

MARCH 2024 EDITION 1 NEWSLETTER



PSHE RSE Meeting	World Book Day	Y 9 Parents &	Trust INSET Day	Easter Fayre	Spring Term
(families invited)	(Fancy Dress	Options Evening	(no learners on	(families invited)	Ends
9.30– 10.30am	optional)	4 - 6pm	site)	2 - 3pm	
Thursday 7th March			Fri 8th March	Fri 15th March	Fri 22nd March



'Believe in yourself and all that you are. Know that there is something inside you that is greater than any obstacle.'

- Christian D. Larson



Time Travelling with a Tortoise

by Ross Welford

Exciting, funny, heartwarming, and mind-bendingly clever, *Time Travelling with a Tortoise is the extraordinary, adventure-packed sequel to Ross Welford's beloved, bestselling debut, Time Travelling with a Hamster.*

Al Chaudhury travelled back in time to save his father's life.

And it worked – Al's dad is alive again and life is back to the way it should be.

At least, that's what Al thinks.

But when an accident robs Al's beloved Grandpa Byron of his world-beating memory, Al is forced back in time again, this time leaving someone behind, trapped in a prehistoric dimension.

All is forced into a rescue mission to recover his friend from the past... and to make sure that there will be a future waiting for them all.

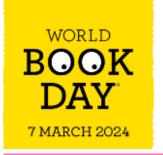
It turns out time travel is far more complicated than Al thought.

'Ingeniously plotted ... An adventure with humour, well-observed family life, improbable friendships and a warm heart' *Sunday Times*

We are successful because...

...the mother of one of our learners said that she is happy with the Quest Academy provision for him, and she recommends the school to others. She said that she appreciates the close communication between school and home.

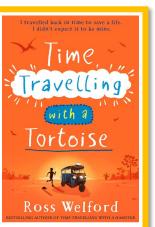
...the mother of one of our learners said that she is pleased with his progress since joining Quest Academy. Her son is motivated to attend school and shares details of school with his family. He presents as calmer and more mature, which is positively impacting his home life and social activities.



World Book Day is a charity that changes lives through a love of books & reading. National Book Tokens have been proud to sponsor World Book Day for more than two decades and counting. The next World Book Day will take place on **Thursday**7th March '24, have you got your costume ready?







Reading age

NATIONAL MARIO DAY





National Mario Day came about when it was noticed that, when writing out the day **Mar.10**, it just happens to spell out the name, "Mario". From that point forward, the day just seemed to take off! While Mario day was probably created by clever fans, the Nintendo company finally en-

dorsed it as National Mario Day in 2016. In fact, the company has even been known to promote the day by offering discount prices on Mario's games, so it might be a good time to consider buying these classic games at a lower price!

People who grew up in the 1980's or 1990's will be sure to know who Mario and his brother Luigi are! Mario and his younger, fraternal twin brother are the most renowned characters of any of the Nintendo games. And they'll be thrilled to celebrate National Mario Day. But Mario day is not just for avid gamers or for kids because pretty much anyone can enjoy the celebration if they know a little bit about Mario. Join this iconic Italian plumber on his adventures through fantastic worlds, battling fierce enemies and saving the Princess!

How to Celebrate National Mario Day - Although it's probably stating the obvious, the best way to celebrate National Mario Day is to get playing! But some other fun options to celebrate this whimsical day can make it even better for children and adults.

Play Mario Brothers Video Games

Dust off that Nintendo console and take the day to enjoy the fun and frustration that comes with platform games (games that make you jump from level to level or over obstacles to advance). Those who grew up with the games might ask themselves if they have shown their children the fun that Mario and all the characters have ready for them. Today is the perfect day! Spend some quality time sharing the fun and the memories with this new generation of players.

National Mario Day Treats

Cakes, cupcakes and other treats can be made and enjoyed on this day as well. In fact, ideas for Mario Bros. inspired recipes are available with a simple search online. Consider cooking up some of these recipe ideas to share at work, at school or with a group of friends at a Mario Party:

- **Peanut Butter Star Sandwiches.** Since the game is based around collecting stars, make peanut butter sandwiches and use a star shaped cookie cutter to create adorable, bite-sized sandwiches.
- **1UP "Mushroom" Burgers.** Work a little food-coloring magic and dye the tops of slider buns green, toast the bun tops and then add small circles of mozzarella cheese (let them melt on while the bun is hot). Serve on top of veggie burgers covered in melted white cheese.
- Flower Power Veggie Platter. Fill a white or yellow bowl with white veggie dip and place it about ½ of the way down on a large, white platter. Surround the bowl with sliced yellow peppers, baby carrots and then grape tomatoes to create the "flower". Use sliced cucumbers and broccoli pieces for the stem and leaves. Add two black olives to the bowl of dip to create eyes. Gaming and treats go hand in hand, so having a treat and taking some time to remember why the Mario Series has been so successful is the perfect way to celebrate National Mario Day. And don't forget to share the fun with your friends and family. Mario loves his brother Luigi, so share the love as well as the fun!

YEAR 11 EXAM DATES 2024

Date	Exam Board/ Subject	Time	Duration	
Weds 8th May	AQA Art, Craft and Design	0900	3 hours and 20 minutes	
Thurs 9th May	AQA Art, Craft and Design	0900	3 hours and 20 minutes	
Fri 10th May	AQA GCSE Biology Paper 1	0900	1 hour and 45 minutes	
Mon 13th May	AQA Maths Functional Skills Paper 1	0900	30 minutes	
Mon 13th May	AQA Maths Functional Skills Paper 2	1300	1 hour and 30 minutes	
Tues 14th May	AQA Art, Craft and Design	0900	3 hours and 20 minutes	
Thurs 16th May	AQA GCSE Maths Paper 1	0900	1 hour and 30 minutes	
Fri 17th May	AQA Chemistry Paper 1	0900	1 hour and 45 minutes	
Thurs 23rd May	AQA GCSE English Language Paper 1	0900	1 hour and 45 minutes	
Mon 3rd June	AQA GCSE Maths Paper 2	0900	1 hours and 30 minutes	
Tues 4th June	NCFE Health & Fitness	0900	1 hour and 30 minutes	
Thurs 6th June	AQA GCSE English Language Paper 2	0900	1 hour and 45 minutes	
Fri 7th June	AQA GCSE Biology Paper 2	1300	1 hour and 45 minutes	
Mon 10th June	AQA GCSE Maths Paper 3	0900	1 hour and 30 minutes	
Mon 10th June	OCR Creative iMedia	1300	1 hour and 30 minutes	
Tues 11th June	AQA GCSE Chemistry Paper 2	0900	1 hours and 45 minutes	

Our exam contingency dates are:

- afternoon of Thursday 6th June
- afternoon of Thursday 13th June
- all day Wednesday 26th June







We will plan trips into Birmingham, Solihull, Coventry or even Warwick: going on theatre, evenings out, for meals and sport activities. This 12 week rolling programme will always be planned in advance, so you always know

what we're doing!

www.inclusivesportsacademy.org damian@inclusivesportsacademy.org

Inclusive Sports Term Time

Monday Inclusive Families

An opportunity for all of the family to come together and have fun with a range of activities. We offer arts and crafts, to games and sports activities, helping with socialisation and teamwork building skills.

Tuesday MAPA

This outdoor session is based at Meriden Adventure playground, and gets our participants moving and having fun outdoors, all whilst in a safe, innovative yet inclusive setting.

Tuesday Inclusive Youth & Development

These coinciding sessions focus on developing our participants independent skills and confidence with a range of different areas. This can be meal prep, e-safety, job applications and getting socialised in a relaxed setting.

Wednesday Winter Warm Hub

At our warm hub we provide a safe and warm environment for participants, providing them with a range of different fun activities to keep them occupied and socialised as well as reducing their isolation.

Thursday Inclusive Gaming

This session provides a range of different games for our participants. This can vary from consoles such as Nintendo Switch and X-BOX, to more classic takes on gaming like cards and board games.

Thursday Inclusive Info

Inclusive info concentrates on informing our participants of the dangers of things like county lines, funded by West Midlands police to provide safe and recommended advice to our participants in order to prevent exploitation.

Saturday Inclusive Futures

This session provides extra tuition to individuals who need bit of extra support with their school work.

www.inclusivesnortsacademy.ora



Inclusive Sports Academy CIC is an organisation that supports children, young people and young adults living with a SEND access meaningful activities.

The intention of this project is to help support young people and young adults through their individual transition from childhood to adulthood. We intend to support with the essentials required when going out in their community that may include; Money management, Accessing public transport, Safety whilst out in your community, Supporting arrangements and understanding costs of activities, and Gaining friendships and group negotiation when engaging in social activity.

Inclusive Sports... What's on?

Monday

Inclusive Families

@
Three Trees
4-5.30pm

Tuesday

Inclusive Families @ Meriden Park, MAPA 3.30-5.30pm

Inclusive
Youth/Development @
Langley Secondary
School
5.30-8.30pm

Opportunity for everyone

Sports Academy CIC

Wednesday

Winter Warm Hub @ Renewal Church 5:00pm-7:00pm



Thursday

Inclusive Gaming @ Three Trees 4.45-6.45pm

Inclusive Info @ Three Trees 6.45-8.15pm

Saturday

Inclusive Futures

@ Crabtree Hall

9.30-10.30am

ACADEMIC YEAR 2023 - 2024

SPRING TERM 2024				
Y9 Parents & Options Evening 4 - 6pm	Thursday 7th March 2024			
Trust INSET Day (no learners on site)	Friday 8th March 2024			
Easter Fayre 2 - 3pm	Friday 15th March 2024			
Term Ends	Friday 22nd March 2024			
Spring (Easter) holiday	Monday 25 March 2024 to Friday 5 April 2024			
SUMMER TERM 2024				
Starts	Monday 8th April 2024			
Bank Holiday (no learners on site)	Monday 6th May 2024			
INSET day (no learners on site)	Tuesday 7th May 2024			
Half term	Monday 27th May 2024 to Friday 31st May 2024			
Learners Start Back	Monday 3rd June 2024			
Ends	Tuesday 23rd July 2024			

PROPOSED SCHOOL TERM DATES 2024 - 2025

Senior leaders are currently agreeing the term dates for the academic year of 2024-25, we are hoping to move the term dates in line with Warwickshire dates – please note, this is a very minor change. The proposed dates are below:

Autumn Term 2024

Monday 2 September 2024 - School Closed - INSET Day (QUEST)

Term Time: Tuesday 3 September 2024 to Friday 25 October 2024

Half term: Monday 28 October 2024 to Friday 1 November 2024

Monday 4 November 2024 – School Closed – INSET Day (QUEST)

Term Time: Tuesday 5 November 2024 to Friday 20 December 2024

Spring Term 2025

Monday 6 January 2025 – School Closed – INSET Day (QUEST)

Term Time: Tuesday 7 January 2025 to Friday 14 February 2025

Half term: Monday 17 February 2025 to Friday 21 February 2025

Term Time: Monday 24 February 2025 to Friday 11 April 2025 Friday 14th March 2025 – **School Closed** - INSET Day (TRUST)

Summer Term 2025

Monday 28 April 2025 - School Closed - INSET Day (QUEST)

Term Time: Tuesday 29 April 2025 to Friday 23 May 2025

Half term: Monday 26 May 2025 to Friday 30 May 2025

Term Time: Monday 2 June 2025 to Friday 18th July 2025

MOTHERS DAY

Sunday 10th March

Mother's Day is celebrated on different days in many parts of the world, most commonly in the months of March or May, for us in the UK this year it is Sunday 10th March. The day celebrates the mother, motherhood, and/ or maternal bonds, and the influence of mothers in society. Traditionally 'Mothering Sunday' is a day honouring mother churches, the church where one is baptised and becomes "a child of the church", celebrated since the Middle Ages in the United



Kingdom, Ireland and some Commonwealth countries on the fourth Sunday in Lent. On Mothering Sunday, Christians have historically visited their mother church—the church in which they received the sacrament of baptism.

Traditionally, on this day only, the Lent fast was relaxed. In Bristol and some other parts of the world, mothering buns remain a speciality for Mothering Sunday, possibly originating from a form similar to the 1769

receipt for Celebration Cakes from nearby Bath,

"plain yeast-leavened buns, iced, and sprinkled with hundreds and thousands, eaten for breakfast on that day".



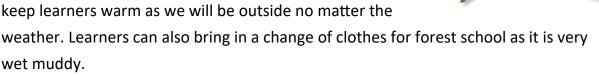


SCHOOL MEAL - PRICE INCREASE

With effect from Monday 1st April 2024, Educateres will be increasing the price of their meals by 23p per day. The **cost per day of a meal** will be £2.95, and if taken each day £14.75 per week.

FOREST SCHOOLS

Reminder to learners who are doing Forest Schools, please bring in warm clothing for forest school (coats, gloves, hats, scarves) we do have overalls and wellingtons but nothing to keep learners warm as we will be outside no matter the





Learners do not need to bring in their own balls, we have them available. If they do, they will have to be handed in on arrival like tech.

HOT CROSS BUNS

Ingredients

50g butter or soft baking spread

150ml semi-skimmed milk

2 x 5ml spoon fast action fast action yeast (or 1 sachet)

400g strong flour

1 x 5ml spoon salt

1 x 5ml spoon mixed spice

½ x 5ml spoon cinnamon Glaze

½ x 5ml spoon nutmeg 1 x 15ml spoon granulated sugar

75g golden caster sugar 2 x 15ml spoons water

150g currants

100g mixed peel Complexity: medium

2 eggs

Equipment

Weighing scales, measuring jug, measuring spoons, saucepan, wooden spoon, sieve, large mixing bowl, baking tray, pastry brush, cooling rack.

Method

- 1. Mix the fat and milk in a saucepan and warm until the fat has melted.
- 2. Sift the flour, salt and spices into a bowl.
- 3. Add the yeast.
- 4. Add the currants and peel and stir to ensure they are well coated; then add the sugar.
- 5. Beat the eggs.
- 6. Stir in the liquid and beaten eggs to the dry ingredients to form a soft dough.
- 7. Turn onto a well-floured surface and knead for 6-8 minutes until smooth and no longer sticky.
- 8. Divide the dough into 12 and shape into buns.
- 9. Place the buns well apart on greased baking tray.
- 10. To make crosses, slash the buns with a sharp knife or use thin strips of pastry or pipe on crosses using a paste made from 2 x 15ml spoons each of plain flour and water.
- 11. Cover the buns and leave to rise in a warm place until double in size about 1 hour.
- 12. Bake in a hot oven, 200C/gas 6 for 15-20 minutes until golden brown.
- 13. Whilst the buns are baking, gently melt the sugar and water in a saucepan until the sugar has dissolved and the mixture has become syrupy.
- **14.** Turn out onto a cooling rack and brush the buns with a sugar/water syrup.

Top tips

Add dried cranberries and orange zest instead of currants and mixed peel.

Food skills Weigh. Melt. Stir. Knead. Shape & form. Bake.

Measure. Sift. Beat. Divide. Prove. Glaze.

THAI GREEN CURRY

Ingredients

1 x 10ml spoon oil

3 spring onions

1 clove of garlic

80g sugar snap peas

1 small chicken breast

2 x 15ml Thai green curry paste

200ml coconut milk (reduced fat)

1/2 lime

Small bunch of coriander

Equipment

Two chopping boards, two knives, garlic press, frying pan, weighing scales, wooden spoon, can opener, juicer.

Method

- 1. Prepare the ingredients:
 - slice the spring onions;
 - cut the sugar snap peas in half;
 - crush the garlic.
- 2. On a separate clean chopping board, and using a separate clean knife, cut the chicken into small chunks. Thoroughly wash and dry your hands after touching the raw meat.
- 3. Fry the spring onions, garlic and chicken in the oil for 3-4 minutes.
- 4. When the chicken has turned 'white', stir in the green curry paste, followed by the sugar snap peas.
- 5. Pour in the coconut milk and simmer for 15 minutes.
- 6. Squeeze the lime and pour over the curry.
- 7. Tear the coriander and add to the curry.
- 8. Serve.

Top tips

- Use a range of different vegetables, such as broccoli, spinach or courgette.
- Use frozen vegetables, like peas, runner beans or soy beans.
- Serve with boiled rice why not go for a mix of white, brown and wild?

Food skills

Weigh

Slice.

Fry.

Simmer.

Measure.

Crush.

Stir.

Boil (if serving with rice).

Complexity: medium



With our Easter Fayre only a 3 weeks away (22.03.24), we would love some donations for the raffle (Spring Produce or Easter Eggs) please.





Attendance: At Quest Academy, we seek to ensure that all our learners receive a full time education which maximizes opportunities for each learner to reach his or her true potential: we feel that good attendance (95% or above) and good punctuality too are a vital part of this and we want all learners to strive towards this.

Government statistics have proven that children with poor attendance are 47% less likely to meet their potential examination results compared to learners with good attendance.

We have a desire to strive towards 100% attendance for all of our learners and expect all parents/ carers to actively support us in ensuring that their children are in school, safe, at all times. We also aim to hold all parents / carers that give low priority to good school attendance accountable.

Lateness: Pupils must attend registration on time to be given a present mark. Registration starts at 8.50am until 9am. Arrival after the start of morning registration will be given an 'L' code. After 9.30am a 'U' code (unauthorised absence) will be given.

Quest Contact Details:

Quest Academy

Anderson Avenue

Rugby

Warwickshire

CV22 5PE

E: quest.office@macintyreacademies.org

T: 01788 593 112



How to contact members of staff: Please contact Reception if you would like to speak with a member of staff. You will either be transferred or reception will email the member of staff to let them know that you have called.

Reporting pupil absence and lateness: Please can we remind parent/carers to call school on 01788 593 112, before 9am if your child may be late or is unwell. You will also need to contact the taxi company to let them know. If your child is absent for more than 7 days you will need to provide a doctors certificate. If we do not receive a doctors note and have not seen your child we will have no alternative but to refer the matter to the Safeguarding Board in line with our safeguarding procedures.

PRIVACY NOTICE

MacIntyre Academies collects and uses pupil information which complies with General Data Protection Regulation (GDPR). This is Europe's framework for data protection laws – it replaces the previous 1995 data protection directive, which UK law has previously been based upon.

Please note that limited personal data is used and stored as per the MAT Retention Policy.

You can read the full details of our Privacy Notice in the policy. This includes more details of our legal basis for the use of specific information.









