



MacIntyre Academies
Quest Academy

Thursday 14th July 2022

Dear Parents/carers,

Following a risk assessment considering the county's amber weather warning on Monday and Tuesday of next week, we have made the decision to close Quest on these days. Our building is already experiencing temperatures in excess of 30 degrees, with an outside temperature of 10 less, so the forecasted temperature of 37 degrees presents huge risk to anyone on site.

We recognise that your children are already struggling in the heat so have measures in place to help them as much as possible, including shaded outside learning and an ice machine! If you can continue to send them with sun cream, sun hat and water bottle.

Please may I take this opportunity to ask that you remind your children of the dangers associated with such weather conditions and encourage them to keep cool by staying out of direct sunlight, wearing loose clothing and drinking plenty of fluids. The temptation for some to use open water to cool down, such as lakes and rivers, poses a number of serious risks if you can please share this message with your children.

Further free tips to help you stay cool:

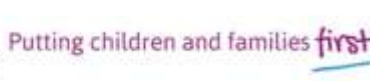
- Half fill a water bottle and leave in the freezer overnight, wrap in a tea towel and enjoy its cooling benefits the next day
- Drink plenty of room temperature water – drinking anything too cold can make you feel hotter
- Leave your feet bare
- Open doors and windows and keep your curtains and/or blinds closed.

The heat not only affects us physically but mentally too, please visit our website to view my new Mental Health Awareness session for more information.

Do not hesitate to get in touch should you require any further support. All staff will be working from home so please contact them via email should you need to.

Yours sincerely

Victoria Scranage
School Business Manager and Senior Mental Health Lead



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