



MacIntyre Academies
Quest Academy

NOVEMBER 2020 EDITION 1 NEWSLETTER



“Quote of the week”

“To learn to read is to light a fire; every syllable that is spelled out is a spark.”

Victor Hugo

WELCOME



Dear Parents/Carers,

I hope that you and your families are well and that the October half term break has been enjoyable, despite the autumnal weather. It was wonderful to welcome back learners on Wednesday, they have come back refreshed and have settled back into school life and learning.

Just before the half term, as part of Black History Month, members from the “Equality Champions” team made a video using puppets to help raise awareness about diversity and the importance of showing respect to everyone. Well done to all of those involved in the creation of the video.

As you are aware the Government/DfE are expecting all schools to remain open. However, I need to make you aware that there are some discussions around students of secondary age receiving fortnightly lessons in schools with an increase in virtual learning. Whilst we have no plans to take this approach (unless directed to do so or as a result of issues related to significant staff absence), it is something that I need to be make you aware of. We know how quickly guidance (and circumstances) change, and I know you will appreciate that we are not in control of the influencing factors that lead us to make some very difficult decisions from time to time. Be assured, the community’s safety and education of our learners is our uppermost concern and priority.

In line with latest guidance we have updated our COVID 19 risk assessment which can be found on our website. We continually review our practice and the effectiveness of our plan to ensure it meets our community’s needs and also our responsibility to ensure compliance. We are very lucky that we can operate within very small bubbles compared to other schools, with some neighbouring schools consisting of over 300 students and staff in one bubble.

Recent Government guidance regarding the wearing of face masks for staff and learners in Y7 and above whilst moving round school corridors and enclosed spaces, apart from classrooms, does not apply to Quest at this stage. We are waiting for updated guidance from the DfE that applies to our setting and we will of course let you know should your learner be required to wear a mask. In the meantime, if staff or learners would like to wear a face mask they are free to do so.

As we are no longer permitted to travel, unless for education or work, activities will now have to remain on site. Once again, we are fortunate that our grounds and facilities provide lots of opportunities and I’m certain that we will continue to deliver popular activities and use our creativity to provide exciting new experiences too. Unfortunately, due to delays beyond our control it was not possible for our new outdoor learning land-based classroom to be constructed over half term. Fortunately, the two new polytunnels frames were constructed but these will not be ready to be used by all learners straight away. A huge thank you to Adam in Y11 who has calculated all the measurements for the beds, soil and bark.

We are also waiting for the chicken, duck, quail and rabbits houses to arrive. Once they have been delivered we will be then able to purchase the livestock.

Once again thank you for your ongoing support. Please do not hesitate to contact us if you have any concerns.

Kind Regards, *Nicola Wells.*

BE BRIGHT & BE SEEN

this winter



Now that the clocks have gone back and it's getting darker earlier on, it's more important than ever to make sure you can be seen when you're out and about near roads.

There are loads of ways to be seen and stay safer - so check over the page for some top tips!

5 top tips on how to BE BRIGHT & BE SEEN

- 1** Brightly coloured or fluorescent clothing shows up well in daylight and at dusk when you're heading to and from school.
- 2** If you're out and about when it's dark, wear reflective gear to make sure you can be seen in car headlights. Reflective vests, sashes or wristbands work well. Remember, fluorescent clothing doesn't work after dark!
- 3** Don't forget to accessorise! Even small items such as clip-on reflectors, armbands and stickers on your outfit or school bag are a great way to improve your visibility.
- 4** If you like to cycle, remember that it's the law to have clean and working lights at night (white at the front, red at the back), as well as a rear reflector. It's good to fit spoke reflectors too.
- 5** Of course, 'Being Bright' isn't the only way to stay safer. If you're out at night, choose routes and crossing places that are well lit and remember to always use the Green Cross Code.

For more road safety tips, games and videos, visit the Tales of the Road website at www.direct.gov.uk/talesoftheroad

Be Bright,
Be Seen

THINK

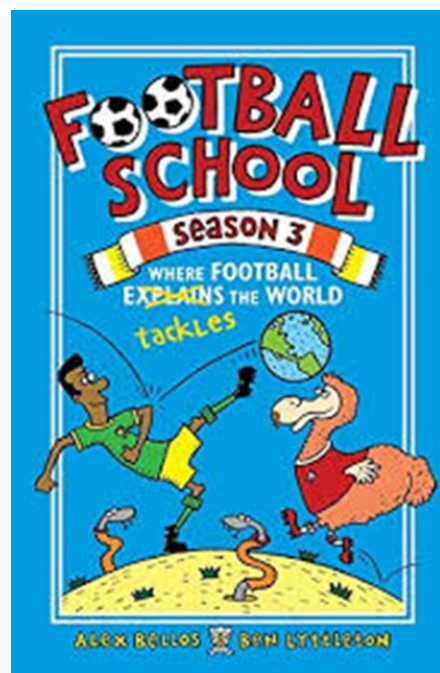
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Book of the Week

Football School Season 3: Where Football explains the World

by Alex Bellos and Ben Lyttleton.

Have you ever wondered how your height and your foot size affect how you play football? What about who the first ever football club was? Or exactly how league tables are calculated? Step into Football School and learn about the world through the eyes of football fanatics Alex and Ben. Each chapter is a different 'lesson' covering a different subject, each with a football inspired twist or from a football-related viewpoint. Fun and fact-filled, the book is packed with true stories, real science and crazy facts from zoology to technology, physics to fashion and everything in between.



EXAM UPDATE: STUDENTS TO BE GIVEN MORE TIME TO PREPARE FOR 2021 EXAMS



The government announced on 12th October that 2021 exams will go ahead next summer, underpinned by contingencies for all possible scenarios - <https://www.gov.uk/government/news/students-to-be-given-more-time-to-prepare-for-2021-exams>

Students now have more time to prepare for their exams next year, as most AS, A levels and GCSEs will be held 3 weeks later to help address the disruption caused by the pandemic.

The Prime Minister and Education Secretary are clear that exams will go ahead, as they are the fairest and most accurate way to measure a pupil's attainment.

On Monday 12th October, the government announced the summer exam series will start on **7th June and end on 2nd July** for almost all AS and A levels and GCSEs. Results days are Tuesday 24th August for A and AS levels and **Friday 27th August for GCSEs** so students will start the following academic year as normal. The government continues to prioritise children's education in its response to the pandemic, building on the remarkable efforts of teachers, students and parents in keeping pupils learning at school and at home. Education Secretary Gavin Williamson said:

- Fairness to pupils is my priority, and will continue to be at the forefront of every decision we take in the lead up to exams next summer. Exams are the fairest way of judging a student's performance so they will go ahead, underpinned by contingency measures developed in partnership with the sector.
- Students have experienced considerable disruption and it's right we give them, and their teachers, the certainty that exams will go ahead and more time to prepare.
- Combined with our £1 billion catch-up programme and the changes proposed by Ofqual to free up teaching time, the changes I am announcing today give young people the best chance of being ready for their exams without undermining the value of the qualifications they receive.
- I will continue to work closely with stakeholders and I'm grateful for the commitment and willingness that's been shown in delivering this additional time to ensure young people have the best opportunity to succeed.

Schools and colleges have shown exams can be held, even in areas of local restriction. The autumn exam series - involving more than 20,000 entries - is already underway.

Given rising case numbers and the battle to suppress the virus, it is also right that there is consideration of the range of scenarios which might impact students' ability to sit exams and develop contingency plans.

The [Education Secretary has today written to Ofqual](#) to ask the regulator to work closely with him, school and further education leaders, exam boards, unions and the higher education sector to develop these arrangements.

The government will engage widely with the sector over the next 6 weeks to identify any risks to exams at a national, local, and individual student level, and consider measures needed to address any potential disruption. This could be a student unable to sit exams due to illness or self-isolation, or schools affected by a local outbreak during the examination season meaning centres cannot open. More detail will be published later in the autumn, to ensure students have confidence that they will be fairly treated in terms of assessment in 2021.

One maths and one English GCSE exam will be held just before the May half-term, giving any year 11 pupils who are affected by COVID-19 the best possible chance of still sitting a paper in each of these core subjects.

The government is also confirming today that no further subject-level changes to exams and assessments will be made for GCSEs, AS and A levels. The changes outlined by Ofqual are designed to release time for teaching and to take account of public health considerations. This confirmation gives teachers, school leaders and pupils clarity on what will be assessed in exams next summer. This follows a public consultation carried out by the exams' regulator, Ofqual, earlier this year. Ofqual has also consulted on how assessments of vocational and technical qualifications will be adapted to free up teaching time and respond to any future public health measures. It is expected that for the majority of vocational and technical qualifications that are taken alongside or instead of GCSEs, AS and A levels, awarding organisations will look to align timetables with 2021 exams.



Laura-Jane Boshell,
Office Manager and Exams Officer.

TOPIC: ANCIENT GREEKS

Class: JK Rowling
have been studying
the Ancient Greeks
as part of Topic.

Check out Suni and
Elliot posing in their
amazing armour!



We have water coolers installed into each of our classrooms and ask that each pupil bring in their own 'named' plastic water bottle to replenish through the day.



CONGRATULATIONS TO ALL OUR LEARNERS WHO HAVE ACHIEVED 100% ATTENDANCE YEAR TO DATE 01.10.20 – 16.10.20

POSTCARDS ARE ON THE WAY!

Benjamin A

Tyler A

Jacob B

Jamie B

Harvey C

Zakk CJ

Jacob C

Rory D

Joseph E

Callum G

Adam H

Saffron H

Jack J

Owain L

Marley M

Harvey MW

Ruby M

Billy M

Evan N

Toby O

Luke P

Callum R

Nathan S

Benjamin T

Andrew V

Declan W

Damian W

Summer W

Skye W

Suni W

ANTI-BULLYING WEEK 2020: UNITED AGAINST BULLYING

The theme for Anti-Bullying Week 2020 is: United Against Bullying. Anti-Bullying Week will happen from Monday 16th - Friday 20th November and will start with Odd Socks Day to mark the first day of Anti-Bullying Week.

Learners will take part in a range of activities to help them understand the impact bullying can have and how making small changes can make a big difference .



BBC

Children in Need

Save the date! The 2020 Appeal Show is happening on the **Friday 13th November**.

We would like to invite staff and pupils to wear yellow to celebrate the event.



WEDNESDAY 16TH DECEMBER

Christmas Menu

Served with
Crispy
Criss Cringle
Potatoes
Rudolf's Carrots
and Red Pepper
Sticks
(v) Homemade
Chocolate
Cracknel Bauble
Radnor Juice
Carton



Pigs in Blankets Hot Dog
or

(v) **Best of British Quorn Vegan
Sausage with Stuffing Hot Dog**
Ketchup or Cranberry Sauce



Season's Greetings
from The Nutrigang
and everyone at
Educaterers Ltd.

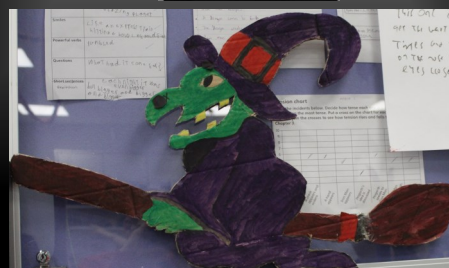
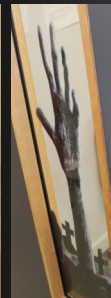
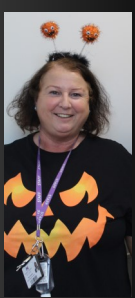
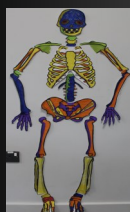
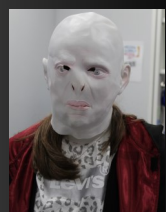
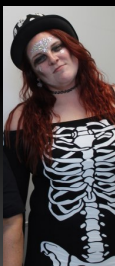
HALLOWEEN FUN AT QUEST

As part of Adventure, Community and Enterprise, Year 9 learners Kieran and Declan have been building skills related to news gathering to help out with the school current affairs programme.

On the last day of term they used their photography skills to capture all of the spooky goings-on around Quest!

Sam Rouse

Subject Lead Media & Computing





'TRIPLE P'

(Positive Parenting Programme)

A FREE parenting course for parents & carers of children aged 2 to 12 years.



- Online via Microsoft Teams.
- Group sessions are in term-time, and within school hours.
- Thursday mornings, 10am til 12pm.
- Starts 26th November 2020.

Find out new ways to enjoy time with your child, build on your relationships, and tackle the challenges. Learn effective ways to support your child's behaviour.



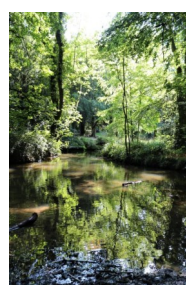
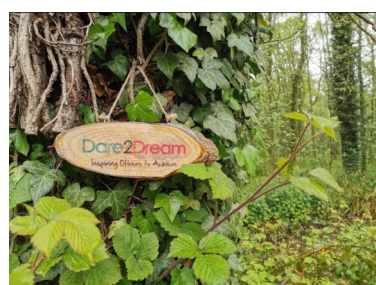
Places are a limited and registration is online. Search for 'Eventbrite Warwickshire Families,' or visit <https://www.eventbrite.co.uk/e/group-0-12-years-triple-p-online-parenting-programme-tickets-126958475217> or scan this QR code:



I would just like to pass on my congratulations to Harvey MW. and Kian G. for achieving certificates from Dare2Dream, confirming they have achieved a City and Guilds Level 1 in Land Based Operations.

Laura-Jane Boshell

Office Manager
and Exams Officer.



Primary Mental Health Team Consultations and Parent Information Sessions

Parent 1:1 Consultations

Are you a parent or carer of a child/young person living in Warwickshire? Would you like the opportunity to speak in confidence with one of our Primary Mental Health Practitioners about your child/young person?

We offer one-off 45min 1:1 consultations where you are able to discuss your child/young person's current difficulties with a professional!

We use a solution-focussed framework to explore strategies and ways to help you better support them.

You will be asked to complete the Dimensions tool and forward to us prior to your attendance.



You are welcome to book onto ONE consultation and booking is ESSENTIAL! Please email risecommunityoffer@covwarkpt.nhs.uk or call 07917 504682 to book your time slot. Please **DO NOT** call the Rise Navigation Hub. These consultations are for parents/carers **ONLY**. Please **DO NOT** bring children to the appointment.

We also offer **FREE** Parent Information Sessions, during the current restrictions these will be delivered via the online platform ZOOM. At these sessions you will have the opportunity to meet other parents and learn about common emotional wellbeing concerns in children/young people and find out what you can do to help!

Parent Information Sessions are structured sessions on a particular topic.

TOPIC	DATES AND TIMES
<p>Understanding and supporting children aged 3-11 years with Anxiety</p> <p>You will learn about anxiety and how we can help our children manage their worries. You will learn to identify the signs and symptoms of anxiety and how it might present in children of different ages.</p> <p>You will learn to differentiate between the usual stresses of childhood and anxiety that may be more problematic for your child.</p> <p>You will learn practical strategies and techniques you can do at home to support your child when they are feeling anxious. You will also find out where you can access local support if you are worried about your child's emotional wellbeing.</p>	<p>20th January 2021 @ 10am – 11.30am</p> <p>17th March 2021 @ 1pm – 2.30pm</p>
<p>Understanding and supporting children aged 12+ with Anxiety</p> <p>Similar to the above topic, you will learn about anxiety in relation to young people aged 12+ years.</p> <p>You will learn some new strategies to support a young person within this age group.</p> <p>You will also find out where you can access local support if you are worried about your child's emotional wellbeing.</p>	<p>20th January 2021 @ 1pm – 2.30pm</p>
<p>Understanding Sensory Needs in school aged children</p> <p>You will learn about sensory processing in children/young people and gain an understanding of how it affects them in their day to day life.</p> <p>You will learn about your child's sensory needs and how you can support them to better manage their anxiety, low mood and other common mental health difficulties. You will learn practical strategies and techniques to try at home to manage your child/young person's sensory needs and will also find out where you can access local support if you are worried about your child's emotional wellbeing.</p>	<p>12th October 2020 @ 10am – 11.30am</p> <p>7th November 2020 @ 10am – 11.30am (Saturday)</p> <p>21st January 2021 @ 6pm – 7.30pm</p> <p>18th June 2021 @ 10am – 11.30am</p>

TOPIC	DATES AND TIMES
<p>Understanding and supporting healthy Emotional Development in children aged 3-11 years</p> <p>You will learn about healthy emotional development in childhood and understand what healthy emotional development looks like at different ages.</p> <p>You will learn about the challenges children and parents face at different ages and what you can do to help.</p> <p>You will learn practical strategies and techniques that may be helpful to support your child's emotional development and you will also find out where you can access local support if you are worried about your child's emotional wellbeing.</p>	<p>12th January 2021 @ 1pm – 2.30pm</p> <p>9th March 2021 @ 1pm – 2.30pm</p>
<p>Understanding and supporting young people aged 12-18 years who Self-harm</p> <p>You will learn about self-harm, what it is and how you can help your child/young person?</p> <p>You will learn about some of the reasons young people self-harm and what can maintain this behaviour.</p> <p>You will learn practical strategies and techniques that may be helpful for a child/young person who is self-harming. You will also find out where you can access local support if you are worried about your child's emotional wellbeing.</p>	<p>21st October 2020 @ 11am – 12.30pm</p> <p>1st March 2021 @ 10am – 11.30am</p>

<p>Understanding and managing Challenging Behaviours in children aged 4-11 years</p> <p>You will learn about social learning theory and why some children may develop difficult or challenging behaviours.</p> <p>You will have a greater understanding of some possible underlying causes of these behaviours.</p> <p>You will learn practical strategies and techniques that may be helpful to manage your child's difficult behaviours at home. You will also find out where you can access local support if you are worried about your child's emotional wellbeing.</p>	<p>20th October 2020 @ 6pm – 7.30pm</p> <p>28th November 2020 @ 10am – 11.30 (Saturday)</p>
<p>Understanding and managing Challenging Behaviours in children aged 12+ years</p> <p>You will learn about social learning theory and why some children may develop difficult or challenging behaviours.</p> <p>You will have a greater understanding of some possible underlying causes of these behaviours.</p> <p>You will learn practical strategies and techniques that may be helpful to manage your child's difficult behaviours at home. You will also find out where you can access local support if you are worried about your child's emotional wellbeing.</p>	<p>16th December 2020 @ 1pm – 2.30pm</p> <p>9th February 2021 @ 1pm – 2.30pm</p> <p>3rd May 2021 @ 10am -11.30am</p>

TOPIC	DATES AND TIMES
<p>Understanding and supporting children and young people with School Refusal</p> <p>You will gain an understanding of what school refusal is, who it affects and why. You will learn practical strategies and techniques you can do at home to support your child who may be refusing to attend school. You will learn about developing an action plan to support your child to improve school attendance.</p> <p>You will also find out where you can access local support if you are worried about your child's emotional wellbeing.</p>	<p>11th November 2020 @ 10am – 11.30am</p>
<p>Understanding and Supporting children back to school with anxiety following COVID-19</p> <p>To understand the complexities of returning back to school following COVID 19.</p> <p>To understand different types of anxiety such as generalised anxiety, separation anxiety and panic.</p> <p>To explore the symptoms of the different types of anxiety-what do they look like? What are the warning signs?</p> <p>To explore risk and protective factors which may impact upon anxiety and low mood.</p> <p>To introduce a cognitive behavioural model of how anxiety difficulties may be maintained over time.</p> <p>To introduce strategies that can be used to support a child or adolescent with anxiety.</p> <p>To understand when & how to access specialist services in relation to anxiety.</p>	<p>14th November 2020 @ 10am – 11.30am (Saturday)</p> <p>25th November 2020 @ 6pm -7.30 pm</p>
<p>Understanding Self-Esteem in children and young people</p> <p>To understand the definition of self-esteem and development of self-esteem in childhood.</p> <p>To identify and understand what healthy and low self-esteem might look like in a child or young person.</p> <p>To consider and understand the link between self-esteem and mental health.</p> <p>To explore the risk and protective factors which may impact upon anxiety and low mood.</p> <p>To introduce strategies that can be used to support a child or adolescent experiencing and low self-esteem.</p> <p>To understand when & how to access specialist services in relation to self-esteem.</p>	<p>21st November 2020 @ 10am – 11.30am (Saturday)</p> <p>9th December 2020 @ 6pm – 7.30pm</p> <p>12th May 2021 @ 1pm – 2.30pm</p>

TOPIC	DATES AND TIMES
<p>Understanding and supporting Siblings</p> <p>You will understand how siblings can be affected by the difficulties of their sibling. You will learn strategies and techniques to support siblings to better understand each other and support each other in the home environment.</p> <p>You will also find out where you can access local support if you are worried about your child's emotional wellbeing.</p>	<p>27th January 2021 @ 10am – 11.30am</p>

Please note these sessions are for **parents/ carers ONLY** and **booking is ESSENTIAL**

Please do **NOT** bring children to these sessions

Please email risecommunityoffer@covwarkpt.nhs.uk or call 07917 504682 to book your place

Please **DO NOT** call the Rise Navigation Hub



QUEST TERM DATES FOR 2020 - 21:

AUTUMN TERM 2020	
INSET day (no learners on site)	Tuesday 1st September 2020
Starts	Wednesday 2nd September 2020
Half term	Monday 26th October 2020 - Tuesday 3rd November 2020
Ends	Friday 18th December 2020
Christmas holiday	Monday 21st December 2019 - Monday 4th January 2020
SPRING TERM 2021	
INSET day (no learners on site)	Monday 4th January 2021
Starts	Tuesday 5th January 2021
Half term	Monday 15th February 2021 - Friday 19th February 2021
Trust INSET (no learners on site)	Friday 5th March 2021
INSET day (no learners on site)	Monday 8th March 2021
INSET day (no learners on site)	Tuesday 9th March 2021
Ends	Thursday 1st April 2021
Spring (Easter) holiday	Friday 2nd April 2021 - Friday 16th April 2021
SUMMER TERM 2021	
Starts	Monday 19th April 2021
Bank Holiday	Monday 3rd May 2021
Half term	Monday 31st May 2021 - Friday 4th June 2021
Ends	Friday 23rd July 2021

UNIFORM EXPECTATIONS

As you are aware from previous newsletters, as a school we feel that it is important for all learners to wear the correct uniform. We understand that learners can grow out of their uniform very quickly. We would

appreciate it if you have any spare uniform if you can send it to school.

To ensure that all learners are in the correct uniform, including PE kit,

please contact Webb Ellis to purchase new uniform. You

can call and order over the telephone on **01788 567 777**,

email directly

Christine@webb-ellis.co.uk or visit

their site <http://www.webb-ellis.co.uk/schools/>



SAFEGUARDING & FAMILY FOOTINGS TEAM



- **Daisy** is responsible for lower school families and is available on;
daisy.howden@macintyreacademies.org Work mobile 07504001918



- **Joan** is responsible for upper school families and is available on;
Joan.goodrich@macintyreacademies.org Work mobile 07377990796



- If you have any higher level Safeguarding concerns or questions please contact
Anna on anna.stelfox@macintyreacademies.org Work mobile 07377990797.

We are available to help families with things like accessing family support, Early Help, Child In Need Meetings, Child Protection Meetings, taxi queries, support working with other professionals such as CAMHS, general safeguarding questions and much more.

Quest Contact details:

Quest Academy
Anderson Avenue
Rugby
Warwickshire
CV22 5PE

E: quest.office@macintyreacademies.org

T: 01788 593 112

How to contact members of staff:

Please contact Reception if you would like to speak with a member of staff. You will either be transferred or reception will email the member of staff to let them know that you have called.

Reporting pupil absence and lateness:

If your child is absent for more than 7 days you will need to provide a doctors certificate. If we do not receive a doctors note and have not seen your child we will have no alternative but to refer the matter to the Safeguarding Board in line with our safeguarding procedures.

Please can we remind parent/carers to call school on **01788 593 112**, before 9am if your child may be late or is unwell.

You will also need to contact the taxi company to let them know.

