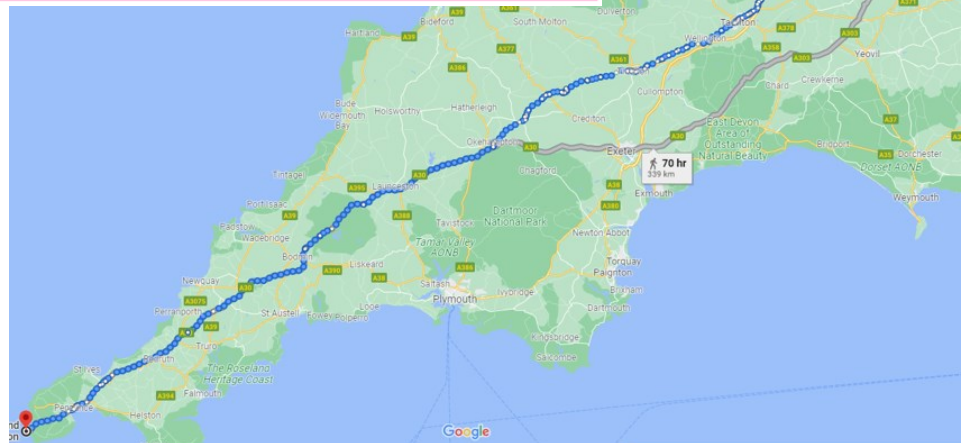
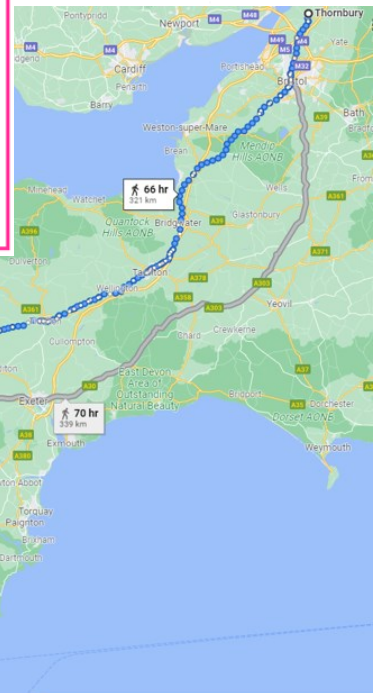
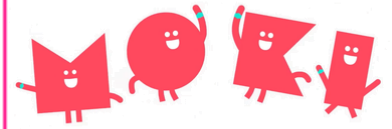
What will our journey be like?...

<https://goo.gl/maps/aG5Mh7y1ftu28fv38>

WEEK (Autumn Term 1)	Steps to Miles
1 (week 4)	164,068 steps = 93.78 km (Bodmin, Cornwall)
2 (week 5)	53,181 steps = 40.52 km [Total = 134.3 km (Oakhampton, West Devon)]
3 (week 6)	65,863 steps = 61.72 km [Total = 196.02 km (Uffculme, Mid Devon)]
4 (week 7)	105,156 steps = 80.13 km [Total = 276.18 km (Thornbury on Severn, Avon)]

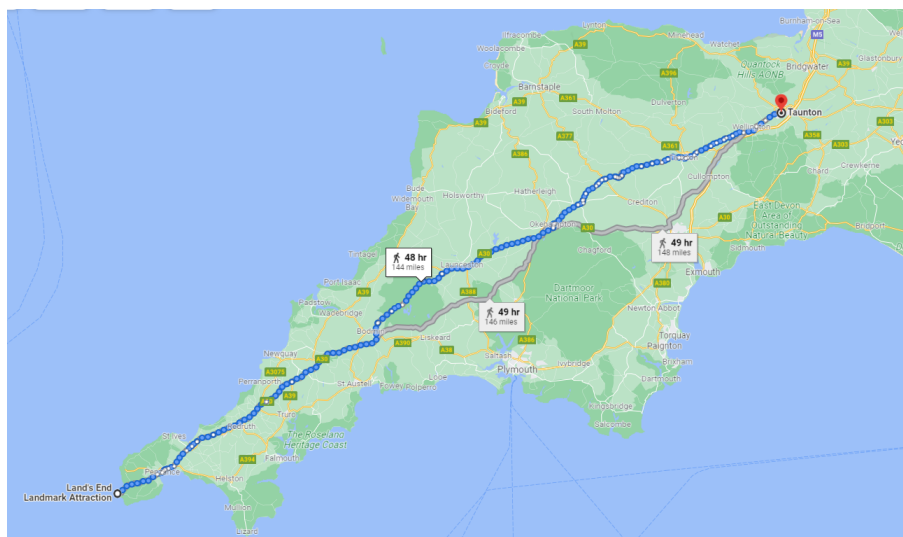
<http://www.kylesconverter.com/length/steps-to-kilometers>

Unit Descriptions	
1 Step: The distance covered by a single step assuming a stride length of 0.762 meters or 2.5 feet. Although stride length will vary by person and activity this may be useful in estimating distance traveled from the reading on a pedometer.	1 Kilometer: 1 Kilometer is equal to 1000 meters. Meters is the SI base unit of length. The prefix kilo, abbreviated "k", indicates one thousand. 1 km = 1000 m.



Gandhi - As a class we are now in Taunton we have done 205.17

WEEK (Autumn Term 1)	Steps to Miles
1 (week 3)	95,580 steps to 72.83km = 42.52 miles
2 (week 4)	300,079 steps to 228.66km = 142.91 miles
3 (week 5)	130,742 steps to 99.63km = 62.26 miles





Want to experience what we're all about?

We'd love to meet you and introduce you to our facilities and staff...and show you the exciting opportunities a HOET course or apprenticeship can offer.

Below you will find dates and details of our upcoming events. If you're interested in attending an event, but you're unavailable on the date, please get in touch and we'd be delighted to arrange a one-to-one meeting or visit.

ROMULUS FC ACADEMY Football Education

Trial Day:
Mon 25 October, 10am-2pm



[BOOK YOUR PLACE](#)

LEICESTER ACADEMY Hairdressing & Beauty

Open Event:
Fri 22 October, 9:15am-3:30pm



[BOOK YOUR PLACE](#)

COVENTRY ACADEMY Hairdressing, Barbering & Beauty

Open Event:
Wed 27 October, 9:30am-3:30pm



[BOOK YOUR PLACE](#)

BIRMINGHAM ACADEMY Hairdressing & Beauty

Open Event:
Wed 27 October, 10am-3pm



[BOOK YOUR PLACE](#)

RUGBY ACADEMY Hairdressing, Barbering & Beauty

Open Event:
Wed 27 October, 1pm-4:30pm



[BOOK YOUR PLACE](#)

DAVENTRY PRO:DIRECT ACADEMY Football Education

Trial Day:
Tue 26 October, 10am-3pm



[BOOK YOUR PLACE](#)

WEDNESDAY 15TH DECEMBER - CHRISTMAS MEAL



MORE INFORMATION TO FOLLOW...

MINISTRONE SOUP

Ingredients

- 1 clove of garlic
- ¼ cabbage
- 1 onion
- 1 rasher of bacon
- 1 carrot
- 1 stick of celery
- 1 potato
- 1 stock cube and 800ml boiling water
- 1 x 5ml mixed herbs
- Black pepper
- 25g small pasta shapes or broken spaghetti



Equipment

Garlic press, 2 chopping boards, 2 knives, measuring spoons, saucepan, peeler, wooden spoon, measuring jug.

Method

1. Prepare the vegetables and bacon:
 - peel and crush the garlic and shred the cabbage;
 - peel and chop the onion;
 - chop the bacon, with a clean knife on a clean red chopping board.
2. Fry the onion, garlic and bacon in the oil for 2 minutes.
3. Stir in the potato, celery and carrot.
4. Add the boiling water to the pan and the stock cube.
5. Stir in the finely shredded cabbage and sliced tomato.
6. Add the mixed herbs and black pepper, bring to the boil and then simmer for 10 minutes.
7. Add the pasta and allow to simmer for a further 10 minutes.
8. Serve.

Top tips

Try different types of vegetables – use what is in season.
Add 2 x 15ml spoons of cannellini beans.

Food skills

Weigh.	Measure.	Peel.	Chop.	Fry.	Boil and simmer
--------	----------	-------	-------	------	-----------------

YEAR 10: THE WOMAN IN BLACK

Lewis Hamilton class have been reading *The Woman in Black* and looking at how writers create atmosphere through setting. William wrote an excellent response to the question **‘How does Susan Hill use setting to create a sense of danger?’**

Hill creates a sense of threat and danger by using wording and writing techniques such as personification. An example of this would be “I felt confused, teased by it, as though it were made up of a million live fingers that crept over me.” She also uses fear such as “it was a mist like a damp, clinging cobweb thing.” The fear in this sentence would be “cobweb” because I think it links to a common fear of spiders. Another way Hill creates a sense of threat is by causing the reader to feel claustrophobia as is used in the text “because of the damp sea mist that had come rolling over the marshes and enveloped everything, myself, the house behind me”. This concludes how Hill uses setting to create a sense of threat.

HOSPITALITY & CATERING

Year 10 presented a menu to visitors as part of the Hospitality and Catering option, how amazing do these dishes look?



NATIONAL SLEEP HELPLINE

Do you struggle to fall asleep? Do you feel tired? Do you have a child who won't sleep in their own bed?



Sleep deprivation can have a serious impact on emotional, physical and mental health and many people who are seeking our support are approaching crisis point, whether that's adults or families. One in four children in the UK are not getting enough sleep, this has an impact on their behaviour and ability to learn, as well as their physical health. Having a sleep issue is surprisingly common. At any given time up to 40% of adults and 50% of children (this rises to 80% with a SEND diagnosis) have difficulties with their sleep. Yet in a recent survey, almost 60% of adults felt there was a lack of support for sleep issues. Sleep problems can leave people feeling isolated and lonely. Sleep education is empowering – you can understand why you might not be sleeping well and how that can change. We promise to listen without judgement and help you decide what next steps are right for you.

The free helpline is run by trained sleep advisors who can talk to young people directly, or parents. The helpline is open 5 nights a week, Sunday to Thursday, 7-9pm and the number is 03303 530 541. You can read more here: [The National Sleep Helpline](https://www.thenationalsleephelpline.org/)

Corporate partner, Furniture Village, helped launch a brand new National Sleep Helpline to ensure that everyone has access to high quality, evidence-based advice regardless of age, ethnicity, background or income.

OCTOBER HALF TERM FUN

October Half Term at Coventry Museums

LUNT
ROMAN FORT



Rainy Roman Days

26 & 27 October

10.00am - 12.00pm & 1.00pm - 3.00pm

Visit the Lunt Roman Fort one final time before we enter the closed period for the winter season. Our costumed guides will run interactive demonstrations of the most popular board games of the Roman world.

Book online in advance | £3.83 - £4.63
Designed for age 5 - 12, but all are welcome

Herbert
Art Gallery & Museum



The Big Draw

23 - 30 October (excluding Sunday)

10.30am - 12.00pm & 2.00pm - 3.30pm

Explore art as a means for mindfulness for families and to support children's mental wellbeing in the worldwide festival of drawing.

#MakeTheChange #TheBigDraw

Book online in advance | £4.90 per child, accompanying adults are free
Designed for 5 - 11 years, but all are welcome

Daily October Activities:

Saturday 23, Monday 25 & Tuesday 26

Coloured Chalk Creations Create big art pieces of your favourite things using large cardboard, chalks, and pastels and help fill our studio walls with your artworks.

Wednesday 27 & Thursday 28

Collaborative Art Works Using bold, black markers, draw images and thoughts of your own imaginings onto paper, which will then be coloured in using mess free paint sticks.

Friday 29 & Saturday 30

Mindful, Musical Masterpieces Move your hand to the rhythm of the music as we bring sound, emotive responses and drawing together to create unique line drawings that will become filled with colour as you enjoy the calming method of watercolour painting.

Art Masterclass - Watercolours & Ink

Thursday 28 October

10.30am - 12.30pm & 2.00pm - 4.00pm

Investigate objects from our collection in this masterclass that will teach young artists key skills for drawing from still life.

Book online in advance | £11.37 per child. An accompanying adult must remain for the duration of the workshop.
Designed for ages 8 - 16



COVENTRY
TRANSPORT
MUSEUM

Driving curiosity



Make and Play Engineers: Playful Pendulum Painting

Monday 25 October & Wednesday 27 October
10.30am - 12.30pm & 2.00pm - 4.00pm

Playfully create pendulums for painting and discover the brilliant world of STEM through hands-on experiences.

Book online in advance | £9.21 per group (max. 5 ppl, including adults & children)
Includes free admission to the museum for the day | Designed for age 3 - 12, but all are welcome

This Makes That With These

Tuesday 26 October, Thursday 28 October & Tuesday 28 December
10.30am - 12.30pm & 2.00pm - 4.00pm

Purposefully take apart everyday objects to solve our curious minds' constant questions about how they work.

Book online in advance | £4.90 per child, accompanying adults are free
Includes free admission to the museum for the day | Designed for age 5+, but all are welcome

Made in Coventry Lab - A Stitch In Time

Friday 29 October | 1.30pm - 2.30pm

Saturday 30 October | 10.30am - 12.30pm & 1.30pm - 2.30pm

Taking inspiration from Coventry's textiles history, create embroidery designs by writing computer programs.

Book online in advance | £9.21 per child, accompanying adults are free
Includes free admission to the museum for the day | Designed for age 7+, but all are welcome

Visit Santa! Vintage Sleigh Ride and Winter Wonderland

4 - 23 December 2021

This Christmas make family memories to cherish! Wander through a magical winter wonderland of festive activities and snowy scenes before taking a ride on an enchanting vintage sleigh, pulled by two trusty reindeer. Your next stop? Lapland. Meet Santa, tell him your Christmas wishes and collect a special gift.

Book your tickets now at transport-museum.com



Herbert
Art Gallery & Museum

29 September 2021
- 12 January 2022



#TURNERPRIZE



Turner
Prize
2021

H

One of the world's best-known prizes for contemporary art comes to the Herbert Art Gallery & Museum as part of Coventry UK City of Culture.

This year's prize, for the first time, is made up entirely by artist collectives and artist groups who place community collaboration and change at the heart of their practice:

Array Collective, Black Obsidian Sound System (B.O.S.S.), Cooking Sections, Gentle/Radical and Project Art Works.

"The Turner Prize 2021 exhibition is a collective invitation to all of us to test the capacity of the artistic imagination to change how we think and feel about the world."

FREE ADMISSION

TICKETS AVAILABLE NOW
[COVENTRY2021.CO.UK](https://coventry2021.co.uk)

Hammad Nasar,
Lead Curator
Turner Prize 2021

The Turner Prize 2021 is supported by:



With additional support from: ArtAV, The John Browne Charitable Trust and Lance Uggla

SAFEGUARDING & FAMILY FOOTINGS



- **Stevie-Jayne** is responsible for lower school families and is available on;
Stevie.JayneFarrell@macintyreacademies.org Work mobile 07504001918



- **Joan** is responsible for upper school families and is available on;
Joan.goodrich@macintyreacademies.org Work mobile 07377990796

We are available to help families with things like accessing family support, Early Help, Child In Need Meetings, Child Protection Meetings, taxi queries, support working with other professionals such as CAMHS, general safeguarding questions and much more.

Quest Contact details:

Quest Academy
Anderson Avenue
Rugby
Warwickshire
CV22 5PE

E: quest.office@macintyreacademies.org

T: 01788 593 112

How to contact members of staff:

Please contact Reception if you would like to speak with a member of staff. You will either be transferred or reception will email the member of staff to let them know that you have called.

Reporting pupil absence and lateness:

If your child is absent for more than 7 days you will need to provide a doctors certificate. If we do not receive a doctors note and have not seen your child we will have no alternative but to refer the matter to the Safeguarding Board in line with our safeguarding procedures.

Please can we remind parent/carers to call school on **01788 593 112**, before 9am if your child may be late or is unwell.

You will also need to contact the taxi company to let them know.

