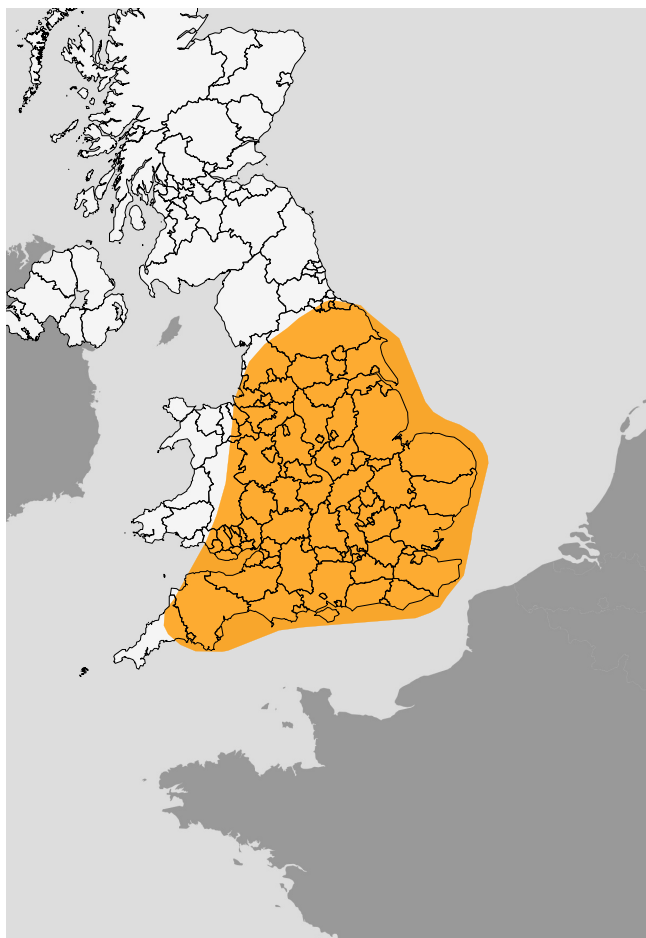




Amber warning  
**Extreme Heat**

Between  
**00:00 Sun 17 Jul 2022** and  
**23:59 Tue 19 Jul 2022**



**A hot spell is likely to develop from Sunday, likely peaking early next week, leading to widespread impacts on people and infrastructure.**

### What to expect

- Population-wide adverse health effects are likely to be experienced, not limited to those most vulnerable to extreme heat, leading to potential serious illness or danger to life. Government advice is that 999 services should be used in emergencies only; seek advice from 111 if you need non-emergency health advice
- Substantial changes in working practices and daily routines likely to be required
- Significantly more people are likely to visit coastal areas, lakes and rivers leading to increased risk of water safety incidents
- Delays on roads and road closures are possible, along with delays and cancellations to rail and air travel, with potential for significant welfare issues for those who experience even moderate delays

**Issued at 13:59 Mon 11 Jul, 2022 Updated at 09:31 Wed 13 Jul, 2022**

**For enquiries regarding this warning please contact the Met Office Weather Desk**

**Phone:** 0370 900 0100 **E-mail:** [enquiries@metoffice.gov.uk](mailto:enquiries@metoffice.gov.uk)

**Visit:** <https://hazardmanager.metoffice.gov.uk>

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## Further details

Temperatures will rise again this weekend, most likely peaking on Monday or Tuesday, then most probably declining thereafter. Latest evidence supports the idea of a trend towards a slightly later onset of high temperatures.


Some exceptionally high temperatures are possible both by day and by night; the cumulative effects of very warm nights (particularly in urbanised areas) and hot days are likely to bring widespread impacts to people and infrastructure.

Although most likely less exceptional, it should also be noted that very warm to hot conditions are also probable across the majority of the rest of the UK.

## Reason for update

Extended into Tuesday, with emphasis on the peak of the hot spell shifted to Monday/Tuesday



 Medium likelihood of high impacts

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## All regions & authorities affected

### East Midlands

Derby Derbyshire Leicester Leicestershire Lincolnshire Northamptonshire Nottingham  
Nottinghamshire Rutland

### East of England

Bedford Cambridgeshire Central Bedfordshire Essex Hertfordshire Luton Norfolk Peterborough  
Southend-on-Sea Suffolk Thurrock

### London & South East England

Bracknell Forest Brighton and Hove Buckinghamshire East Sussex Greater London Hampshire  
Isle of Wight Kent Medway Milton Keynes Oxfordshire Portsmouth Reading Slough  
Southampton Surrey West Berkshire West Sussex Windsor and Maidenhead Wokingham

### North East England

Darlington Middlesbrough Redcar and Cleveland Stockton-on-Tees

### North West England

Blackburn with Darwen Cheshire East Cheshire West and Chester Greater Manchester Halton  
Lancashire Merseyside Warrington

### South West England

Bath and North East Somerset Bournemouth Christchurch and Poole Bristol Cornwall Devon  
Dorset Gloucestershire North Somerset Plymouth Somerset South Gloucestershire Swindon  
Torbay Wiltshire

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## All regions & authorities affected (continued)

### Wales

Blaenau Gwent Bridgend Caerphilly Cardiff Denbighshire Flintshire Merthyr Tydfil Monmouthshire  
Neath Port Talbot Newport Powys Rhondda Cynon Taf Torfaen Vale of Glamorgan Wrexham

### West Midlands

Herefordshire Shropshire Staffordshire Stoke-on-Trent Telford and Wrekin Warwickshire  
West Midlands Conurbation Worcestershire

### Yorkshire & Humber

East Riding of Yorkshire Kingston upon Hull North East Lincolnshire North Lincolnshire  
North Yorkshire South Yorkshire West Yorkshire York

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