



MacIntyre Academies
Quest Academy

NOVEMBER 2023 EDITION 2 NEWSLETTER



*"It is impossible for a man to learn
what he thinks he already knows."*

~ Epictetus

WELCOME



Dear Parents/Carers,

We hope this newsletter finds you well. It's been an exciting time at Quest Academy, and we're delighted to share some of the highlights with you.

Celebrating Child in Need Day:

Last week, Quest Academy participated in various activities to celebrate Child in Need Day. Our school community came together to raise awareness and support for this important cause. Learners engaged in educational discussions, creative projects, and fundraising initiatives to contribute to the welfare of children in need. We are proud of the compassion and generosity displayed by our learners, staff, and parents during this meaningful event.

Dodgeball Competition:

In the spirit of promoting teamwork, sportsmanship, and camaraderie, our learners showcased exceptional qualities during the recent dodgeball tournament. The event not only highlighted their physical skillset but also demonstrated the values of patience, determination, and empathy. Congratulations to all the participants for their outstanding sportsmanship, and a special thank you to the organisers for making the event a tremendous success.

Mock Exams for Year 10 and 11:

As we approach a crucial period in the academic calendar, we want to inform you that the mock exams for Year 10 and 11 learners have been rescheduled to take place in February. The mock exams serve as valuable preparation for the upcoming formal examinations, offering learners the opportunity to familiarise themselves with exam conditions and refine their study strategies. A schedule of these will be shared in January 2024.

We appreciate your ongoing support in creating a nurturing and empowering learning environment at Quest Academy. If you have any questions or concerns, please feel free to reach out to the school.

Thank you for being a valued part of the Quest Academy family.

Warm regards,

Tyla Owen

Interim Principal

Christmas Jumper Day
Thursday 7th December

Y10 & 11 Parents Evening
Thursday 14th December, 4 - 6pm

Christmas Fayre
Friday 15th December, 2 - 3.30pm

Christmas Lunch
Wednesday 20th December
£2.72 unless Free School Meal

Term Ends
Friday 22nd December, 1:30pm

We are successful because...

...the mother of one of our learners said that his success at Quest Academy has helped his family to understand his learning levels.

...the mother of one of our learners said that her son really enjoys coming to Quest Academy and that he has made some positive relationships with adults.

Where The River Takes Us

by Lesley Parr

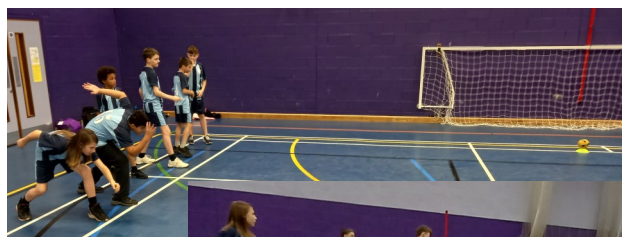
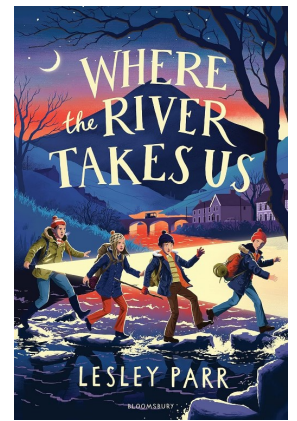
From the author of *The Valley of Lost Secrets* comes a thrilling adventure about the power of friendship, set in a Welsh valley in the 1970s, for readers of 9+.

Jason lives with his big brother, Richie, trying their best to make ends meet so they can stay together. They've got supportive neighbours and some great friends, but there's always the threat that someone will think they can't manage on their own since their parents died. It's February 1974 and working-class families have been hit hard by the three-day week. The reduced power usage means less work, and less money to get by on. Richie is doing his best, but to make enough money, he's been doing favours for the wrong people.

An urban legend about a beast in the valleys catches Jason's eye in the local paper. A wild cat is said to roam the forest, far up the river from their bridge. A reward is offered for proof of The Beast's existence. Jason's friends are desperate to help him, and they convince him that this is the answer to his and Richie's money problems.

And so a quest begins. Four best friends soon find themselves on a journey that will change each of them . forever.

With echoes of Stand By Me, this thrilling middle-grade adventure is packed with irresistible characters and a page-turning plot with relatable themes, making this another timeless story from one of our finest writers of historical fiction for kids.



Dodgeball Tournament, Thursday 9th November

POTATO AND CHICKEN CURRY

Ingredients

300g salad potatoes e.g. Charlotte
1 x 15ml spoon rapeseed oil
2 small chicken breasts (approx. 250g)
1 onion, (approx. 150g)
1 x 15ml spoon medium madras curry powder
400g can chopped tomatoes
50ml water



For the raita:

150g tub fat-free natural yogurt
¼ cucumber
1 x 15ml spoon fresh mint

Equipment

Scales, knife, chopping board, saucepan with lid, colander, measuring spoons, frying pan with lid, wooden spoon, can opener, small mixing bowl, grater.

Method

1. Prepare the ingredients:
 - dice the potatoes;
 - cut the chicken into small pieces;
 - peel and slice the onion;
 - deseed and grate the cucumber;
 - chop the mint.
2. Cook the potatoes in boiling water for 10 minutes, drain.
3. Meanwhile, heat the oil in a frying pan and fry the chicken and onion for 5 minutes until browned. Add the curry powder and cook for 1 minute.
4. Stir in the tomatoes and 50ml water, cover and simmer gently for 5 minutes. Stir in the cooked potatoes and cook for a further 5 minutes.
5. Meanwhile, stir all the raita ingredients together and serve with the curry.

Top tips

Add a variety of different vegetables such as sliced okra, aubergine or spinach.

Food skills

- | | | | |
|---------|-----------|--------|-----------------------|
| • Weigh | • Measure | • Peel | • Cut, dice and slice |
| • Mix | • Drain | • Fry | • Stir |
| | | | • Boil and simmer |

CHOCOLATE FUDGE CRINKLE BISCUITS

Ingredients

60g cocoa powder, sieved
200g caster sugar
60ml vegetable oil
2 large eggs
180g plain flour
1 tsp baking powder
70g icing sugar



Use store cupboard ingredients to make these moreish chocolate fudge crinkle biscuits. They make the perfect partner to a coffee as an afternoon treat.

Method

STEP 1

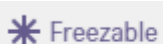
Mix the cocoa, caster sugar and oil together. Add the eggs one at a time, whisking until fully combined.

STEP 2

Stir the flour, baking powder and a pinch of salt together in a separate bowl, then add to the cocoa mixture and mix until a soft dough forms. If it feels soft, transfer to the fridge and chill for 1 hr. Heat the oven to 190C/170C fan/gas 5. Tip the icing sugar into a shallow dish. Form a heaped teaspoon of the dough into a ball, then roll in the sugar to coat. Repeat with the remaining dough, then put, evenly spaced, on a baking tray lined with baking parchment.

STEP 3

Bake in the centre of the oven for 10 mins – they will firm up as they cool. Transfer to a wire rack and leave to cool. *Will keep for four days in a biscuit tin.*



Freezable



Vegetarian



Prep: 20 mins

Cook: 10 mins

plus 1 hr chilling (optional)



Easy



Makes 35-40 mini biscuits

Nutrition: Per serving (40)

kcal	fat	saturates	carbs	sugars	fibre	protein	salt
67	2g	0.4g	10g	7g	0.4g	1g	0.04g



WHAT IS CHRISTMAS JUMPER DAY? Christmas Jumper Day is Save the Children's annual event which raises money for children in the UK and across the world. Every December, millions of people across the United Kingdom (and beyond!) put on a festive outfits at work, school or with friends and make a donation to help give children the magical future they deserve.

WHEN IS CHRISTMAS JUMPER DAY? Thursday is the new Friday, right? **Thursday 7th December 2023** will be Save the Children's 12th Christmas Jumper Day!

WHEN WAS THE FIRST CHRISTMAS JUMPER DAY? Since 2012, millions of people like you have put on their jazziest jumpers for one day in December, raising money for Save the Children, making the world better for children in the UK and around the world. If you would like to donate please do so via the Save the Children website.



CHRISTMAS LUNCH

Wednesday 20th December
£2.72, unless recipient of Free School Meals

**Roast Turkey,
Cocktail Sausage, Stuffing Ball
with Gravy
or
(vg) Roast Quorn Fillet,
Stuffing Ball with Gravy**

**Served with Crispy Roast Potatoes,
Garden Peas and Sliced Carrots**

**(vg) Christmas Shortbread or
(v) Christmas Cup Cake**



Warwickshire's Supported Internships Fair

30 Nov 4pm – 7pm

Are you
aged 16-25
yrs with an
EHCP?

Find out
about the
benefits of a
supported
internship

Young people aged 16-24 with an Education, Health and Care Plan, and their parents and carers, are invited to find out more about supported internships. What is a supported internship? Is it right for me? How do I apply and what support will I receive?

At this free, drop-in event, you will be able to:

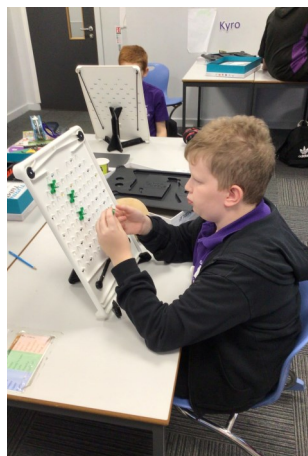
- Pick up a copy of the new guidance to take away
- Hear from others who have experience of supported internships
- Talk to local organisations for more information and advice

Thursday 30 November 2023, 4pm to 7pm
at Compton Verney Art Gallery, CV35 9HZ

For more information or queries email sendchange@warwickshire.gov.uk

ROSA PARKS CLASS

Rosa Parks this week have all
enjoyed using Turning Tumble Tables
in Computing



MOCK EXAMS FOR YEAR 10 AND 11

As we approach a crucial period in the academic calendar, we want to inform you that the mock exams for Year 10 and 11 learners have been rescheduled to take place in February. The mock exams serve as valuable preparation for the upcoming formal examinations, offering learners the opportunity to familiarise themselves with exam conditions and refine their study strategies. A schedule of these will be shared in January 2024.



Pearson
Edexcel



ACADEMIC YEAR 2023 - 2024

We have 2 extra days for half term in October, these days are added on to the Summer Term. The rationale is that the days allow families to take advantage of quieter and cheaper holidays.

AUTUMN TERM 2023

Y10 & 11 Parents Evening 4 - 6pm	Thursday 14th December 2023
Xmas Fayre 2 - 3.30 pm	Friday 15th December 2023
Term Ends	Friday 22nd December 2023
Christmas Holiday	Monday 25th December 2023 to Friday 5th January 2024

SPRING TERM 2024

Starts	Monday 8th January 2024
Half term	Monday 12th February to Friday 16th February 2024
Learners Start Back	Monday 19th February 2024
Y9 Parents & Options Evening 4 - 6 pm	Thursday 7th March 2024
Trust INSET Day (no learners on site)	Friday 8th March 2024
Easter Fayre 2 – 3.30 pm Term Ends	Friday 22nd March 2024
Spring (Easter) holiday	Monday 25 March 2024 to Friday 5 April 2024

SUMMER TERM 2024

Starts	Monday 8th April 2024
Y7 & 8 Subject Parents Event 4 - 6pm	Thursday 11th April 2024
Bank Holiday (no learners on site)	Monday 6th May 2024
INSET day (no learners on site)	Tuesday 7th May 2024
Half term	Monday 27th May 2024 to Friday 31st May 2024
Learners Start Back	Monday 3rd June 2024
Ends	Tuesday 23rd July 2024



FABLAB HAS COURSES IN

3d printing
 Arduino
 Audio coding with pure data
 Carpentry
 Audio editing
 Decorating skills
 Digital fabrication
 Digital sculpting
 Jewellery making
 Laser cutting
 Prototype development
 Stencil making
 Upcycling textiles
 Vinyl cutting

TO JOIN
 FABLAB
 SCAN
 THE QR
 CODE



FABLAB CAN HELP YOU WITH FULLY FUNDED COURSES

if you are
 aged 16-29,
 live in Coventry
 and are not
 in a job,
 education
 or training.



A BRIGHT FUTURE

@FabLabCov
www.fablabcov.coventry.ac.uk
 Address:
 FabLab Unit 4, Fargo Village,
 Coventry, CV1 5ED



European Union
 European
 Social Fund



UPCYCLING TEXTILES * DIGITAL
 SCULPTING * DIGITAL
 FABRICATION * STENCIL MAKING *
 JEWELLERY MAKING * AUDIO
 EDITING * ARDUINO * AUDIO CODING
 WITH PURE DATA * CARPENTRY
 * 3D PRINTING * LASER CUTTING * VINYL
 CUTTING * HAND TOOLS *
 POWER TOOLS * DECORATING
 SKILLS * PROTOTYPE
 DEVELOPMENT * CV WRITING *
 INTERVIEW SKILLS * JOB SEARCH CLUB



Are you interested in learning new skills?

Fablab can provide fully funded
 courses to support to people aged 16+
 who are not in employment and living
 in CV1 - CV6

Find us at
 Fargo Village
 Check our social media
 @FabLabCov



To become a member of FabLab scan the QR code



Learners do not need to bring in their own balls, we have them
 available. If they do, they will have to be handed in on arrival like tech.

POKÉMON CLUB RULES



Everyone has the right to feel **safe** and **respected** at Pokémon club.



Trading of cards can only happen in Pokémon club.



Some cards are more rare than others.

Cards are worth different points.

If you need help, talk to Sam or other staff in the room.

Staff can check that a trade is fair.



Both people must be happy to trade.



Respect other learners' cards.

Ask if you can touch other learners' cards.

Respect if they say no.



Everyone has different cards.

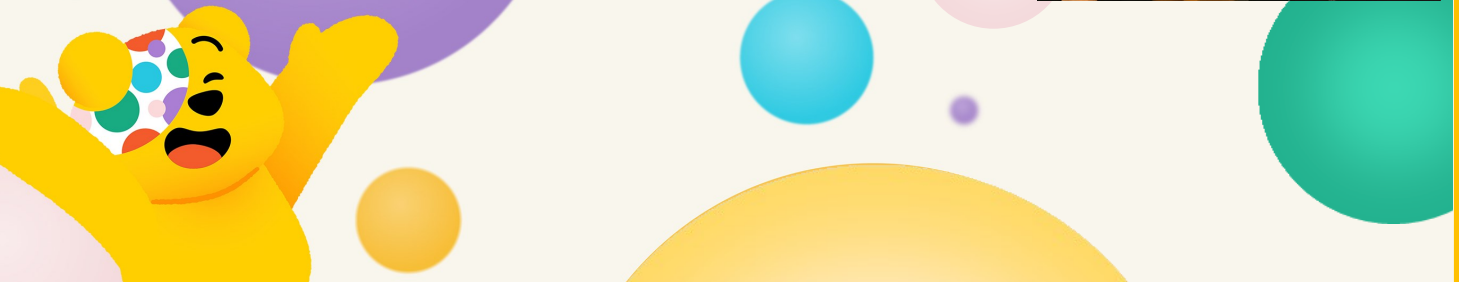
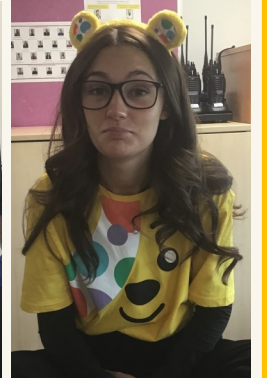
Be kind to other people.

Do not make fun of other people's cards.



If both learners are happy to trade, you **cannot** swap back unless both people are happy to swap.

CHILDREN IN NEED



BLACK FRIDAY- 24TH NOVEMBER

The term **Black Friday** was first used in America in 1869, when the stock market collapsed, causing a financial crisis. During the 1960s, the name started to be used in positive way, describing the fact that Philadelphia stores' profits moved from "**red**," meaning losses, to "**black**," and saw profits (this goes back to the way business accounts used to be recorded).



In the late 1980s, the shopping phenomenon grew even bigger, with retailers offering discounts, even drastically slashing prices, in order to draw crowds of shoppers.

In the 1990s, stores started opening up at midnight and people even began to camp out so that they could grab the first bargains. Black Friday started to spread worldwide.

In the early 2000s, retailers noticed that shoppers would go online the Monday after Thanksgiving, so in 2005, **Cyber Monday** was born. The idea took off. Online shopping over the Thanksgiving weekend raked in almost \$10 billion!

2010 saw the start of **Small Business Saturday** (day after Black Friday) taking advantage of the trend for people to shop local. Free online advertising helps retailers attract buyers.

Black Friday may have its origins in America, however, it is now celebrated as a shopping holiday across the globe, with Canadian and British shoppers being the quickest to adopt it and add it to their calendars.

According to surveys, during **Black Friday 2021**, men in the UK planned to spend an average of £335, whilst women on average planned to spend £190. This is maybe no surprise since the UK has among the best Black Friday sales in the world where products are on average discounted by 63%!

Will you be bagging a bargain or boycotting this barmy Black Friday?



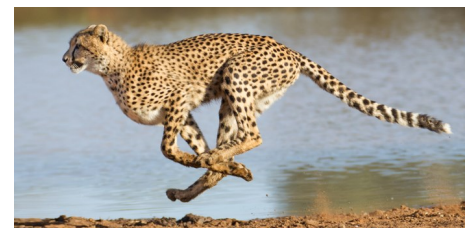
INTERNATIONAL CHEETAH DAY

Monday 4th December 2023

The cheetah is the world's fastest land animal. They can run 70 mph (or 110 kph), which is as fast as cars drive on the highway. The cheetah can reach its top speed in just 3 seconds! When cheetahs are running full speed, their stride (length between steps) is 6-7 meters (21 feet). Their feet only touch the ground twice during each stride, almost like flying.

The cheetah has a long, muscular tail that has a flat shape. The tail almost functions like a rudder on a boat because they use it to help control their steering and keep their balance when running very fast.

There are fewer than 7,500 cheetahs left in the wild, making the cheetah Africa's most endangered big cat. *The world's fastest land animal is racing against extinction.* This day is about raising awareness of the cheetah's imminent extinction.



EVERY SCHOOL DAY COUNTS

At Quest Academy, we seek to ensure that all our learners receive a full time education which maximizes opportunities for each learner to reach his or her true potential: we feel that good attendance (95% or above) and good punctuality too are a vital part of this and we want all learners to strive towards this.

Government statistics have proven that children with poor attendance are 47% less likely to meet their potential examination results compared to learners with good attendance.

We have a desire to strive towards 100% attendance for all of our learners and expect all parents/carers to actively support us in ensuring that their children are in school, safe, at all times. We also aim to hold all parents / carers that give low priority to good school attendance accountable.

Quest Contact details:

Quest Academy
Anderson Avenue
Rugby
Warwickshire
CV22 5PE

E: quest.office@macintyreacademies.org

T: 01788 593 112



How to contact members of staff

Please contact Reception if you would like to speak with a member of staff. You will either be transferred or reception will email the member of staff to let them know that you have called.

Reporting pupil absence and lateness

Please can we remind parent/carers to call school on **01788 593 112**, before 9am if your child may be late or is unwell. You will also need to contact the taxi company to let them know.

If your child is absent for more than 7 days you will need to provide a doctors certificate. If we do not receive a doctors note and have not seen your child we will have no alternative but to refer the matter to the Safeguarding Board in line with our safeguarding procedures.

PRIVACY NOTICE

MacIntyre Academies collects and uses pupil information which complies with General Data Protection Regulation (GDPR). This is Europe's framework for data protection laws – it replaces the previous 1995 data protection directive, which UK law has previously been based upon.

Please note that limited personal data is used and stored as per the MAT Retention Policy.

You can read the full details of our [Privacy Notice](#) in the policy. This includes more details of our legal basis for the use of specific information.



Putting children and families first

