

#### February 2018 Edition 2: Newsletter





"The only way to have a friend is to be one."

Ralph Waldo Emerson

# WELCOME

Dear Parents/Carers,

Firstly, I would like to thank you for ensuring that your child is wearing the correct school uniform to school. As you are aware from the letter sent to you over half term we have reviewed some of our procedures relating to electronic devices and our reward system. I am pleased to report that the pupils have responded well to the changes and pupils are looking forward to purchasing items from the reward shop which will be run by the pupil leadership team.

I would also like to take this opportunity to invite you to our Easter celebrations which will be held on Wednesday 28<sup>th</sup> March between 9.30 and 12.15pm.The format will be the same as our Christmas celebrations:

#### 9:30 - 10:00 am – Celebration assembly

- 10:00 11:00 am Parent Forum
- 11.00- Easter Fair
- 11.30 Family Easter Buffet

#### 12.15 – Pupils and families depart for the Easter break

I would appreciate it if you could let the school office know if you are able to join us by March 12<sup>th</sup> as the Y10 pupils will be organising and making some of the refreshments for our buffet.

During the second week of the Easter holidays we will be running some holiday clubs. Currently Lee, our Behaviour and Wellbeing Lead is trying to gain funding so that there is minimal cost to families. Hopefully by the end of next week we will be able to send you our Easter Holiday Programme.

Kind regards, Nicola.

### Quest have just formed a partnership with our local

#### neighbourhood police team

We have the pleasure of working alongside PCSO 6251 Angie Gavin. Angie and her wider team will be offering us her skills within Quest Academy.



We will be utilising her skills in support of our 'Stepped Approach to Manage Bullying Behaviours' at STEP 4 to help educate pupils.

Angie will also support us at Quest in educating pupils on a variety of topics including:

- Stranger Awareness
- Anti- Social Behaviour
- Consequences of offending
- Drugs
- Cyber Bullying
- Resilience

And much more.....

Angie will also be facilitating a monthly drop in session for children and their families – This will be an opportunity for children/families to talk on a 1:1 basis about any issues that are a concern to them inside school or out in their local community

For more information please do not hesitate to contact Lee through the office on 01788 593 112.

### **TEAM TEACH**

We pride ourselves at Quest on providing a safe learning environment for our pupils. Sometimes, some of our children may get anxious or



agitated – we will do our best to help pupils to calm down using communication skills, distraction techniques and removing triggers where possible.

However, there may be times when children need more help to calm down – this may require staff physical support to ensure the pupil's own safety, the safety of other pupils and staff, or that property is not seriously damaged. This can require physical interventions. At Quest, we have adopted the Team Teach approach to manage challenging behaviour. Most of our teaching and non-teaching staff have been trained in the use of this approach and we have 2 tutors in school who carry out initial training, ongoing refresher training, and advise staff on managing behaviour.

We now have our own in house Tutors trained at Quest that have recently been accredited by Team Teach

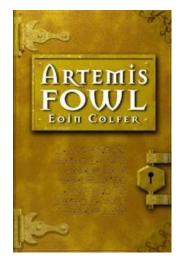
- Lee Intermediate Tutor
- Chris Advance Tutor

All incidents where children need to be held to help them to calm down are recorded in school and parents are informed as a matter of course. Children who are likely to need help in this way will have an individual Behaviour Management Plan that will be discussed with you and consistently followed by all school staff. We will also ask you to share this information with other people/agencies supporting your son/daughter, e.g. transport, respite, link family, etc.

# Book of the Week

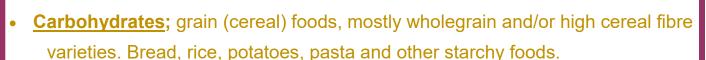
Artemis Fowl by Eoin Colfer

Twelve-year-old villain, Artemis Fowl, is the most ingenious criminal mastermind in history. His bold and daring plan is to hold a leprechaun to ransom. But he's taking on more than he bargained for when he kidnaps Captain Holly Short of the LEPrecon (Lower Elements Police Reconnaissance Unit). For a start, leprechaun technology is more advanced than our own. Add to that the fact that Holly is a true heroine and that her senior officer Commander Root will stop at nothing to get her back and you've got the mother of all sieges brewing!



## THE EATWELL PLATE

- Vegetables and legumes/beans. Fruit.
- Eat at least 5 portions of fruit and vegetables every day.
- I like; broccoli, chopped tomatoes, peppers, cabbage, lettuce, strawberries, sweetcorn (I hate bananas).

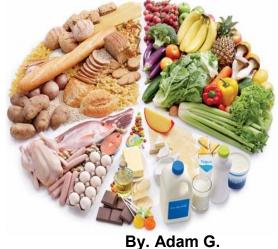


- Choose wholegrain or higher fibre versions with less added fat, salt and sugar.
- I like; malt wheats, white & brown bread, mashed & jacket potatoes, spaghetti, porridge, pasta and rice. (I don't like naan bread)
- **Dairy foods:** Milk, yoghurt cheese and/or alternatives, mostly reduced fat.
- Choose lower fat and lower sugar options.
- I like; milk, cheddar cheese (Cathedral City), yogurt (most types but especially mango and vanilla), butter on my sandwiches and whipped cream.
- **Food and drinks**, high in fat and or sugar.
- Eat less often and in small amounts.
- I like; fizzy drinks, chocolate, fast food restaurant.
- Lean meats and poultry, fish, eggs, tofu, nuts and seeds and legumes/beans.
- Eat more beans and pulses, 2 portions of sustainably sourced fish per week, one of which is oily. Eat less red and processed meat.
- I like; chick peas, tuna, boiled and scrambled eggs, chicken, fish (except battered fish).



Water, lower fat milk, sugar-free drinks including tea and coffee all count.

Limit fruit juice and or smoothies to a total of 150ml a day.





### **SAFEGUARDING FOCUS**

In this issue we are considering Safeguarding in respect of taxi's; as you are all aware our pupils are transported to and from school via Education Transport. Taxi drivers and escorts are able to raise concerns about pupils in the taxi. Likewise parents are able to make complaints to Warwickshire Education Transport regarding the taxi drivers or escorts if you have concerns. *Also, please let the school know if you do raise a complaint in this way*.

Recently, there has been a story in the news about a Gloucester taxi driver who has been hailed a hero after he stopped a girl about to meet a paedophile who groomed her – and was armed with knives, tape and sleeping pills. *Twisted Sam Hewings, 24, planned to abduct the 13-year-old schoolgirl after she was dropped off. He had already discussed kidnapping and sedating a victim on online forums. Last week, Hewings was sentenced to a total of five years in prison for attempted abduction, and the distribution and making of indecent images. Online chat logs presented to Gloucester Crown Court revealed Hewings' paedophilic tendencies and showed he had discussed kidnapping a victim. When police arrested him at his home they found a rucksack containing knives, duct tape and cocodamol tablets.* 

The taxi driver who prevented this from happening by speaking with the girl in the taxi had received safeguarding training from the council just months before the incident



(December 2016) and said: "The training was really useful. Because of the cases we read about on the safeguarding course I was able to recognise the signs and quickly spot that it was a grooming case."

Warwickshire are due to do some training with their taxi drivers and we regularly communicate with Education Transport. We have had some pupils recording each other in taxis and these have been uploaded and posted to social media sites. This has been a one off incident and dealt with very quickly. Luckily our pupils do often discuss any taxi issues they have but we need to remain vigilant in this area. If this happens again we will continue to ensure that we speak to parents, pupils and Education Transport.

### **FOOD TECH SPRING 17-18**















### **YEAR 9 IMMUNISATIONS**



We have arranged for Year 9 vaccinations (for Meningitis ACWY, Tetanus, Diphtheria and Polio) to take place at school on **Tuesday 13<sup>th</sup> March 2018.** Letters and emails will have been sent out over the last couple of weeks, however if you have any queries please contact reception.

### **TERM DATES 2017-18**

• Term starts Monday 8th January 2018 - Thursday 29th March 2018

#### Half Term - Monday 19th February - Friday 23rd February 2018

• Term: Monday 16th April 2018 - Friday 20th July 2018

Half Term – Monday 28th May - Friday 1st June 2018

• Term starts Monday 4th June - Friday 20<sup>th</sup> July 2018

### **INSET DAYS (no school)**

- Thursday 29th March 2018
- Monday 16th April 2018

# SAFEGUARDING

Keeping children safe in school is every school's priority. As part of our Visitors' Policy, we require all visitors to sign in at reception and read and sign our Visitor's Code of Conduct. Please, therefore, do not take offence when our office staff ask you to adhere to our procedures. Should any parent /carer feel unable to comply, we will be unable to let you past the reception area.

#### **Quest Contact details**

Quest Academy, St David's Way, Bermuda Park, Nuneaton CV10 7SD E: <u>quest.office@macintyreacademies.org</u> T: 01788 593 112



### How to contact members of staff:

Please contact Reception if you would like to speak with a member of staff. You will either be transferred or reception will e-mail the member of staff to let them know that you have called.

### **Reporting pupil absence and lateness:**

If your child is absent for more than 7 days you will need to provide a doctors certificate. If we do not receive a doctors note and have not seen your child we will have no alternative but to refer the matter to the Safeguarding Board in line with our safeguarding procedures.