

### **JANUARY 2019 EDITION 2: NEWSLETTER**











"The beautiful thing about learning is nobody can take it away from you."

B. B. King

# WELCOME



Dear Parents/Carers,

I have been very impressed with the attitude of the pupils since they came back after Xmas and the quality of work that they have produced in all of their lessons.

To support the transition of pupils in September we will be welcoming some new pupils in March. If there are any changes to your child's class you will be informed by your child's class teacher next week.

Jo Godding, the school's Business Manager, recently attended a buildings meeting at our new site this week. All the blockwork for the group rooms have been completed and the stud walls for the classrooms are going up. When the site is in a suitably safe state we will invite you to have a look round.

I would also like to take this opportunity to remind you that whilst we offer pupils a free breakfast, a break time snack and a fruit pack for classrooms in the afternoon, we are unable to provide free food to pupils at other times. Therefore, if you know that you child gets particularly hungry please can you ensure that they bring additional healthy snacks into school.

Finally, thank you to parents/carers who ensure that their child wears the correct uniform. It is important for all pupils to wear the correct uniform as it makes them feel part of Quest and helps to prepare them for the expectations around dress code when they leave the school and enter the world of work.

Thank you for your continues support.

Kind regards, Nicola

## 1 Book of the Week 11

The *Divergent* trilogy is a series of young adult science fiction adventure novels by American novelist Veronica Roth set in a post-apocalyptic dystopian Chicago. The trilogy consists of *Divergent* (2011), *Insurgent* (2012) and *Allegiant* (2013). A related book, *Four* (2014), presents a series of short stories told from the perspective of one of the trilogy's characters. And a newly added short, *We Can Be Mended* (2018), serves as an epilogue five years after the events of the trilogy from the perspective of the same character as the previous add on.

The society of the trilogy defines its citizens by their social and personality-related affiliation with five different factions, which removes the threat of anyone exercising independent will and threatening the population's safety. Beatrice Prior, who later changes her name to Tris, an Abnegation-born and Dauntless transfer, must figure out her life as a Divergent, while concealing her true nature, and living with the danger of being killed if it is discovered by the Erudite and Dauntless leaders.

Spring 1							
Weeks	Form Time Focus						
	Help Scripts	Core British Value	School Impact Objectives				
3/4	Mistakes are ok. Personal space.	Rule of Law	- I understand that the school rules are used to mirror society laws and must be respected - I recognise that there will be consequences for my actions				

## MISTAKES ARE OK

The purpose of this target is to help pupils realise that it is alright to make mistakes. Pupils with ASD and SEMH often have had a history of failure and bad experiences. We need to support them to understand that everyone makes mistakes and that it is alright to review work and make corrections.



#### **Suggested Script**

- It is ok to make mistakes, we learn best when we make a mistake
- Oh look, I wrote that by mistake. Never mind, we all make mistakes.

#### **Hints and Tips**

- Give pupils time and space to put things right
- Reassure pupils that work does not have to be perfect first time

## PERSONAL SPACE

The target is to support pupils' understanding of personal space and how to manage this in social situations.

#### **Facts**

- Individuals often misjudge others' personal space and or find it difficult to resist touching others.
- They may show sensory seeking behaviour and want to touch or fiddle with others clothing or hair etc.

#### **Suggested Script**

- I can see that you are quite close to X. Remember 'personal space'.
- It is not ok to touch X. Remember 'personal space'

#### **Hints and Tips**

- When you see pupil misjudging personal space prompt them to check their distance and remind them that it can make others feel uncomfortable if people are too close.
- Be aware of the classroom seating plan so that pupils are not squashed up together or that those with difficulties with sensory seeking behaviour are not too close to those who are worried about personal space
- Model how to ask others to move away so that pupils can understand how to ask people to move away



## **QUEST ACADEMY, RUGBY**

We asked BAM (the building contractors) some on the spot questions about the new site, here are the answers?

- 1) How many doors? 155 door openings.
- 2) How big is the playground? See drawing below.
- 3) How many windows will it have? 145 panes of glass to the external.
- 4) Will there be any grass? Yes, see drawing below.
- 5) How long will it take to paint? Very approx. 250 hrs



## MEALS, SNACKS & DRINKS



At Quest we offer a free healthy breakfast and healthy snacks at break times (we have some lovely donations from FareShare), we also encourage pupils to drink water.

We have water coolers installed into each of our classrooms!





- Payment for hot lunches need to be made in advance via ParentPay. A school meal costs £2.45 per day (£12.25 per week). Your account needs to be in credit at all times. If you have not paid for a meal in advance your child will need to bring in a packed lunch. If you haven't currently got a ParentPay account please contact the School Office on 01788 593 112.
- If your child is eligible for Free School Meals (FSM) please apply via the online application form using this link <a href="www.warwickshire.gov.uk/freeschoolmeals">www.warwickshire.gov.uk/freeschoolmeals</a> (for pupils currently on our FSM list you do not need to reapply new pupils will need to let Warwickshire Council know they have transferred).
- If your child does not want a hot lunch they may bring in a packed lunch.
- Fizzy drinks and sweets **are not allowed** in school. On special occasions Quest may buy sweets/ ice-cream for the pupils. Please also note we are a nut free school.
- We have our lunch delivered by a company called Educaterers, we have already
  provided families with the three week dinner menu. If there is a day where your child
  does not like anything then they will need to bring in a packed lunch. (if you would like
  these menus emailing again please let the School Office know).

## **ELECTRONIC DEVICES, IPADS & PHONES**

On arrival to school pupils will be asked to hand over their electronic devices to a



Compassionate Schools Coach in the canteen area. Their phone will be placed in a sealed, named envelope, and placed in a locked cupboard during the day. Phones will then be returned to the pupils at the end of the day. If parents/carers need to pass an urgent message to their child then they can do this via our main office school number.

\*The school will not take responsibility for any damage or loss of any electronic devices brought into school.

## **UNIFORM**

If you would like to purchase new uniform, we have a limited stock of polo shirts, jumpers and blazers available in school. Please see stock level and prices below.

If we don't have the size or you require PE uniform, these can be ordered directly from Webb Ellis in Rugby. You can call and order over the telephone on **01788 567777** or email directly Christine@webb-ellis.co.uk.

Blazer Size	Quantity In Stock at Quest	Price
28" / 6	1	£34.99
30" / 8	1	£34.99
32" / 10	1	£34.99
34" / 12	1	£34.99
36" / 14	3	£34.99
38" / 16	2	£36.99
40" / 18	2	£36.99

V-Neck Jumper Size	Quantity In Stock at Quest	Price
30" / 76cm	1	£19.99
40" / 102cm	1	£21.99
42" / 107cm	2	£21.99

Polo Shirt Size	Quantity In Stock at Quest	Price
9 - 10 Years	2	£11.99
11 - 12 Years	1	£12.99
S	3	£13.99
XL	4	£13.99



## **UNIFORM DAY EVERY FRIDAY!**

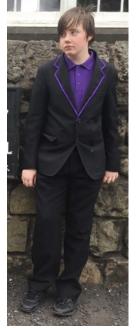
#### Compulsory uniform:

- Purple polo shirt with white Quest logo
- Black V-neck jumper or blazer (one or both)
- ♦ Standard **black** school trousers
- Black school shoes, or completely black trainers (no logos or entirely black logos)

PE hoodies are to be worn only for sports based activities and not as part of daily uniform.







## THE START OF OUR NEW QUEST, BY ADAM G. YEAR 9

Our new Quest Academy in Rugby should be finished and ready for all of our students by September 2019!



The school is being built by a company called BAM, they are a UK based company that have been building since 1874, and have built many different places from university buildings to museums. One iconic building that they have produced is the Arena, Birmingham, this is apart of the NEC Group (pictured left).

Adam: 'In my opinion, I feel neon lights would accentuate our school because it will grab

peoples attention, meaning they will want to visit Quest Academy.'

I have a number of questions that I would like the opportunity to ask BAM:

- \* How much money is this the building costing?
- \* Will there be a set menu?
- \* Will the kitchen be bigger than the Nuneaton kitchen?

## **WORLD BOOK DAY**

We're holding our own Comic-Con event on World Book Day at Quest Academy on Thursday 7th March. We have a chosen a theme of Comic-Con but your child may dress up as any character from any book – if it's Marvel or





DC related even better. Of course, your child could always dress up as a character from the Beano or any other comic.

During the day, there will be Comic-Con themed activities, assemblies and lessons. Each pupil will also receive a book token.

Ka-BOOM!

Nigel Ellis

English Lead and Year 11 Tutor



## CHILDRENS MENTAL HEALTH WEEK 4 - 10<sup>TH</sup> FEBRUARY



#### Dear Parents and Carers,

#### This week (4-10 February 2019) is Children's Mental Health Week.

The Week was set up by the children's mental health charity Place2Be to shine a spotlight on the importance of children and young people's mental health. This year's theme is Healthy: Inside and Out – we're encouraging everyone to think about how they look after their bodies and minds.

#### What's it all about?

When we think about healthy living, we tend to focus on looking after our bodies – our physical wellbeing – through food, being active and getting enough sleep.

However, in order to be healthy overall, it's important that we look after our minds – our mental wellbeing – too. We know from our work in schools that children in every class have diagnosable mental health conditions and many more struggle with challenges from bullying to be reavement.

Our bodies and minds are actually very closely linked, so things that we do to improve our physical wellbeing can help our mental wellbeing as well. When we take steps to be **Healthy: Inside and Out**, it helps us to feel better in ourselves, focus on what we want to do and deal with difficult times.

As parents and carers, you play a very important role in your child's health. Here are a few simple ways you can encourage them to look after their body and mind:

- Chat with your child about what you do to look after your body and mind, from walking the dog to turning your phone off before bed. Sharing the steps you've taken to stay healthy can set a good example for them – but don't be afraid to admit it if you've struggled! It's important for children to keep trying, even when things are difficult.
- Praise your child and other family members for what they do to look after their body and mind – even if it's small. If your child sees healthy living in a positive light, they're more likely to carry on doing these things throughout life.
- Remind them that there's no such thing as a perfect body or mind and no one is perfectly healthy! Your child might be tempted to compare themselves to other children, especially on social media, but it's important to remember that everyone's bodies and minds are different and that's something to celebrate.
- Do something regularly with your child to be Healthy: Inside and Out. Family life can be very busy and stressful at times. Cooking a meal, sitting down for a family dinner, or going for a walk together can be a great way to stay connected and have fun.

**Don't forget,** if you're worried about your child, you can talk to your GP or someone at your child's school. You can also find a list of organisations that provide support and advice for parents on our website <a href="https://www.place2be.org.uk/usefulcontacts">www.place2be.org.uk/usefulcontacts</a>

Visit <u>www.ChildrensMentalHealthWeek.org.uk</u> to find out how you can get involved and support Place2Be's vital work.

## **SAFER INTERNET DAY - 5<sup>TH</sup> FEBRUARY**

At Quest we support Safer Internet Day - 5<sup>th</sup> February, why not try some of these with your children.....

#### **#SaferInternetDay2019 #OurInternetOurChoice**



Our internet, our choice - Understanding consent in a digital world

Fun Things To Do (with younger children)

The activities below provide suggestions of fun and engaging activities that you can do with younger children to help them think about being safe and positive online:

#### Smartie the Penguin (Ages 3-7)

Childnet's Smartie the Penguin story highlights the importance of always telling a trusted adult if you are unsure about something online or when using technology.

The story can be downloaded/read for free and there are also free colouring pages and fun activity suggestions to help reinforce the messages of the story.

www.childnet.com/smartie





#### Digiduck's Big Decision (Ages 3-7)

Digiduck's Big Decision is a story by Childnet about the importance of being a good friend online. It can be read for free online or downloaded as a free app for Apple and Android tablets.

www.childnet.com/digiduck



#### SID TV (Ages 3-11)

Our SIDTV short videos provide a great way to start a discussion with children about how the internet makes them feel and what tips they have about staying safe. Some of the videos are aimed at younger children and can be watched on the UK Safer Internet Centre website or on YouTube.





www.saferinternet.org.uk/sid-tv



#### The Adventures of Kara, Winston and the SMART crew (Ages 7-11)

Five cartoons for children on how to stay safe online. Each cartoon covers one of the five SMART rules which help children to make positive and safe online choices for themselves and their friends.

www.childnet.com/kara

#### SMART Rules Quiz (Ages 7-11)

A fun way to check how well your child knows how to stay safe online is to challenge them to the SMART rules quiz on the Childnet website. Why not have a go too and see if your online safety skills are up to date?

www.childnet.com/quiz



#### Further resources and information:



www.saferinternetday.org.uk



www.childnet.com

Safer Internet Day 2019 - Together for a better internet





#SaferInternetDay2019 www.saferinternetday.org.uk



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## **QUEST POINTS**

To support pupils' understanding of what behaviours and attitudes are expected to gain Quest Points we have created a visual aid, which appears in every classroom.

QUEST points	How do I earn my points?		
Q Quality of Work	<ul> <li>Completing all work to the best of your ability.</li> <li>Completion of all activities including extension work set by staff where appropriate.</li> </ul>		
U Understanding others	<ul> <li>Being polite and showing respect to everyone. (You cannot earn this point if you continue to swear after one warning)</li> <li>"T.H.I.N.K. before you speak".</li> <li>Being kind and helping others.</li> </ul>		
Engaged with learning	<ul> <li>Meeting Quest's expectations, for example, correct school uniform, correct use of mobile devices.</li> <li>On task and completing work for 85% of the lesson.</li> </ul>		
S Safe behaviour	<ul> <li>Following staff instructions.</li> <li>In lessons unless given permission to leave.</li> <li>Respecting the building and equipment.</li> <li>Respecting others.</li> </ul>		
Talking it out	<ul> <li>Acknowledging WWW/ EBI ideas.</li> <li>Talking about problems with staff.</li> <li>Talking about how you feel.</li> <li>Making a sensible safe choice.</li> </ul>		
You will <b>lose</b> 5 points each time you push through a door or enter a room that is out of bounds.			
You will be given <u>2</u> additional QUEST points automatically each day for breaks/lunch times – You will lose these points if you display any unsafe behaviours			

Pupils will need to be wearing their uniform to gain their **Engaged** point. We are aware that there are circumstances and occasions where a pupil may not be able to wear their uniform and we would like to reassure you that we are very understanding in relation to this. If a child arrives at school not wearing uniform we have purchased spare uniforms which your child will be expected to wear. This will need to be returned laundered within five working days.

## **EMPATHY GOALS/ POINTS**

We also have our Empathy Points up in every classroom. Pupils are able to gain these additional points, by demonstrating the qualities and attributes which make up our additional Empathy goals.

At the end of each week pupils who have been awarded an Empathy slip will have these placed into a draw, one person is drawn from lower school/ upper school to receive a £5.00 Love to Shop voucher.



## **OUR EMPATHY POINT SLIPS**

Madritye Academies Quist Academy Empathy Points				
I have awarded pupil:				
E M P A T H Y  They have been awarded it for				
	-			
From Staff MemberDate://				

## **TERM DATES 2018-19**

January – April (Spring Term 2019)

Half Term: Monday 18<sup>th</sup> February – Friday 2<sup>nd</sup> February

**INSET Day: Monday 18<sup>th</sup> March (no school)** 

Last Day of Term: Friday 12th April

April – July (Summer Term 2019)

Start of Term: Monday 29th April

Bank Holiday: Monday 6<sup>th</sup> May (no school)

Half Term: Monday 29th May – Friday 31st May

Last Day of Term: Friday 19th July



#### **Quest Contact details**

Quest Academy,

St David's Way,

Bermuda Park,

Nuneaton

CV10 7SG

E: quest.office@macintyreacademies.org

T: 01788 593 112



#### How to contact members of staff:

Please contact Reception if you would like to speak with a member of staff. You will either be transferred or reception will e-mail the member of staff to let them know that you have called.

#### Reporting pupil absence and lateness:

If your child is absent for more than 7 days you will need to provide a doctors certificate. If we do not receive a doctors note and have not seen your child we will have no alternative but to refer the matter to the Safeguarding Board in line with our safeguarding procedures.

Please can we remind parent/carers to call school on 01788 593 112, before 9am if your child may be late or is unwell.





