



MacIntyre Academies
Quest Academy

DECEMBER 2022 EDITION 1 NEWSLETTER



“Quote of
the week”

*"Remember this December, that love
weighs more than gold."*

—Josephine Daskam Bacon .”

WELCOME



Dear Parents/ Carers,

Welcome to our last fortnightly newsletter of 2022. I hope that the contents of the newsletter helps gives you a flavour of recent events at Quest and a glimpse of some the amazing work completed by learners during the last few weeks.

Well done to all the learners, who should be very proud of what they have achieved this term. I would like to say a particular well done to Y11 who have just had their mock exams and who are engaging positively in their careers programme.

It was wonderful to see so many families at our parent's afternoon last night and to be able to reminisce about the progress each family's child has made since joining Quest. Many families shared that just wanted their child to be safe and happy when they first joined Quest and can't believe that their child is now predicted to gain high level passes at GCSE something they had not felt possible. Other families commented on the amazing staff at Quest, which I whole heartedly agree with.

To support learners transition back to school, and to provide staff the opportunity to carry out a range of activities, learners will be class based the first week back. During these days learners will have the opportunity to talk about the progress they have made as well as carry out where appropriate phonics and reading assessments. Learners will follow their normal timetable from Monday 9th January.

If you need any support over the holidays Daisy (Monday 19th and Tuesday 20th December) and Joan will be working (Monday 19th -Thursday 22nd and Wednesday 28th - 30th December). You can also contact me via email or via my work mobile phone **07932 909 754**. If you click on the red tab on the front of our website there is also an information section that provides details about the different agencies who can provide you support.



Thank you to Ethan Elf (Y3) who brightened up my morning, he came to let me know there was an 'Elf and Safety' issue in the School (don't worry there wasn't!).

I hope that you all have a wonderful Xmas and New Year and we look forward to seeing all learners back on Wednesday 4th January.

Kind regards,

Nicola Wells

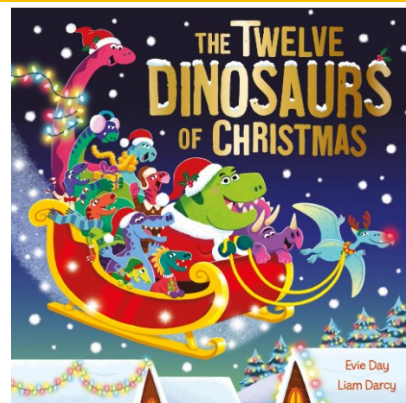


The Twelve Dinosaurs of Christmas by Evie Day

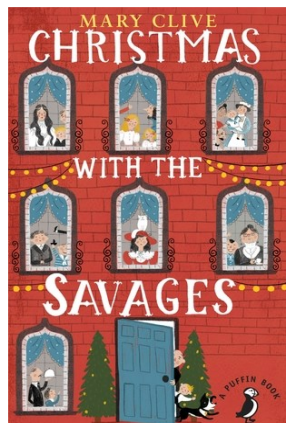
A dinosaur twist on the infamous 'Twelve Days of Christmas' carol, this hilarious festive picture book is the perfect gift for dinosaur fans of all ages!

Count and sing along as the collection of festive dinosaurs grows and grows over the twelve days of Christmas! From one Santasaurus to five tinselled triceratopses to nine spinasauruses sparkling and beyond . . .

With bonus content! Learn to pronounce the dinosaur names, and get the whole family singing, with the fun 'how to sing along' guide.



Recommended reading age: 8 - 12 years old



Christmas with the Savages by Mary Clive

Eight-year-old Evelyn spends her Christmas holiday in a large Edwardian house, full of parents and nannies who have lost control of their children. There are the calm Glens, the sad Howliboos, and the mad Savages who all run riot around the timid Evelyn, who cannot return home soon enough. This funny Christmas tale will charm any young festive reader!

Recommended reading age: 8 - 12 years old

SAFEGUARDING & FAMILY FOOTINGS TEAM

Daisy Howden Mobile : 07504 001 918
daisy.howden@macintyreacademies.org



Joan Goodrich Mobile: 07377 990 796
Joan.goodrich@macintyreacademies.org



We are available to help families with things like accessing family support, Early Help, Child In Need Meetings, Child Protection Meetings, taxi queries, support working with other professionals such as CAMHS, general safeguarding questions and much more.

We are successful because...

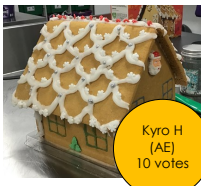
...the parents of one of our learners said that they are pleased with her progress at school. Their daughter has said that she feels safe at school.

...the mother of one of our learners said she is very pleased her son wants to go to school and to learn. She said that her son is coping well with changes in his class staff team because of support provided. She said that she is very pleased with the outcome of the Ofsted inspection for Quest.

...the father of one of our learners thanked the Quest Academy staff team for his daughter's support and said that she is happy to come to school.

QUEST BAKE OFF 2022

1



Kyro H
(AE)
10 votes

2



3



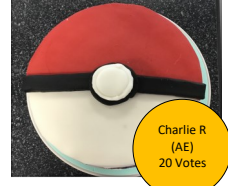
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5



6



Charlie R
(AE)
20 Votes

7



8



9



10



11



12



13



14



15



16



17



18



Tommy
B (AF)
11 votes

19



20



21



22



23



24



25



26



27



28



29



30



Layla M
(WC)
10 votes

Jacob B
(WS)
10 votes

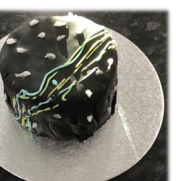
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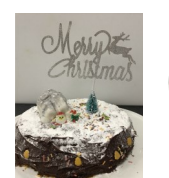
41



42



43



44



45



46



Kiyia A
(LH)
25 votes

Lauren
(MG)
11 votes

William
(LH)
20 votes

Just you look at these
amazing creations!
The votes are in!

Who would be your winner?



QUEST FESTIVE HAMPER

Massive well done to Allie, one of our TA's, and Learner Jude (from Aretha Franklin class), for their successful Christmas Hamper Raffle!



The winners are Michelle
(TA in Florence Nightingale
class) and Jacob S!
Well done both!

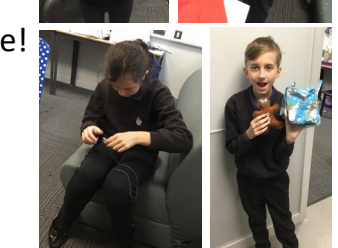


ACE NEWS

This term we have been learning all about how to care
for our lovely chickens with the help from Rugby
School!

The lower school learners have also been busy making
Christmas presents for someone of their choice. The
learners have been excited to take these home!

Merry Christmas and a Happy New Year!



RECYCLE THE UNRECYCLABLE WITH TERRACYCLE®



Thanks to Cathy,
Quest are now
registered to collect
the below items
(washed out). The
more we collect, the
more points we
earn that can go
towards purchasing
supplies. Learners
can bring them in
from home.

The KP Snacks® Nuts, Popcorn, Crisps & Pretzels Packet Free Recycling Programme accepts nuts, popcorn, crisps & pretzels packets from all brands.



✓ Crisps, popcorn
and pretzels multi-
packs



✓ Popcorn packets



✓ Pretzel packets



✓ Crisp packets



✓ Nut packets

The Cheese Packaging Free Recycling Programme:
any brand of flexible plastic cheese packaging and nets



✓ Plastic nets for
mini cheeses and
labels from Cathedr...



✓ Sliced cheese
protective plastic film



✓ Individual plastic
cheese wrappers



✓ Flexible plastic
cheese pouches

Confectionery Free Recycling Programme accepts plastic
confectionery packaging from all brands.



✓ Individual
chocolate bar
wrappers



✓ Plastic chocolate
block wrappers



✓ Plastic chocolate
block wrappers



✓ Individual
chocolate bar
wrappers



✓ Chocolate and
sweets multipack
outer plastic...



✓ Plastic chocolate
and sweets pouches
and bags

CHRISTMAS QUIZ



1. Which Christmas movie features Swirly Twirly Gumdrops and Candy Cane Forest?
2. In a famous Christmas song, what type of bird was sat in a pear tree?
3. What are the two most popular items placed on top of a Christmas tree?
4. Which famous drinks company was the first to use Santa Claus in its advertisements?
5. What is the name of the Grinch's dog?
6. True or false: there is a town called Santa Claus?
7. What date is Christmas Eve on?
8. How many ghosts visit Scrooge: 3, 4 or 5?
9. Traditionally, what colour is Santa's sack?
10. 'Merry Christmas you filthy animal' is a quote from which popular movie?
11. What type of animal does Santa use to pull his sleigh:
a) Horse b) Donkey c) Reindeer?
12. What is the missing word from this famous Christmas song – O Little Town of... :
a) Nazareth b) Bethlehem c) Jerusalem
13. What is the name of Kristoff's reindeer in the Disney movie 'Frozen'?
14. How many doors would you open on an advent calendar before Christmas Day arrives?
15. In the famous Christmas song, what type of plant was Mummy kissing Santa Claus under?
16. What gifts did the three kings take to baby Jesus?
17. What is the missing word from this famous Christmas song: Ding Dong ... On High:
a) Happily b) Joyfully c) Merrily?
18. Which Christmas song includes the lyrics: 'Dashing through the snow, in a one-horse open sleigh'?
19. What three small words are the laughter of Father Christmas?
20. According to the fabulous Christmas song, what colour is Rudolph's nose?
21. Where does Santa live?
22. What might you pull on Christmas Day:
a) A balloon b) A cracker c) A muscle?
23. How many times does the number 1 appear on an advent calendar with 24 doors?
24. Which TV family has a pet dog called Santa's Little Helper?
25. What two colours are candy canes?
26. In the movie Elf, which city does Buddy travel to in search of his father?
27. Can you fill in the missing words from these famous Christmas song lyrics: Chestnuts roasting on an open fire, nipping at your nose?
28. What's the name for sausages wrapped in bacon traditionally eaten with the Christmas dinner?
29. What's the name of the main villain in The Nightmare Before Christmas?
30. Which fairy tale was the first gingerbread houses inspired by?



CHRISTMAS TUNES WORDSEARCH

Away in a Manger
Choir of the Bells
Dominick the Donkey
Frosty the Snowman
Holly Jolly Christmas
Jingle Bell Rock
Jingle Bells
Let it Snow
Little Drummer Boy
Little St Nick
O Holy Night
Rudolph
Santa Baby
Silent Nigh
Silver Bells
The Christmas Song
The First Noel
Winter Wonderland



S	G	R	D	A	M	A	F	C	I	F	Z	Z	X	F	K	U	H	J	X
W	A	W	A	Y	O	B	R	E	M	M	U	R	D	E	L	T	T	I	L
C	K	M	B	H	P	L	O	D	U	R	J	T	G	J	I	H	Z	N	O
Z	D	W	T	Z	E	D	S	Y	E	L	C	B	Y	R	T	G	C	G	K
G	N	O	S	S	A	M	T	S	I	R	H	C	E	H	T	I	J	L	L
Q	A	N	K	O	I	D	Y	A	L	F	D	G	I	R	L	N	B	E	D
X	L	S	O	X	Q	R	T	B	T	I	N	W	X	N	E	T	O	B	J
D	R	T	J	T	I	R	H	V	A	A	H	X	I	P	S	N	A	E	W
F	E	I	F	W	V	T	E	C	M	B	E	U	U	B	T	E	S	L	S
N	D	T	U	C	C	H	S	A	Y	A	A	I	N	S	N	L	C	L	Q
B	N	E	V	X	E	G	N	X	I	L	M	T	R	I	I	I	Y	R	W
F	O	L	N	I	A	I	O	Z	T	K	L	I	N	X	C	S	J	O	U
B	W	V	E	S	Y	N	W	K	M	G	F	O	O	A	K	T	E	C	N
G	R	O	K	A	C	Y	M	V	Z	E	U	A	J	Y	S	L	D	K	U
M	E	Q	W	Q	O	L	A	O	H	K	P	I	T	Y	K	B	N	M	Q
G	T	A	P	U	I	O	N	T	S	L	L	E	B	E	L	G	N	I	J
L	N	F	G	C	Z	H	N	S	L	L	E	B	R	E	V	L	I	S	E
I	I	Y	E	K	N	O	D	E	H	T	K	C	I	N	I	M	O	D	S
L	W	B	T	K	S	L	L	E	B	E	H	T	F	O	R	I	O	H	C
U	I	M	U	Y	F	C	J	H	B	X	B	V	R	U	M	Q	C	Y	B

ARTWORK FROM WINSTON CHURCHILL & ARETHA FRANKLIN CLASSES



Learners have recently looked at work by London Artist, **Stephen Wiltshire**. As a child he was mute, and didn't relate to other people. At 3 he was diagnosed with Autism. He had no language, living entirely in his own world. He learned to speak fully at the age 9, his

first word "paper." When he was about 7, he became fascinated with sketching landmark London buildings. Stephen Wiltshire's work has been offered at auction multiple times, with realised prices ranging from **\$58 USD all the way to \$18,559** depending on the size and medium of the artwork!



CHRISTMAS MONEY SAVING IDEAS

- Budget and track your spending
- Homemade gifts and decorations are one of a kind, personal, can be treasured and budget friendly
- Purchase second-hand gifts and decorations
- Regift unwanted gifts you have received
- Secret Santa for family and friendship groups can ensure everyone's gets a gift whilst reducing pressure on your budget
- Purchase whole family gifts instead of buying individual presents.
- Email Christmas cards to save on the cost of buying cards and postage
- Instead of going out, have a bring and share party at home where everyone can contribute or have virtual party.
- Compare supermarket prices to find the cheapest
- Use leftover food wisely.

ANXIETY

We all experience a degree of anxiety; it is part of being human. It is helpful to understand how we recognise anxiety within ourselves and what it looks like for us.



When kids meltdown over the holidays

It does not mean

- They are a bad child.
- You are a bad parent.
- They are trying to ruin your fun
- They are trying to embarrass you.
- You need to fix their feelings.
- You need to jump to their demands.
- They need to learn a lesson.
- They are defiant and refuse to listen.
- They hate you.

It may mean

- They need a break.
- They are overwhelmed.
- They need connection with you.
- They are struggling with a sensory.
- They need you to be their calm.
- They are seeking a quiet, calm space.
- They are tired, hungry, or bored.
- You are their safe space.
- They are still figuring out how to navigate their big feelings.

8 WAYS A CHILD'S ANXIETY SHOWS UP AS SOMETHING ELSE

1. Anger

The perception of danger, stress or opposition is enough to trigger the fight or flight response leaving your child angry and without a way to communicate why.



2. Difficulty Sleeping

In children, having difficulty falling asleep or staying asleep is one of the hallmark characteristics of anxiety.



3. Defiance

Unable to communicate what is really going on, it is easy to interpret the child's defiance as a lack of discipline instead of an attempt to control a situation where they feel anxious and helpless.



Chandeliering is when a seemingly calm person suddenly flies off the handle for no reason. They have pushed hurt and anxiety so deep for so long that a seemingly innocent comment or event suddenly sends them straight through the chandelier.



5. Lack of Focus

Children with anxiety are often so caught up in their own thoughts that they do not pay attention to what is going on around them.

FOCUS

6. Avoidance

Children who are trying to avoid a particular person, place or task often end up experiencing more of whatever it is they are avoiding.



7. Negativity

People with anxiety tend to experience negative thoughts at a much greater intensity than positive ones.

8. Overplanning

Overplanning and defiance go hand in hand in their root cause. Where anxiety can cause some children to try to take back control through defiant behavior, it can cause others to overplan for situations where planning is minimal or unnecessary.



What Parents & Carers Need to Know about HOW TO COMBAT ONLINE BULLYING



Defined as "ongoing hurtful behaviour towards someone online", cyber-bullying makes its victims feel upset, uncomfortable and unsafe. In the digital world, it has numerous forms – such as hurtful comments on a person's posts or profile; deliberately leaving them out of group chats; sharing embarrassing images or videos of someone; or spreading gossip about them. Cyber-bullying can severely impact a young person's mental health ... so, in support of Anti-Bullying Week, we've provided a list of tips to help trusted adults know what to look for and how to respond to it.

1. GET CONNECTED

Playing online games together with your child or connecting with them on social media (providing they're old enough) is not only fun but also an excellent way of establishing some common ground to discuss things you've both seen or done online – as well as keeping an eye on who your child is communicating with in the digital world.

2. KEEP TALKING

Regular chats with young people about their online lives are good practice in general, but they can also be an excellent refresher to help prevent cyber-bullying situations. Topics you might want to revisit include why it's important to only connect online with people we know and trust, and why passwords should always remain secret (even from our best friends).

3. STAY VIGILANT

Observe your child while they're using technology and just after they've used it. Are they acting normally, or out of character? Possible signs of a problem may include seeming quiet or withdrawn, jumpy or anxious, angry or repeatedly checking their phone. When you feel it's the right time, you may want to check in with them to see if everything is OK.

4. MAKE YOURSELF AVAILABLE

If an online bullying incident does occur, it may take a while before your child is ready to open up about what happened. Just gently remind them that they can always come to you with any problems – and that they won't be in trouble. You might also suggest a trusted family member they could turn to, in case they feel too embarrassed to tell you directly.

5. BE PREPARED TO LISTEN

When conversations about online bullying do take place, they're likely to be difficult, emotional and upsetting for both you and your child. Actively listen to your child while they're bringing you up to speed, and try not to show any judgement or criticism – even if they haven't dealt with the situation in exactly the way you would have hoped.

FURTHER SUPPORT AND ADVICE

If you or your child need additional help with an online bullying issue, here are some specialist organisations that you could reach out to.

Childline: talk to a trained counsellor on 0800 1111 or online at www.childline.org.uk/get-support/

National Bullying Helpline: counsellors are available on 0845 225 5787 or by visiting www.nationalbullyinghelpline.co.uk/cyberbullying.html

The NSPCC: the children's charity has a guide to the signs of bullying at www.nspcc.org.uk/what-is-child-abuse/types-of-abuse/bullying-and-cyberbullying/ and can be reached on 0800 800 5000

6. EMPOWER YOUR CHILD

Depending on their age, your child might not want a parent 'fighting their battles for them'. In that case, talk through their options with them (blocking the perpetrator, deleting the app and so on). By allowing your child to choose the path they take, you're putting them in control but are also demonstrating that you're there to support them along the way.

7. REPORT BULLIES ONLINE

Cyber-bullying often takes place through a particular app, social media platform or online game. If this is happening to your child, encourage them to report the offender to the app or game in question – ideally with screenshots to support their complaint. Most games and apps have reporting tools specifically to stamp out abusive behaviour and protect users.

8. ENCOURAGE EMPATHY

Protecting themselves online is the priority, of course, but young people should also feel empowered to help if they witness other people falling victim to cyberbullying. Even if they don't feel confident enough to call someone out on their abusive behaviour online, they can still confidentially report that person to the app or game where the bullying occurred.

9. SEEK EXPERT ADVICE

Victims of online bullying frequently experience feelings of isolation and anxiety, a loss of self-esteem and potentially even thoughts of self-harm or suicide. If you think that an incident of cyber-bullying has affected your child's mental wellbeing, then seek psychological support for them. There are some useful contact details in the central panel below.

10. INVOLVE THE AUTHORITIES

If the nature of any online bullying makes you suspect that your child is genuinely in imminent physical danger – or if there are any signs whatsoever of explicit images being shared as part of the bullying – then you should gather any relevant screenshots as evidence and report the incidents to your local police force.

Meet Our Expert

Dr Claire Sutherland is an online safety consultant, educator and researcher who has developed and implemented anti-bullying and cyber safety policies for schools. She has written various academic papers and carried out research for the Australian government comparing internet use and sexting behaviour of young people in the UK, USA and Australia.



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Online
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#WakeUpWednesday



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Users of this guide do so at their own discretion. No liability is entered into. Current as of the date of release: 09.11.2022

HOLIDAY ACTIVITIES & FOOD (HAF) PROGRAMME

Just a short update on the Holiday Activities & Food (HAF) Programme as we near the school holidays. We have 78 sites across the County that are offering free activities with a meal provision for eligible families, with a varied range of activities on offer. The programme is for families in receipt of benefits-related free school meals, although we can issue a small amount of HAF codes for families meeting an additional criteria (referenced below). A maximum of 4 sessions can be redeemed at Christmas with a HAF code, with our activities generally running from Monday 19th - Thursday 22nd December.

All details and activity listings for the HAF programme can be found at <https://searchout.warwickshire.gov.uk/holidays-activities-food-haf>. If a family receives free school meals, then we have changed the processes and a brief online form needs to be completed so we have details of the young person and where to send a HAF code - a text or email is sent out following verification, with the form available on the above link. If a family has issues accessing online, then they can ring the FIS freephone number on 0800 408 1558 where we can sort this over the phone. HAF codes for families receiving free school meals now last the academic year, so we don't have to re-issue them throughout the year for Easter & Summer activities.

If the family are not eligible for free school meals, but meet the criteria referenced at <https://searchout.warwickshire.gov.uk/homepage/31/information-for-parents---haf> then a referral can be made for a HAF code. For reference this is where a family is facing a significant financial barrier and meet one of these categories:

- Children with an allocated social worker or family support worker
- Young carers
- Those with an open early help plan

This will only be for December and need to be re-issued for each activity period as we can only allocate a certain number of codes for families not in receipt of free school meals due to funding agreements. The referral form can be found at <https://forms.office.com/r/WZ6cU221iH> and we normally turn codes round on the same working day.

Currently, we have not had as large an uptake as expected for code requests and many of our providers still have availability. Please feel free to pass this onto teams/staff to signpost towards the link to request a HAF Code - <https://searchout.warwickshire.gov.uk/holidays-activities-food-haf> or for a referral where appropriate. This is a great opportunity for families to access activities, so any help would be greatly appreciated.



SIMPLE GINGERBREAD HOUSE

Bake a gingerbread house with this simple biscuit recipe & design template.

Ingredients

For the gingerbread

250g unsalted butter

200g dark muscovado sugar

7 tbsp golden syrup

600g plain flour

2 tsp bicarbonate of soda

4 tsp ground ginger

To decorate

200g flaked almonds

2 egg whites

500g icing sugar, plus extra to dust

125g mini chocolate fingers

Selection of sweets (your choice) choose your own colour theme

1 mini chocolate roll or a dipped chocolate flake

Few edible silver balls



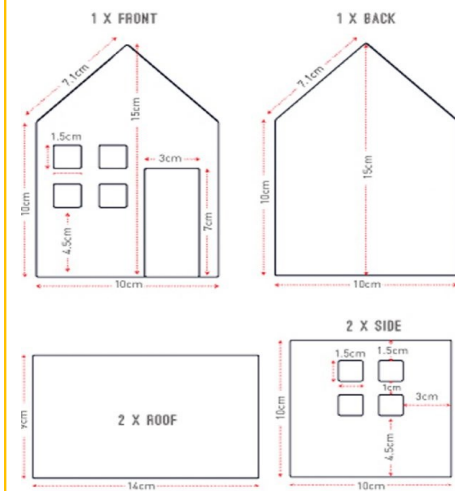
Method

- 1) Heat the oven to 200C/180C fan/gas 6. Melt the butter, sugar and syrup in a pan. Mix the flour, bicarbonate of soda and ground ginger into a large bowl, then stir in the butter mixture to make a stiff dough. If it won't quite come together, add a tiny splash of water.
- 2) Cut out the template (download from the tips below). Put a sheet of baking paper on a work surface and roll about one quarter of the dough to the thickness of two £1 coins. Cut out one of the sections, then slide the gingerbread, still on its baking paper, onto a baking sheet. Repeat with remaining dough, re-rolling the trimmings, until you have two side walls, a front and back wall and two roof panels. Any leftover dough can be cut into Christmas trees, if you like.
- 3) Pick out the most intact flaked almonds and gently poke them into the roof sections, pointy-end first, to look like roof tiles. Bake all the sections for 12 mins or until firm and just a little darker at the edges. Leave to cool for a few minutes to firm up, then trim around the templates again to give clean, sharp edges. Leave to cool completely.
- 4) Put the egg whites in a large bowl, sift in the icing sugar, then stir to make a thick, smooth icing. Spoon into a piping bag with a medium nozzle. Pipe generous snakes of icing along the wall edges, one by one, to join the walls together. Use a small bowl to support the walls from the inside, then allow to dry, ideally for a few hours.
- 5) Once dry, remove the supports and fix the roof panels on. The angle is steep so you may need to hold these on firmly for a few mins until the icing starts to dry. Dry completely, ideally overnight. To decorate, pipe a little icing along the length of 20 mini chocolate fingers and stick these lengthways onto the side walls of the house. Use three, upright, for the door.
- 6) Using the icing, stick sweets around the door and on the front of the house. To make the icicles, start with the nozzle at a 90-degree angle to the roof and squeeze out a pea-sized blob of icing. Keeping the pressure on, pull the nozzle down and then off – the icing will pull away, leaving a pointy trail. Repeat all around the front of the house. Cut the chocolate mini roll or dipped Flake on an angle, then fix with icing to make a chimney. Pipe a little icing around the top. If you've made gingerbread trees, decorate these now, too, topping each with a silver ball, if using. Dust the roof with icing sugar for a snowy effect. Lay a winding path of sweets, and fix gingerbread trees around and about using blobs of icing. *Your gingerbread house will be edible for about a week.*

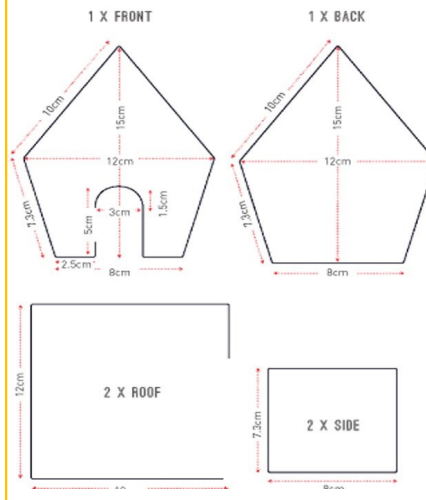
GINGERBREAD HOUSE TEMPLATES



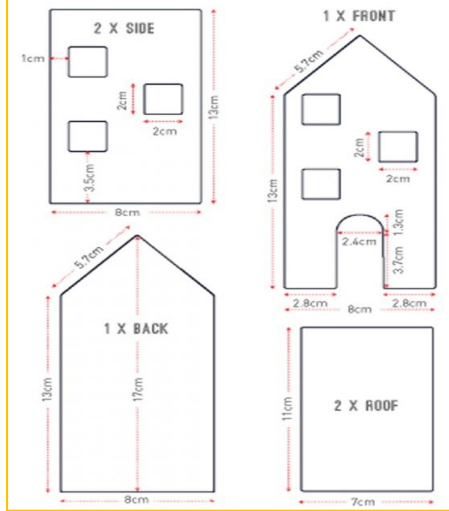
GINGER BREAD STREET 1



GINGER BREAD STREET 2



GINGER BREAD STREET 3



COVENTRY UNIVERSITY VISIT

TUESDAY 13TH DECEMBER

Eight of our year 11's attended a morning with Liam Norton at Coventry University. These are some of the photos of engagement.



A full-size ambulance for paramedic training



Discovering creative arts.



A real Harrier Jet for students studying aviation.

The Y11's found the subjects they were interested in exciting. They also looked at the photographic studio including the dark room and loaning out of equipment. Car mechanics and the building of racing cars. After Christmas visits will be made to other colleges and Universities.

VISIT TO G.E. POWER

THURSDAY 8TH DECEMBER

Five learners from year 11 and staff, visited G.E. Power.

They had a presentation and a tour of the building. A huge thank you to Millie and Alex for arranging this from G.E. Power.

The learners were able to learn about the processes and procedures carried out by the organisation and gained an understanding of the types of contracts the company undertakes.

The learners enjoyed the visit and were proud to be in part of the building where the first jet engine was made.

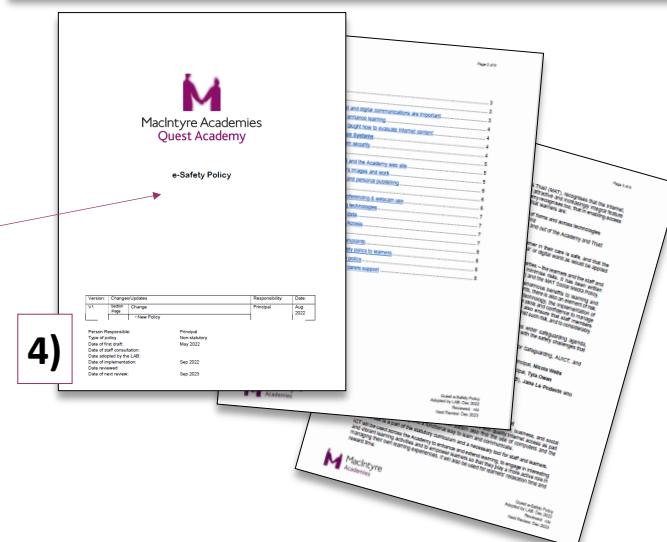
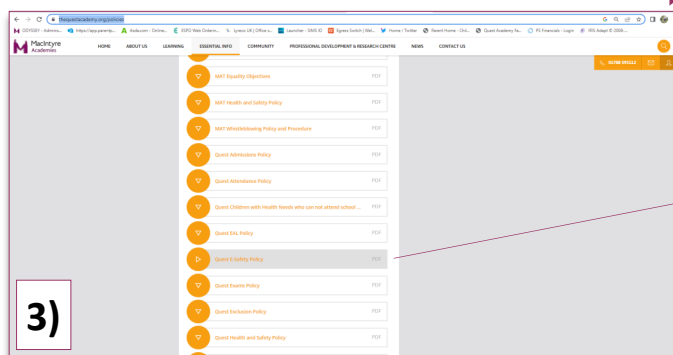
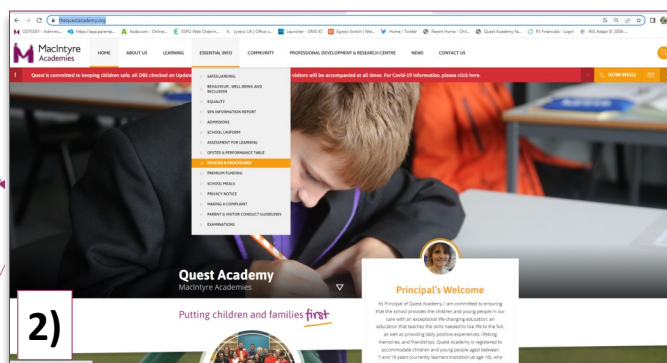
G.E Power will take work experience in June 2023 which could lead to possible apprenticeships.



POLICIES & PROCEDURES

We have recently updated our e-Safety Policy. If you would like to have a read of any our Policies and Procedures these can be found on our [Quest Academy](#) website.

Below is how to navigate our website:



Early Help Network Meeting December 2022

Christmas Holiday support and awareness Rugby EHTS

Check in and introductions.....



Welcome to the Rugby Early Help Network Meeting – Please introduce yourself using the chat function: Confirm your name, job title, the organisation you work for and tell us if you are the Grinch or an excited Elf today.....

Early Help Network Agenda

- Our EH service offer over the Christmas holiday
- Cost of living – Warm Places in Rugby
- FIS – HAF
- Foodbanks – Toy Vouchers scheme
- C&FC – Toy donations referral
- Domestic Abuse
- Change Grow Live
- Are you offering any support?
- Questions and answers

Early Help and Targeted Support – Christmas holiday opening times

- Our Early Help service will be operating the week beginning the 19th December until the 23rd December – We will close and re-open on the 29th and 30th December. We will return to normal service hours/working days from the 3rd January 2023.
- The Family Support Helpline will be operated between the hours of 9am – 4pm during the days outlined above – any safeguarding concerns which need to be reported outside of these hours will need to be escalated through the Front Door 4-5pm: 01926414144 and the Emergency Duty Team for out of working hours: 01926 9886922.
- Our Drop in Family support sessions will be provided as follows:

19th December at Boughton Leigh Children and Family Centre: 9:30am – 11:30am
20th December Longlawford Children and Families Centre: 1:30pm – 3:30pm
21st December at Claremont Children and Family Centre: 3:15pm – 5:15pm

Warm places in Rugby ...

Warm, safe places where residents can receive a friendly and inclusive welcome

Monday	Refreshments and with available Children welcome.
<p>The Church of Jesus Christ of Latter-day Saints, Oliver Street, Rugby, CV21 2LE 10am – 3pm</p> <p>St Oswald's Church, 131 Leighton Road, Rugby, CV21 2JH 10:45am – 1pm</p> <p>The Hub at Rugby Methodist Church Centre, Broadmead Road, Rugby, CV21 2TB 10am – 3pm</p> <p>The Baring How pub, Broadmead, Rugby, CV21 2JH 10am – 3pm</p> <p>Brownover Winter Family Project at Boughton Leigh Community Centre, Boughton Road, Rugby, CV21 2JH 10am – 3pm</p> <p>Harvest Fellowship, Church, 25 Albert Street, Rugby, CV21 2SD 10am – 3pm</p> <p>Rugby Library, Little Elbow Street, Rugby, CV21 2JH 10am – 3pm</p> <p>Cafe Area at the Queen's Diamond Jubilee Centre, Brade Williams Way, Rugby, CV22 2LJ 10am – 3pm</p>	<p>Tea and biscuits available.</p> <p>Tea, coffee, biscuits and cake. All ages welcome. TV, Wifi and charging.</p> <p>Hot meal and warm space. Open to children from Boughton Leigh infants & juniors, Brownover Community School and Rugby Free Primary and families.</p> <p>We cater for everyone, including the elderly. We are also a CAF job club, and will be able to help with job search issues. We provide a warm drink on sometimes warm soup and rolls. Free wifi. TV, children welcome.</p> <p>Welcoming space offering various services: www.warwickshire.gov.uk/rugbylibrary</p> <p>Warm welcome, comfortable seating, charge a phone or device. Free Wifi, hot drink.</p>

Tuesday	Refreshments and with available Children welcome.
<p>St Oswald's Church, 131 Leighton Road, Rugby, CV21 2JH 10:45am – 1pm</p> <p>The Hub at Rugby Methodist Church Centre, Broadmead Road, Rugby, CV21 2TB 10am – 3pm</p> <p>The Baring How pub, Broadmead, Rugby, CV21 2JH 10am – 3pm</p> <p>Brownover Winter Family Project at Boughton Leigh Community Centre, Boughton Road, Rugby, CV21 2JH 10am – 3pm</p> <p>Harvest Fellowship, Church, 25 Albert Street, Rugby, CV21 2SD 10am – 3pm</p> <p>Rugby Library, Little Elbow Street, Rugby, CV21 2JH 10am – 3pm</p> <p>Cafe Area at the Queen's Diamond Jubilee Centre, Brade Williams Way, Rugby, CV22 2LJ 10am – 3pm</p>	<p>Hot meal and warm space. Open to children from Boughton Leigh infants & juniors, Brownover Community School and Rugby Free Primary and families.</p> <p>We cater for everyone, including the elderly. We are also a CAF job club, and will be able to help with job search issues. We provide a warm drink on sometimes warm soup and rolls. Free wifi. TV, children welcome.</p> <p>Welcoming space offering various services: www.warwickshire.gov.uk/rugbylibrary</p> <p>Warm welcome, comfortable seating, charge a phone or device. Free Wifi, hot drink.</p> <p>A big welcome, good company, free hot drink and food.</p>

Wednesday	Refreshments and with available Children welcome.
<p>The Church of Jesus Christ of Latter-day Saints, Oliver Street, Rugby, CV21 2LE 10am – 3pm</p> <p>Refresh at Long Lawford Community Centre, School St Long Lawford, CV21 2AT 10am – 1:30pm (term-time only)</p> <p>New Bolton Community Association at Rugby Quaker House, 28 Regent Pl, Rugby, CV21 2JH 10am – 3pm</p> <p>The Hub at Rugby Methodist Church Centre, Broadmead Road, Rugby, CV21 2TB 10am – 3pm</p> <p>St Oswald's Church, 131 Leighton Road, Rugby, CV21 2JH 10:45am – 1pm</p> <p>Brownover Winter Family Project at Boughton Leigh Community Centre, Boughton Road, Rugby, CV21 2JH 10am – 3pm</p> <p>Harvest Fellowship, Church, 25 Albert Street, Rugby, CV21 2SD 10am – 3pm</p> <p>Rugby Library, Little Elbow Street, Rugby, CV21 2JH 10am – 3pm</p> <p>Cafe Area at the Queen's Diamond Jubilee Centre, Brade Williams Way, Rugby, CV22 2LJ 10am – 3pm</p>	<p>Warm space with tea and hot drink. The Hub will offer offering food and drink.</p> <p>Tea and biscuits available.</p> <p>Hot meal and warm space. Open to children from Boughton Leigh infants & juniors, Brownover Community School and Rugby Free Primary and families.</p> <p>We cater for everyone, including the elderly. We are also a CAF job club, and will be able to help with job search issues. We provide a warm drink on sometimes warm soup and rolls. Free wifi. TV, children welcome.</p> <p>Welcoming space offering various services: www.warwickshire.gov.uk/rugbylibrary</p> <p>Warm welcome, comfortable seating, charge a phone or device. Free Wifi, hot drink.</p>

Thursday	Refreshments and with available Children welcome.
<p>St Oswald's Church, 131 Leighton Road, Rugby, CV21 2JH 10:45am – 1pm</p> <p>The Hub at Rugby Methodist Church Centre, Broadmead Road, Rugby, CV21 2TB 10am – 3pm</p> <p>St Oswald's Church, 131 Leighton Road, Rugby, CV21 2JH 10:45am – 1pm</p> <p>Brownover Winter Family Project at Boughton Leigh Community Centre, Boughton Road, Rugby, CV21 2JH 10am – 3pm</p> <p>Harvest Fellowship, Church, 25 Albert Street, Rugby, CV21 2SD 10am – 3pm</p> <p>Rugby Library, Little Elbow Street, Rugby, CV21 2JH 10am – 3pm</p> <p>Cafe Area at the Queen's Diamond Jubilee Centre, Brade Williams Way, Rugby, CV22 2LJ 10am – 3pm</p>	<p>Offering coffee, natter, a warm space, and company. Until March they will be offering soup and a hot drink. They also help with PAF Unwashed Credit applications. The Hub will offer offering food and drink.</p> <p>Hot meal and warm space. Open to children from Boughton Leigh infants & juniors, Brownover Community School and Rugby Free Primary and families.</p> <p>We cater for everyone, including the elderly. We are also a CAF job club, and will be able to help with job search issues. We provide a warm drink on sometimes warm soup and rolls. Free wifi. TV, children welcome.</p> <p>Welcoming space offering various services: www.warwickshire.gov.uk/rugbylibrary</p> <p>Warm welcome, comfortable seating, charge a phone or device. Free Wifi, hot drink.</p>

Fridays	Refreshments and with available Children welcome.
<p>The Salvation Army, Newbold Road, Rugby, CV21 2JH 10am – 3pm</p> <p>Rugby Baptist Church, John Leach Way, Regent Place, Rugby, CV21 2JH 10am – 4pm, from 2 Dec</p> <p>The Hub at Rugby Methodist Church Centre, Broadmead Road, Rugby, CV21 2TB 10am – 3pm</p> <p>Brownover Winter Family Project at Boughton Leigh Community Centre, Boughton Road, Rugby, CV21 2JH 10am – 3pm</p> <p>Rugby Library, Little Elbow Street, Rugby, CV21 2JH 10am – 3pm</p> <p>Cafe Area at the Queen's Diamond Jubilee Centre, Brade Williams Way, Rugby, CV22 2LJ 10am – 3pm</p>	<p>We provide various activities, games, cards, bring your own writing or just come for company, refreshments and a light lunch.</p> <p>Free refreshments, board games, books etc. Free phone charging. Accessible toilets and warm space.</p> <p>The Hub will offer offering food and drink.</p> <p>Hot meal and warm space. Open to children from Boughton Leigh infants & juniors, Brownover Community School and Rugby Free Primary and families.</p> <p>Welcoming space offering various services: www.warwickshire.gov.uk/rugbylibrary</p> <p>Warm welcome, comfortable seating, charge a phone or device. Free Wifi, hot drink.</p>

Saturdays	Refreshments and with available Children welcome.
<p>Brownover Winter Family Project at Boughton Leigh Community Centre, Boughton Road, Rugby, CV21 2JH 10am – 4pm</p> <p>Harvest Fellowship, Church, 25 Albert Street, Rugby, CV21 2SD 10am – 12 noon</p> <p>Rugby Library, Little Elbow Street, Rugby, CV21 2JH 10am – 4pm</p> <p>Cafe Area at the Queen's Diamond Jubilee Centre, Brade Williams Way, Rugby, CV22 2LJ 10am – 4pm</p>	<p>Hot meal and warm space. Open to children from Boughton Leigh infants & juniors, Brownover Community School and Rugby Free Primary and families.</p> <p>We cater for everyone, including the elderly. We are also a CAF job club, and will be able to help with job search issues. We provide a warm drink on sometimes warm soup and rolls. Free wifi. TV, children welcome.</p> <p>Welcoming space offering various services: www.warwickshire.gov.uk/rugbylibrary</p> <p>Hot meal and warm space. Open to children from Boughton Leigh infants & juniors, Brownover Community School and Rugby Free Primary and families.</p> <p>We cater for everyone, including the elderly. We are also a CAF job club, and will be able to help with job search issues. We provide a warm drink on sometimes warm soup and rolls. Free wifi. TV, children welcome.</p> <p>Welcoming space offering various services: www.warwickshire.gov.uk/rugbylibrary</p>

FIS update and HAF Christmas activities in Rugby

- [Blue Windmill Nursery - Rugby](#)
- [Circles Network - The Penthouse, Cawston \(SEND\)](#)
- [Clubzone - Henry Hinde Junior School, Rugby](#)
- [Genius Tuition - Rugby](#)
- [Harris Church of England Academy](#)
- [KA Kits Academy - Rugby](#)
- [Knightlow Children's Partnership - KCP Nursery](#)
- [Make Lunch Rugby](#)
- [Onside Coaching East Warwickshire - Bingley Woods](#)
- [Onside Coaching East Warwickshire - Lawrence Sheriff School](#)
- [Roar! Cheer \(Impact Dance Rugby\)](#)



Latest News



FIS helpline is now a free phone number
0800 408 1558



Food bank Toy Voucher Scheme

- Families who are issued a Foodbank voucher by referring agencies during this period will be able to receive one Christmas gift voucher (of £20) per child, which can be used locally at The Entertainer toy shop.
- Eligibility for the scheme is as follows:
 - Family lives in Rugby Borough;
 - Family is in need/crisis and is issued with a Foodbank voucher by your organisation; and
 - The child(ren) are aged 11 or under and reside with the lead person receiving the foodbank voucher.
- Once the office has processed the application (checking that no other agencies has applied for the particular family), we will drop off the vouchers to your organisation for you to give to the family concerned on our behalf.
- **The closing date for referrals is Tuesday 6th December.**
- We plan to drop off the vouchers on the Friday 2nd December and Friday 9th December, to referring agencies. Please factor this into your planning to enable you to give these to families in time for Christmas.
- If you have any questions then please do not hesitate to contact us by using this dedicated email address toyproject@rugby.foodbank.org.uk



Children and Family Centre – Toy Donations

- Christmas Gifts from the Boys and Girls Scouts brigade will be delivered to C&FCs week commencing 12th Dec. We will not know what the toys are (age appropriate) that are being donated until they arrive.....
- If you have a family in mind, they just need to be registered and your team can complete a request for services form. Once this is completed, please return the forms to RugbyChildren&FamilyCentre@barnardos.org.uk

Requests for services form will be included in the email along with this PowerPoint presentation



Please see full Early Help Network Meeting Information in email.

TERM DATES FOR 2022 - 2023

AUTUMN TERM 2022

Ends	Friday 16th December 2022
Christmas holiday	Monday 19th December 2022 - Monday 2nd January 2023

SPRING TERM 2023

INSET day (no learners on site)	Tuesday 3rd January 2023
Starts	Wednesday 4th January 2023
Half term	Monday 20th - Friday 24th February 2023
Trust INSET (no learners on site)	Friday 10th March 2023
Ends	Friday 31st March 2023
Spring (Easter) holiday	Monday 3rd - Friday 14th April 2023

SUMMER TERM 2023

Starts	Monday 17th April 2023
Bank Holiday	Monday 1st May 2023
Bank Holiday (Kings Coronation)	Monday 8th May 2023
Half term	Monday 29th - Friday 2nd June 2023
INSET day (no learners on site)	Monday 10th July 2023
INSET day (no learners on site)	Tuesday 11th July 2023
Ends	Friday 28th July 2023

Quest Contact details:

Quest Academy
Anderson Avenue
Rugby
Warwickshire
CV22 5PE

E: quest.office@macintyreacademies.org

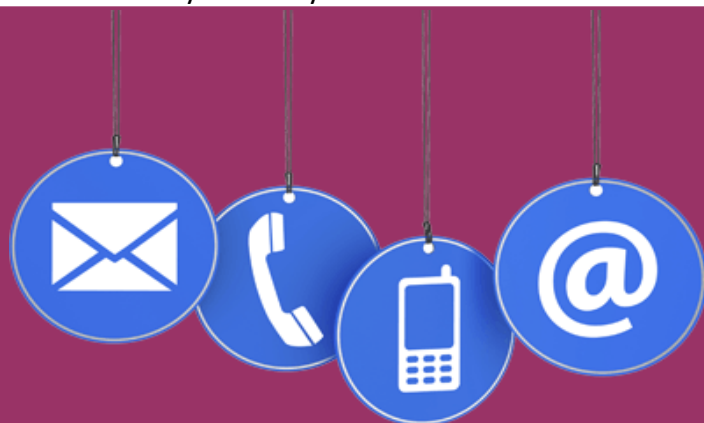
T: 01788 593 112

How to contact members of staff:

Please contact Reception if you would like to speak with a member of staff. You will either be transferred or reception will email the member of staff to let them know that you have called.

Reporting pupil absence and lateness:

If your child is absent for more than 7 days you will need to provide a doctors certificate. If we do not receive a doctors note and have not seen your child we will have no alternative but to refer the matter to the Safeguarding Board in line with our safeguarding procedures.



Please can we remind parent/carers to call school on **01788 593 112**, before 9am if your child may be late or is unwell.

You will also need to contact the taxi company to let them know.



Families First
Quality Award

Putting children and families first

