



MacIntyre Academies
Quest Academy

MARCH 2022 EDITION 1 NEWSLETTER



“Quote of
the week”

*“The more that you read, the more
things you will know. The more that
you learn, the more places you’ll go.”*

- Dr. Seuss

WELCOME

Dear Parents/ Carers,



I hope that the photographs taken during World Book Day (see page 6) give you an insight as to what an amazing day was had by learners and staff. Thank you to John Harrison for organising this event.

Anna May, our clinical psychologist, has written some helpful information about the crisis in Ukraine. We will also be talking to children about this during PSHCE next week to support them.

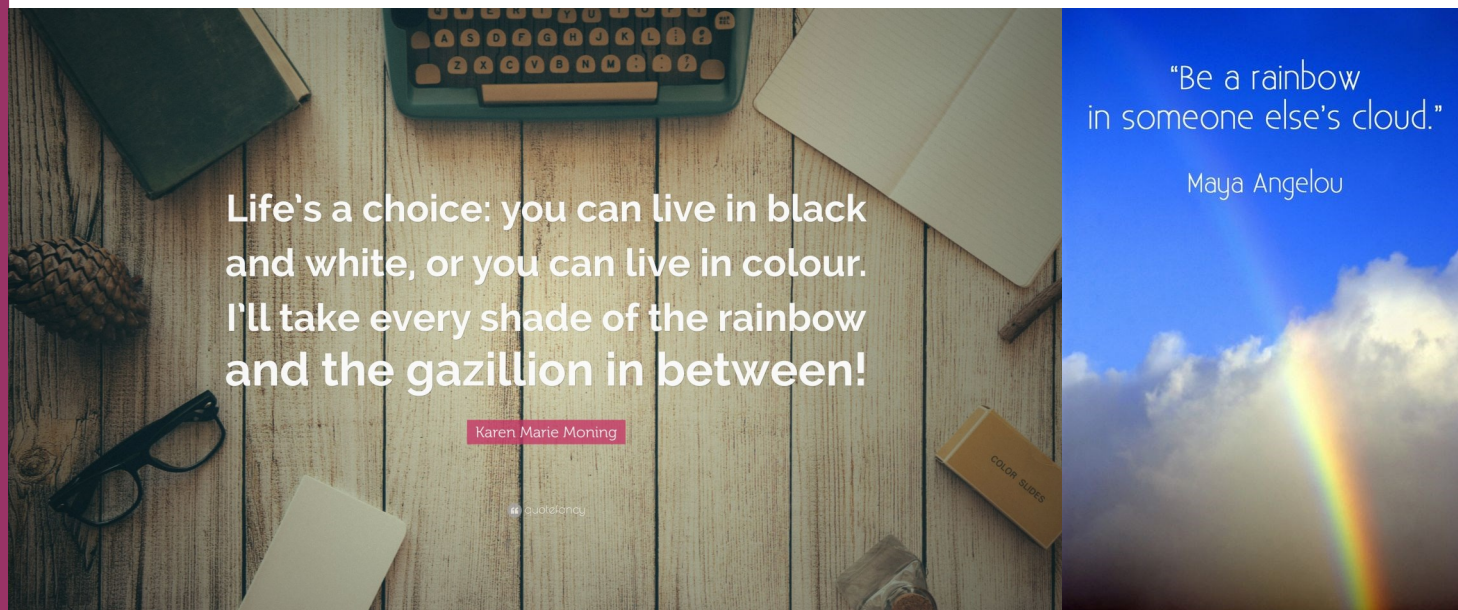
World Epilepsy Day is on March 29th this year. Learner, Grace raised over £3000 last year and is keen to raise more money this year. This year she has decided to make lots of different biscuits and cakes and will be delivering them between 24th – 27th March. We will send out more information about this next week.

As you are aware today was our Trust training day and on Monday we have our last training day of the year.

I hope that you all have a wonderful long weekend and look forward to seeing learners back in school on Tuesday 15th March.

Kind regards,

Nicola Wells



We are successful because...

One of our learners shared that he feels understood at school and enjoys being at Quest. He said that he feels confident with joining group discussions at school.

The mother of one of our learners said that he has had an incredible increase in confidence since starting at Quest Academy. He now enjoys going to school, has developed a positive attitude and reduced anxiety.

Together with Autism Conference 2022

**FREE
Event**

For professionals, parents and carers of autistic children,
adults and for anybody wanting to better understand autism.

act for autism and partners
bring you 3 conferences in:
Warwick, Nuneaton and Coventry
to launch the local Autism Strategy.

The first is on
Saturday 2nd April: 10am - 4pm
Myton School, Warwick CV34 6PJ

Main stage speakers include **Paul Issacs**,
Alex Manners and the **act for autism** team.

Workshops include:

Sensory support
Getting into employment
School challenges
Autism and ADHD

Autism and girls
Art Therapy
Equine Therapy
Dimensions Tool

Stalls include:

Sendias, Family support service,
CAASS Coventry and
Warwickshire Mind, LAMP
Entrust care partnership
And many other service providers

**FREE
Tea &
Coffee**

Saturday 2nd April: 10am - 4pm
Myton School, Warwick CV34 6PJ

Tickets are limited. This is a funded event,
so entrance only with a ticket from:

<https://bit.ly/TwAC2022Warwick>



For queries and information: info@actforautism.co.uk
f actforautismnow @ actforautism_ v actforautism1

Book of the Week

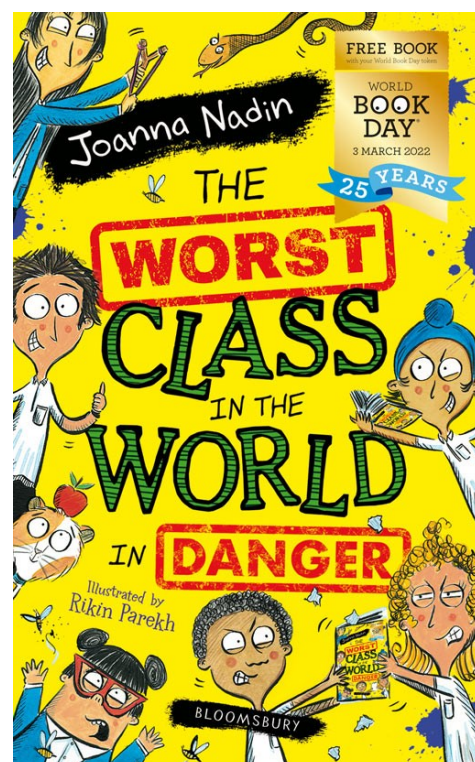
Written by: Joanna Nadin

Illustrated by: Rikin Parekh

4B is the WORST Class in the World!

But best friends Stanley and Manjit won't let that stop them. They have a FOOLPROOF plan to write the most FUN and DANGEROUS book EVER. It's LITERALLY going to be the most OUTSTANDING (and dangerous) World Book Day!

Contains: super glue,
wild animals and a
very daring rescue!





“Mum, Dad, is there going to be a war?”

How to help your child make sense of world events

For all of us, the news of recent events in the Ukraine has been very distressing. For our children, who may struggle to fully understanding what is happening, it can be extremely anxiety provoking. They may be struggling to make sense of their associated thoughts, feelings and experiences, which have led to feelings of uncertainty and fear. Ignoring or avoiding the topic can lead to children feeling lost, alone and more scared, which can affect their mental health and wellbeing. It is essential to have open and honest conversations with children to help them process what is happening.

Should we protect children from the news?

YES, as much as you can and is realistic. Try and avoid conversations they might overhear at home and words that may be confusing or distressing to them.

How do I answer things I don't know/understand?

“Will there be a world war?” is a question some of our children may ask.

Do we know the answer? **No**

Can we respond in a way that feels safe to our children? **YES!**

“This is a big question. I wonder whether you are feeling a bit scared? If you are, that’s normal. I don’t know the answer, but I know we are safe right now. What would help if this question pops into your head again? What can I do?”

How to talk to children about conflict:

When children ask a question, it means they have already considered the answer. Having this conversation is less about giving answers and more about being curious.

1. Make time and listen when a child wants to talk

Give your child the space to tell you what they know, how they feel and to ask you questions. They may have formed a completely different picture of the situation than you have. Take the time to listen to what they think, and what they have seen or heard.

2. Tailor the conversation to the child

Be mindful of your child’s developmental stage as you approach the conversation with them. Some children may not understand what conflict or war means and require an age/stage-appropriate explanation. Be careful not to over-explain the situation or go into too much detail as this can make children unnecessarily anxious.

3. Validate their feelings

It is important that children feel supported in the conversation. They shouldn’t feel judged or have their concerns dismissed. When children have the chance to have an open and honest conversation about things upsetting them, it can create a sense of relief and safety.

4. Give them a practical way to help

Support children who want to help. Children who have the opportunity to help those affected by the conflict can feel like they are part of the solution. Children can create fundraisers or choose some of their pre-loved toys to send to those in need.

Helpful things to remember when talking about big topics:

- Stay honest (ALWAYS)
- Keep it simple and developmentally appropriate
- Normalise and validate feelings
- Be led by their questions and give them opportunities to ask
- Reassure your child of their safety with you

Remember, you do not need to have all the answers. Listening and offering a safe space for our children to make sense of their thoughts, feelings and experiences is the most important.

Dr Anna May

Clinical Psychologist

Anna.may@macintyreacademies.org

MENUS FEB - APRIL 2022

We have lunch delivered by a company called Educaterers, menus run on a 3 week revolving Basis. If there's a day where your child does not like the option they will need to bring in a packed lunch.

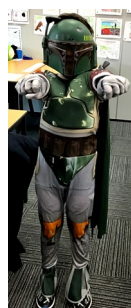
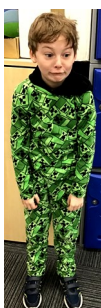
MONDAY WEEK 1 W/C 07.03, 28.03	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
TUNA MAY SANDWICH	SLICED TURKEY BAP	CHEESE BAP	HAM SANDWICH	EGG & CRESS BAP
BACON BAP	CHEESE & TOMATO PIZZA	LOVES JOES BURGER	CHICKEN POPPER MINI BAGUETTE	FISH FINGER BAP
VEGGIE FINGER SUB	VEGAN HOT DOG	HOT PASTA POT	BBQ JACKFRUIT PIZZA	VEGGIE FINGER BAP

MONDAY WEEK 2 W/C 14.03, 04.04	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CHEESE BAP	CHICKEN SANDWICH	HAM BAP	TUNA MAY SANDWICH	CHEESE BAP
MEATBALL SUB	LOVES JOES BURGER	CHEESE & TOMATO PIZZA	CHICKEN POPPER MINI BAGUETTE	FISH FINGER BAP
BBQ JACKFRUIT PIZZA	HOT PASTA POT	VEGAN HOT DOG	HOT PASTA POT	VEGGIE FINGER BAP

MONDAY WEEK 3 W/C 28.02, 21.03, 11.04	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
CHEESE SANDWICH	TURKEY SANDWICH	TUNA BAP	CHICKEN BAP	CHEESE BAP
LOVES JOES BURGER	CHEESE & TOMATO PIZZA	CHICKEN POPPER MINI BAGUETTE	HOT DOG	FISH FINGER BAP
HOT PASTA POT	VEGAN HOT DOG	VEGGIE FINGER SUB	HOT PASTA POT	VEGGIE FINGER BAP

In 2022, we are celebrating the **25th anniversary of World Book Day** –

with the message for all children **'you are a reader'**! It will be filled with lots of exciting, celebratory ways to promote reading for pleasure on World Book Day, and all-year round.





TERM DATES FOR 2021 - 22:

SPRING TERM 2022

Half term	Monday 21st – Friday 25th February 2022
Trust INSET (no learners on site)	Friday 11th March 2022
INSET day (no learners on site)	Monday 14th March 2022
Ends	Friday 8th April 2022
Spring (Easter) holiday	Monday 11th – Friday 22nd April 2022

SUMMER TERM 2022

Starts	Monday 25th April 2022
Bank Holiday	Monday 2nd May 2022
Half term	Monday 30th May – Friday 3rd June 2022
Ends	Wednesday 27th July 2022

ADDITIONAL DATES FOR DIARY

Year Group	Vaccines to be given	Date
All Year 8	HPV 1	25/03/2022
All Year 9	HPV 2	25/03/2022
All years	Mop up Session	19/07/2022



TERM DATES FOR 2022 - 23:

AUTUMN TERM 2022

INSET day (no learners on site)	Monday 5th September 2022
Starts	Tuesday 6th September 2022
Half term	Monday 24th October - Wednesday 2nd November 2022
Start of term	Thursday 3rd November 2022
Ends	Friday 16th December 2022
Christmas holiday	Monday 19th December 2022 - Monday 2nd January 2023

SPRING TERM 2023

INSET day (no learners on site)	Tuesday 3rd January 2023
Starts	Wednesday 4th January 2023
Half term	Monday 20th - Friday 24th February 2023
Trust INSET (no learners on site)	Friday 10th March 2023
Ends	Friday 31st March 2023
Spring (Easter) holiday	Monday 3rd - Friday 14th April 2023

SUMMER TERM 2023

Starts	Monday 17th April 2023
Bank Holiday	Monday 2nd May 2023
Half term	Monday 29th - Friday 2nd June 2023
INSET day (no learners on site)	Monday 10th July 2023
INSET day (no learners on site)	Tuesday 10th July 2023
Ends	Friday 28th July 2023

THE HISTORY OF FAIRTRADE

Fairtrade was established in 1992, and 2019 marked 25 years since Fairtrade certified products first became available to buy in the UK.



1992 - Fairtrade Foundation established Following persistent appeals for fairness in trade from Mexican small-scale coffee farmers, the Fairtrade Foundation is established by CAFOD, Christian Aid, Oxfam, Traidcraft, the World Development Movement and the National Federation of Women's Institutes.

1994 - First Fairtrade certified products The first Fairtrade certified product Green & Black's Maya Gold Chocolate made with cocoa from Belize is launched, followed shortly after by Cafédirect coffee, Percol coffee and Clipper tea.

1995 - The first 'Fairtrade Fortnight' The first of our regular annual event, "Fairtrade Fortnight" takes place, bringing together campaigners, businesses and producers to raise awareness of trade justice. Fairtrade Fortnight takes place during two weeks over February and March each year.

1998 - First Fairtrade honey

2000 - First Fairtrade bananas in the UK, Co-op and Sainsbury's are the first to stock them. One third of all bananas sold in the UK is Fairtrade.

2001— The first Fairtrade juice in the UK. Today you can find Fairtrade fruit juice in Greggs and Co-op among other places. The first Fairtrade Town Garstang in Lancashire declares itself 'the world's first Fairtrade Town'. Over 600 communities have achieved Fairtrade status since then and there is a network of over 2,000 Fair Trade Towns worldwide.

2002 - The Co-op converts all its own-brand block chocolate to Fairtrade The Co-op raised the bar on Fairtrade once again, converting 100% of its own brand block chocolate to Fairtrade - the first even full product conversion by a retailer.

2003 - First Fairtrade oranges and grapes are launched Fairtrade oranges and grapes from South Africa appear in the UK for the first time.

2004 - Tenth birthday of the FAIRTRADE Mark celebrated in the UK. Fairtrade sales were running at £100m for the first time. Launch of Fairtrade Flowers Fairtrade flowers launch with Fairtrade roses in Tesco stores. Today Fairtrade roses are available in most UK supermarkets including Co-op, Waitrose and Aldi. AMT and M&S Café Revive switch 100% to Fairtrade AMT Coffee becomes the first national coffee chain to switch to 100% Fairtrade. In September, Marks & Spencer switches all the coffee sold in its 198 in-store Café Revive to Fairtrade. Both continue to sell Fairtrade coffee today. First Fairtrade wines launched from South Africa and Chile Today, Co-op is the largest retailer of Fairtrade wine in the world. **2005** - Manchester and Salford declared joint 100th Fairtrade Town. Today more than 650 towns, cities, villages and other communities across the UK have been awarded Fairtrade status. Fairtrade cotton launched In November. Raymond Kimaro spoke to thousands of people at the Make Poverty History rally saying, 'We don't want charity. Pay us a fair price for what we grow, and we will make poverty history for ourselves.'

2006 - A photo exhibition featuring some of the UK's most recognisable celebrity faces goes on display on at the OXO Gallery in London. Marks and Spencer become the first UK supermarket to switch their own label tea and coffee to 100% Fairtrade. High street favourite, Greggs, starts selling Fairtrade coffee. The first Fairtrade ice-cream made with Fairtrade certified sugar is launched with Ben & Jerry's Fairtrade Vanilla.

2007 - Waitrose and Sainsbury's become the first retailers to convert 100% of their bananas, including all loose bananas for the first time, to Fairtrade.

2008 - Tate & Lyle announce their commitment to convert its cane sugar to Fairtrade. Comic Relief commits a major five-year grant to enable more farmers and workers in Africa to benefit from Fairtrade.



2009 - Cadbury Dairy Milk commits to going Fairtrade. Today, Cadbury, which is owned by Mondelez, has its own labelling system called Cocoa Life. Fairtrade works in partnership with Cocoa Life and, as a result, in the UK five times as much Cadbury chocolate will now be made with sustainably sourced cocoa. Following their commitment in 2008 to double the amount of Fairtrade sold by the world's largest coffee company Starbucks goes 100% Fairtrade for all espresso-based coffees in the UK and Ireland. Today you will also find Fairtrade chocolate and bananas at the counter as well as Starbucks Fairtrade Iced Coffee drinks in the supermarket. The Fairtrade Foundation celebrates 15 years.

2010 - Ben & Jerry's convert all its ice-cream globally to Fairtrade. UK Retail sales for Fairtrade products break through the £1 billion level for the first time ever, showing consumers truly care about where their food comes from

2011 - Fairtrade launches a ground-breaking initiative that offers a lifeline to poor and exploited small-scale miners around the world with the move to certify gold and precious metal. Miners in Fairtrade certified co-operatives will now receive a guaranteed Fairtrade Minimum Price and Premium to invest in formalising and improving their mining and business practices.

2012 - In the UK Nestle announces conversion of its four-finger KitKat bars to Fairtrade. London 2012 Olympic and Paralympic Games support Fairtrade. London 2012 commits to Fairtrade coffee, tea, sugar, wines and fruit served in the Olympic venues and athlete's village. Mars, the UK's third biggest confectionery brand switches its traditional Maltesers range to Fairtrade. This represents more than a 10% increase in total UK Fairtrade sales. The National Campaigner Committee is established as a formal member organisation of the Foundation, giving the grassroots campaign movement a formal voice and place in the governance of the organisation.

2013 - Greggs expand their commitment to Fairtrade into a greater variety of hot drinks, including freshly ground coffee, tea, and hot chocolate. Today they also sell Fairtrade bananas and fresh juices reinforcing their commitment to Fairtrade. The Fairtrade global system is now 50% owned by producers representing farmer and worker organisations.

Fairtrade Foundation awards its 1000th Fairtrade School status to St Maxentius Primary in Bolton. Being a Fairtrade school means that both pupils and teachers hear about and are actively involved in the learning, awareness and promotion of Fairtrade.

2014 - Fairtrade Foundation celebrates 20 years, which is now recognised by 78% of the UK population. Sales of Fairtrade products are now estimated to be over £1.7bn per year, delivering an extra £26m in Premium on top of the fair price, back to farmers and workers around the world.

Stick with Foncho! With the typical price of a banana in the UK over the last 10 years halving, but the cost of production doubling, Fairtrade launches the 'Make Bananas Fair' campaign to highlight the damaging effect of retail price wars. Colombian banana farmer Foncho arrives in the UK to ask campaigners and consumers to 'stick with him' and ask the UK government to intervene and stop the pressure on banana farmers and workers. Over 70,000 people sign his petition.

2015 - Mars starts sourcing 100% Fairtrade cocoa for their Mars bar brand in the UK.

2016 - The Fairtrade Foundation is honoured to announce on Her Majesty's 90th birthday, that it is the recipient of one of the prestigious Queen's Awards for Enterprise in Innovation 2016. The award recognises Fairtrade's work empowering small-scale farmers and workers in developing countries to drive their own sustainable development within a world trade system that is often stacked against small producer communities.

2017 - Co-op announces that 100% of the cocoa in its own label products will be Fairtrade - everything from chocolate bars & drinks to cakes & sprinkles. Waitrose announce their commitment to sell 100% Fairtrade tea in their own brand labels. Ben & Jerry's launch a Fairtrade first - a range of non-dairy ice-cream.

2018 - Nespresso launches their first Fairtrade certified pods to the UK market with coffee sourced from Indonesia and Colombia. Passengers enjoy Fairtrade tea on EasyJet flights following its commitment to serve Clipper Fairtrade teas on all flights. As discussions continue in Brussels over the UK leaving the European Union, the Fairtrade Foundation warns of the impact that a 'no-deal' scenario could have on producers in developing nations.

2019 - Cocoa Campaign Following the news that the Fairtrade Minimum Price for conventional cocoa will increase by 20%, as part of its efforts to increase the incomes of farmers, the Fairtrade Foundation launches a new campaign highlighting the poverty faced by cocoa farmers. This campaign is supported by many UK businesses including Waitrose & Partners who respond with a new commitment to make all the cocoa in its own brand confectionery 100% Fairtrade by the end of 2019.

As part of the Climate Change Coalition, Fairtrade joins the rally in July to speak out for farmers who are already experiencing the disastrous effects of the climate emergency. Waitrose launches the UK's first Fairtrade Java coffee Waitrose invested in the community to support the process of conversion to Fairtrade.

Climate, Fairtrade and You – Home Learning Grid

<p>Practice your writing skills with an essay challenge. Choose from the two topics below.</p> <p><i>Why Fairtrade is the right choice for people and planet</i></p> <p>OR</p> <p><i>Multinational companies: the cause or solution to the climate crisis?</i></p> 	<p><u>What does the world you want to see look like?</u></p> <p>Create your vision for the world you want, for the planet and everything on it. Share your artwork, prose, poem or film by emailing schools@fairtrade.org.uk with your name and age.</p> 	<p>Conduct a study on a cocoa-growing country of your choice.</p> <p>Research the climate, the weather and native wildlife. How will the climate crisis impact your country in the next 50 years? How will this affect the people who live there?</p> <p>Create a poster of your findings.</p> 
<p>You are the Head Chef at the 'Choose the world you want' restaurant.</p> <p>Design a menu that makes a difference in the world.</p> 	<div style="text-align: center;">  <p>CLIMATE, FAIRTRADE AND YOU</p> <p>Home learning grid for secondary schools</p> </div>	<p>Talk about it!</p> <p>Tell a family member or friend about the climate crisis and how it is impacting farmers in other parts of the world.</p> 
<p>Find out about a young person who has made a difference in the world.</p> <p>What change did they make?</p> <p>How did they do it?</p> <p>Write a short biography about that person.</p> 	<p><u>Research how to achieve a Fairtrade School Award.</u></p> <p>What steps are required? What difference will it make for farmers and workers around the world?</p> <p>Create a plan and present it to your class. If your school already has an award, why not inform another school?</p> 	<p>Using social media to raise awareness of an issue is called digital campaigning.</p> <p>Use social media to raise awareness of the difference that Fairtrade makes to people around the world and the planet that we live on. #ChooseTheWorldYouWant</p> 



HM Government NHS Test and Trace

Twice weekly rapid COVID-19 testing

Test at home
Report online
Keep life moving

Let's take this next step safely.

GET YOUR TESTS FROM SCHOOL OR COLLEGE

REGULAR ASYMPTOMATIC COVID19 TESTING

It is vital that staff and learners continue to test twice weekly (Sunday & Wednesday evenings) in order to identify asymptomatic cases of Covid-19.

If your child has had three tests on site, lateral flow tests will be periodically sent home from school. Tests can also be ordered from the Governments website: <https://test-for-coronavirus.service.gov.uk/order-lateral-flow-kits/condition>

All Covid-19 test results, positive or negative, should be uploaded to the NHS portal.

SAFEGUARDING & FAMILY FOOTINGS



- **Daisy** is responsible for lower school families and is available on;
daisy.howden@macintyreacademies.org Work mobile 07504001918



- **Joan** is responsible for upper school families and is available on;
Joan.goodrich@macintyreacademies.org Work mobile 07377990796

We are available to help families with things like accessing family support, Early Help, Child In Need Meetings, Child Protection Meetings, taxi queries, support working with other professionals such as CAMHS, general safeguarding questions and much more.

Quest Contact details:

Quest Academy

Anderson Avenue

Rugby

Warwickshire

CV22 5PE

E: quest.office@macintyreacademies.org

T: 01788 593 112



How to contact members of staff:

Please contact Reception if you would like to speak with a member of staff. You will either be transferred or reception will email the member of staff to let them know that you have called.

Reporting pupil absence and lateness:

If your child is absent for more than 7 days you will need to provide a doctors certificate. If we do not receive a doctors note and have not seen your child we will have no alternative but to refer the matter to the Safeguarding Board in line with our safeguarding procedures.

Please can we remind parent/carers to call school on **01788 593 112**, before 9am if your child may be late or is unwell.

You will also need to contact the taxi company to let them know.



Putting children and families *first*

