



MacIntyre Academies  
Quest Academy

## MARCH 2021 EDITION 2 NEWSLETTER



“Quote of  
the week”

*“However difficult life may seem, there is always something you can do and succeed at.”*

*Stephen Hawking*

# WELCOME

Dear Parents/Carers,



Having reflected on the last term and considered why we have managed to continue to improve our offer, it is without doubt because of the exceptional, talented and committed staff team at Quest, who on a daily basis go above and beyond, to ensure that learners are happy, feel safe and make progress towards their next steps.

Equally as important and impactful is your ongoing support as without your collaboration we would not have been able to have achieved what we have done to date.

As Henry Ford once said “Coming together is a **beginning**, keeping together is **progress**, working together is **success**.”

Despite the challenges COVID 19 has presented we have continued to be aspirational for and behalf of our learners. In line with our vision statement “Working together, nurturing individuals, celebrating uniqueness, unlocking potential, friendships and memories” “**Ready for Life**” we have focussed on supporting learners to understand how we prepare them for life through, for example, discussions, aspects of the curriculum and use of EMPATHY points. To support learners further we have also made our vision more tangible through, for example, “**Ready for Life**” road maps.

This term we have also looked at additional ways we can celebrate learners’ achievements and have introduced two new annual awards linked to learners being “**Ready for Life**”. You will have already received information about the Engage Awards and after the Easter Holidays we will send you some further information about our new end of Key Stage “Quest 8 Ready for Life” Awards. As you will be aware from our Newsletters this term learners have enjoyed taking part in national events such as STEM week, World Book day and Red Nose day.

I would like to take this opportunity to say well done to Grace who has raised over £1400 to help raise awareness about Epilepsy.

I hope that you have a wonderful Easter Break and we look forward to seeing all learners back in school on **Monday 19<sup>th</sup> April**.

Kind regards,

*Nicola Wells.*

## CORONAVIRUS REPORTING OVER EASTER



As we draw closer to the end of term, we want to ensure that you are all aware of the protocol should your child test positive for Coronavirus over the Easter break.

**For those children taking part in home testing using Lateral Flow kits please continue using these between 5pm on a Sunday and am on a Monday, then between 5pm on a Wednesday and am on a Thursday.** If the lateral flow home test kit indicates that your child is positive please

email me at [Victoria.Scranage@MacIntyreAcademies.org](mailto:Victoria.Scranage@MacIntyreAcademies.org) and immediately book them a PCR test to confirm this result. Your household should then isolate until they have received a negative PCR result, or for 10 days whichever comes first. Lateral Flow home test kits are designed to detect Coronavirus in those that are asymptomatic, so if your child is displaying any of the following symptoms please book them a PCR test as soon as possible:

- a high temperature – this means you feel hot to touch on your chest or back (you do not need to measure your temperature).
- a new, continuous cough – this means coughing a lot for more than an hour, or three or more coughing episodes in 24 hours (if you usually have a cough, it may be worse than usual).
- a loss or change to your sense of smell or taste – this means you've noticed you cannot smell or taste anything, or things smell or taste different to normal.

If your child develops symptoms any time **before 4pm on Saturday 3<sup>rd</sup> April** (48 hours after last attending school) and they test positive for Coronavirus, you must email me (as above), so that we can identify any close contacts as soon as possible.

It would be most helpful if you could include the following details in the email:

- Full name of your child and their class name.
- Date and time they first developed symptoms, if asymptomatic please state.
- Date and time that the test was taken and the date and time that the result was received.

We will use this information to determine who will need to self-isolate due to being a close contact as per below:

- The period that needs to be considered for close contacts is the 48 hours prior to symptoms starting or 48 hours prior to a positive test if a child is asymptomatic.
- A close contact would be anyone who has been within 2m for more than 15 minutes or anyone who has been within 1m (face to face) for more than one minute.

We will call the parents/carers of all close contacts with instructions for their child to self-isolate.

We ask that parents/carers monitor the telephone of which you have given school the number of in the eventuality that you are contacted.

Where a child tests positive for Coronavirus, having developed symptoms more than 48 hours since being in school (**after** 4pm on Saturday 3<sup>rd</sup> April), parents/carers should follow contact-tracing instructions provided by NHS Test and Trace. You do not need to contact the school for these cases.

We look forward to seeing your child back on Monday 19<sup>th</sup> April, if they are having to self-isolate due to being a close contact or have tested positive for Coronavirus then please report these absences in the usual way.

If you have any questions please do not hesitate to contact me.

Many thanks

*Victoria Scranage*

School Business Manager



# CREATIVE CURRICULUM

Our Creative Curriculum Art Gallery took place on Friday, showcasing Learners work on their Minecraft Community Project and a Creative Art based project. There are some awards available for Most Creative Gallery (whole class award), Best Teamwork Shown (whole class award), Most Eye-catching Display (individual award), and Most Resilience Shown (individual award). We await the judges results, but you can see the amazing standard of work that has been produced.



# SCHOOL COUNCIL & EQUALITY CHAMPIONS

Our Equality Champions and School Council weekly meeting are back up and running.

MacIntyre's new Group Director of Education and Children's Services, Kevin Rodgers said  
**'The highlight of my week was attending the Local Advisory Boards (LAB) at each Academy and seeing local governance in action. It was particularly great to see the Quest LAB interact with the School Council. What an amazing group of young people they are.'**

Well done to all learners involved, high praise indeed!

We have also had a nice new certificate work its way into our display cabinets from Stonewall.

This certificate embodies our commitment to:

- tackling homophobic, biphobic and transphobic bullying.
- Making school a place where all pupils and staff—including lesbian, gay, bisexual and trans people—are accepted without exception.
- Championing diversity and celebrating difference.

**What an amazing commitment and recognition!**



## Are you facing financial hardship because of the pandemic?

The Warwickshire Local Welfare Scheme can help you if you are struggling to access food and energy.

The scheme helps people in crisis by offering emergency support and putting them in touch with services who can offer longer term help.



You are not alone, call today on 0800 4081448 or 01926 359182 to discuss your circumstances with a friendly advisor.

[www.warwickshire.gov.uk/facinghardship](http://www.warwickshire.gov.uk/facinghardship)





## RED NOSE DAY

During their Enterprise lesson our Y11's have had a cake sale, creating some culinary delights for all our staff to partake, take home and donate.



Fantastic to see so many staff and learners in their red!  
If you would like to donate to Comic Relief you can do this via the Just Giving page

<https://www.justgiving.com/fundraising/quest-academy-rednoseday21>



## WORLD EPILEPSY DAY #PURPLEDAY

Friday 26th March

♥ One of our learners, **Grace**, has been raising money for Epilepsy Research, she has **raised over £1400!**

**WOW!** Due to lockdown her normal fundraising plans weren't able to go ahead so she committed to a month of baking yummy cakes. Offering up delights such as Lemon Drizzle, Coffee and Walnut, Victoria Sponge, Carrot Cake and Gluten Free Victoria Sponge.

♥ To participate in this amazing fundraiser with Grace, please let the family know via [facebook](#) and please make a donation to [#epilepsyresearch](#)

♥ Well done to Grace, her family and her class team, fantastic work done by all Involved!



### Seizure First Aid

How to help someone having a seizure

1

**STAY** with the person until they are awake and alert after the seizure.  
✓ Time the seizure ✓ Remain calm  
✓ Check for medical ID



2

Keep the person **SAFE**.  
✓ Move or guide away from harm



3

Turn the person onto their **SIDE** if they are not awake and aware.  
✓ Keep **airway clear**  
✓ Loosen tight clothes around neck  
✓ Put **something small and soft** under the head



Call 911 if...

- ▶ Seizure lasts longer than 5 minutes
- ▶ Repeated seizures
- ▶ Person does not return to their usual state
- ▶ First time seizure
- ▶ Person is injured, pregnant, or sick
- ▶ Difficulty breathing
- ▶ Seizure occurs in water

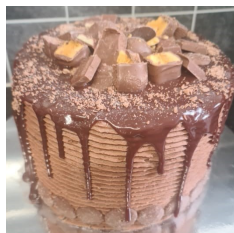
Do NOT

- ✗ Do **NOT** restrain.
- ✗ Do **NOT** put any objects in their mouth.
- ✓ Rescue medicines can be given if prescribed by a health care professional

Learn more: [epilepsy.com/firstaid](http://epilepsy.com/firstaid)



**END EPILEPSY**



# Book of the Week

## Roller Girl

Written and illustrated by Victoria Jamieson.

Roller Girl is a young adult graphic novel. It is set in contemporary Portland, Oregon and details how the hero, Astrid, becomes a roller derby skater. It was named a Newbery Honor book in 2016.

Astrid's mother takes her and her best friend, Nicole, on numerous "Evenings of Cultural Enrichment" which often confuse, bore, or inappropriately amuse the two girls; one night in fifth grade, they attend a roller derby match between the Oregon City Rollergirls and the Rose City Rollers. Astrid asks her mother's permission to attend the Rollers' Junior Roller Derby Camp that summer, assuming that Nicole will also join with her. Instead, Nicole chooses to attend dance camp with Astrid's long-time rival Rachel.

At camp, Astrid wonders if she can still be friends with Nicole; she later makes friends with Zoey, but struggles with her skating skills and jealousy over making the team.



## HEALTHY LUNCHBOX IDEAS

change 4 life

### Lunchbox tips



#### Cut down on crisps

If your child really likes their crisps try reducing the number of times you include them in their lunchbox and swap for homemade plain popcorn or plain rice cakes instead.



#### Add bite-size fruit

Try chopped apple, peeled satsuma segments, strawberries, blueberries, halved grapes or melon slices to make it easier for them to eat. Add a squeeze of lemon juice to stop it from going brown.



#### Tinned fruit counts

A small pot of tinned fruit in juice – not syrup – is perfect for their lunchbox and is easily stored in the cupboard.



#### Swap the fruit bars

Dried fruit such as raisins, sultanas and dried apricots are not only cheaper than processed fruit bars and snacks but can be healthier too. Remember to keep dried fruit to mealtimes as it can be bad for your child's teeth.



#### Watch the teeth!

Dried fruit counts towards your 5 A Day, but can stick to teeth so should only be eaten at mealtimes to reduce the risk of tooth decay.



#### Swap the sweets

Swap cakes, chocolate, cereal bars and biscuits for malt loaf, fruited teacakes, fruit breads or fruit (fresh, dried or tinned – in juice not syrup).



#### Go low fat and lower sugar

Go for low-fat and lower sugar yoghurt or fromage frais and add your own fruit.



#### Check your cheese

Cheese can be high in fat and salt so choose stronger-tasting ones – and use less of it – or try reduced-fat varieties of cheese.



#### Get them Involved

Get your kids involved in preparing and choosing what goes in their lunchbox. They are more likely to eat it if they helped make it.



#### Variety Is the spice of lunchboxes!

Be adventurous and get creative to mix up what goes in their lunchbox.





## STEM 'LEARNER OF THE WEEK'

Thank you so much for all your help in facilitating this year's STEM week and to all of the staff that have helped with setting it up. Here's hoping that next year we can go bigger and better! It was lovely to see so many learners engaged and having fun. Below staff teams have nominated learners, that they felt engaged particularly well and/or went above and beyond.

*Kim Baggott*

Science Lead

Florence Nightingale	Rosa Parks	Albert Einstein	Shakespeare	JK Rowling	Winston Churchill	Helen Keller
<b>Saffron</b>	<b>Luke</b>	<b>Lily</b>	<b>Adam H</b>	<b>Suni</b>	<b>Matthew H</b>	<b>Jacob S</b>
For her attitude towards learning, time and effort in creating pebble pets, butterfly prints & pop rocket . Safely following instructions for the scavenger hunt & rocket launch.	For his enthusiasm and engagement in all activities during Stem week.	For her enthusiasm and for being extremely sensible during all of experiments.	For staying on track, engaging, participating, going above and beyond in his research.	For his enthusiasm and commitment across the three days.	For his enthusiasm and excitement in the Mentos experiment .	For his enthusiasm and excitement in the butter experiment.
Alan Turing	George Eliot	Gandhi	Lewis Hamilton	Dalai Lama	Jonah Lomu 1	Jonah Lomu 2
<b>Alfie</b>	<b>Chloe</b>	<b>Seb</b>	<b>Zakk</b>	<b>Andrew</b>	<b>Tyler</b>	<b>Charlie</b>
For his excellent detective and problem-solving skills during the Online Escape Room Experience	For going above and beyond in creating her entry for the national poster competition. For home researching and meticulously planning content and design. Working extremely hard at school, demonstrating perseverance, to complete her absolutely fantastic poster!	For enthusiasm and engagement with every STEM task.	For his excellent engagement with the sessions, particularly in researching different STEM careers on Indigo. He also showed great enthusiasm during the Mentos and Coke experiment and was able to successfully prove his prediction that Lemonade would make the biggest eruption.	As he engaged with everything fully and was a really valuable member of our escape room team solving a lot of the puzzles.	For being fully engaged in all the activities, especially the Italian accents in the escape room!	For enthusiasm and engagement.  <b>Harvey</b> For being a pure delight, and experimenting with all STEM activities.

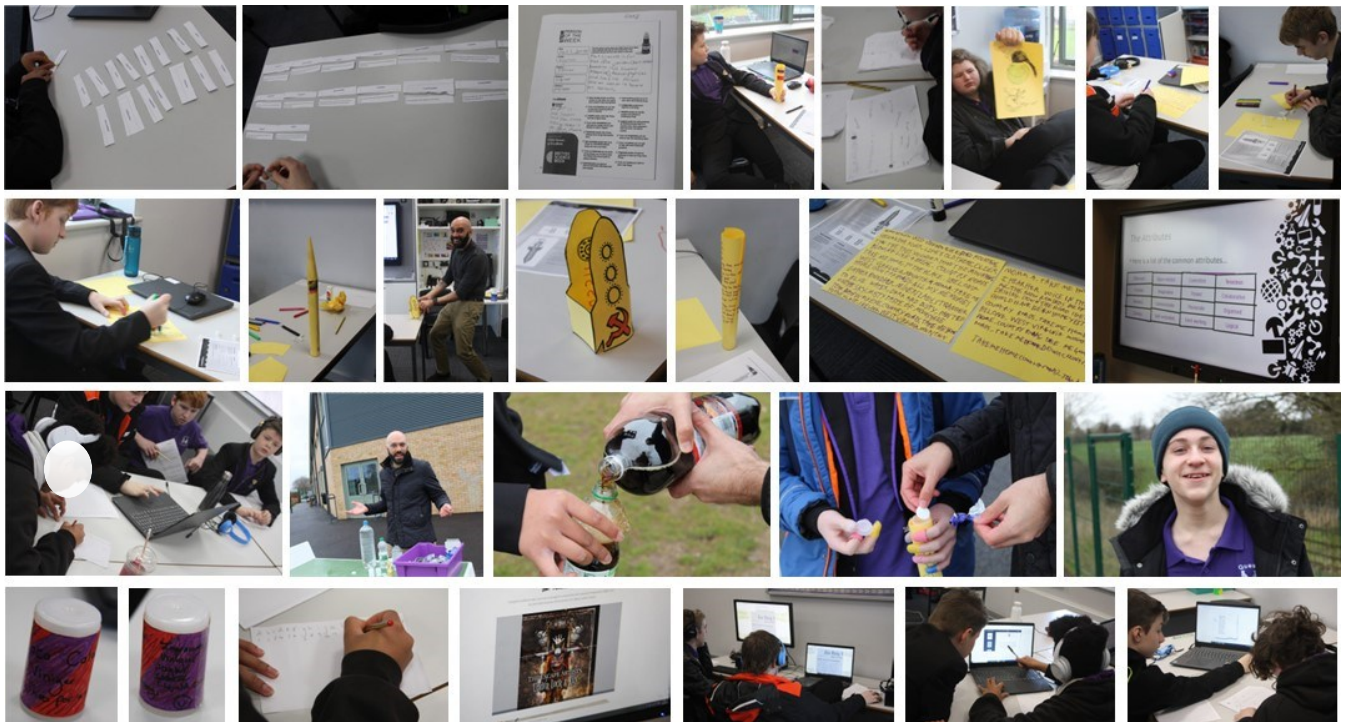


# STEM WEEK

As part of STEM Week **JK Rowling** class made some butter and cheese, posters and Pop Rockets. They also made salt dough ornaments for some of the people we love, for Mothers Day.



During STEM Week **Gandhi** worked incredibly hard solving problems, demonstrating fantastic team work.





# CELEBRATING LEARNING

In **Alan Turing** we welcomed all our learners back into school during week 3 and it was great to see them all back together again, it was lovely to see how excited they all were to be reunited as they all came back together again.

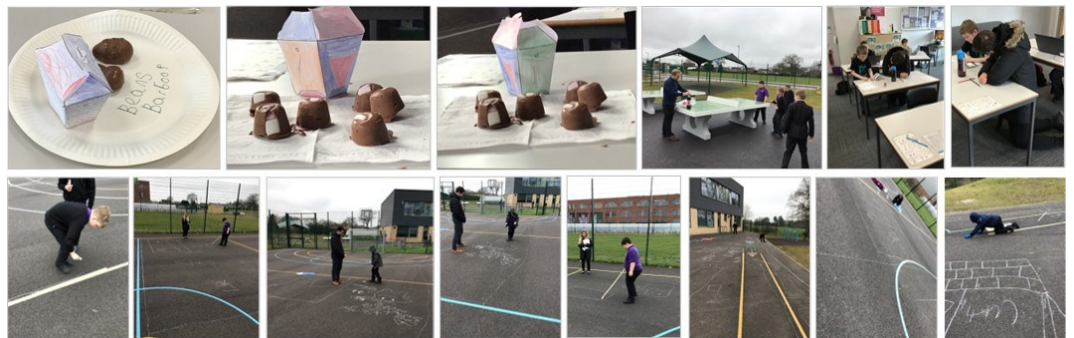
During week 3 we enjoyed STEM week with lots of fun activities such as making butter, cheese and yoghurt in food tech to making our own rockets to launch outside, this helped make a smoother transition back for everyone.

During week 4 we returned to our normal timetable, during food tech we made our own meatballs and pasta, during English we continued looking at conjunctions and in maths we continue working out improper fractions. This week we also started our on-site forest school lessons which were great fun, we made a fire which we then boiled water to make hot chocolate and cooked toast over the fire using the sticks we whittled to hold the bread in place.



In **Rosa Parks** they have created their own magical chocolate bar (making chocolate and chocolate boxes) for Harry Potter's magical trolley.

Learners have also been measuring their own theme parks which they have upscaled and worked out the perimeter of each ride.



In **JK Rowling** Outdoor Education we have been learning how to use a bow saw for cutting wood, bow hook for splitting wood as well as starting fires using a flint. Some of the class made shelters for frogs and the whole class enjoyed the marshmallows and hot chocolate.

We have also we have started to learn the ukulele which was great fun leaning how to strum it and a chord C. It was meatball week in cooking this week they all looked nice .

In English this week we have been looking at performance poetry here are some of the learner acting out their part in the poem.



This week in English, **Lewis Hamilton** have practised their debating skills by thinking about the question 'Is swearing okay?' We discussed situations where swearing can be acceptable and situations where it absolutely is not, before learners wrote their own arguments that they could present in a debate. We have also celebrated Shakespeare Week by learning about some Shakespearean insults and writing some of our own.

In Maths, learners have been demonstrating and mastering their knowledge of constructing triangles by completing their work independently. They showed excellent mathematical knowledge and fine motor skills in using a ruler, protractor and pair of compasses. We have also begun extending this knowledge to decide if different triangles are congruent or not.

Learners were also very excited to start practising their basketball skills in PE this week. Learners engaged well with some warm-up games and then showed off their teamwork skills in a game of basketball.

In ASDAN, learners had another opportunity to work as a team on a range of challenges. We built structures out of

plastic cups, towers using spaghetti and marshmallows, and finally used a range of materials to protect an egg, before testing our creations by dropping the egg out of the window.

Lewis Hamilton class also enjoyed returning to Alert sessions. This week, we focussed on the sense of taste, trying lots of different foods and exploring how the different tastes and textures affected our engine speeds.

This week in Alert Programme, **Albert Einstein** explored their sense of taste by trying different foods such as Skittles, raisins and Doritos!



Head to our website for our full Celebrating Learning section:  
<https://www.thequestacademy.org/celebratinglearning>



# NEW STAFF AT QUEST

Nathan is our new IT Apprentice at Quest



I've always had a passion for IT and I love the constant innovation. I'm so thankful to have been given this opportunity to provide IT support for staff and learners and to be able to develop my own skills. I love being able to provide support for the infrastructure and technology that allow all the amazing work to be done by the team. It has been immediately clear to me that all the staff are so dedicated to making a real difference to our learner's lives and it feels great to be a part of this. I really enjoy the workplace culture and everyone here is so passionate.

I am currently completing a Level 3 Infrastructure Technician apprenticeship with Quest and I am looking forward to gaining the skills, experience and knowledge that will come with this.

## **1. If you could live anywhere in the world, where would it be and why?**

I would love to move to any of the coastline in Devon. It is so picturesque and I love going there especially in the summer. Dawlish has the best fish and chip shop I have ever been to.

## **2. Who is the most famous person you've met?**

I once met Gareth Bale when I was 9 as my Dad would take me to see the football.

## **3. If you were to have friends/family round for dinner, what meal would you cook and why?**

Steak. I love a sirloin or ribeye steak and it has to be medium-rare.

## **4. What sport do you like to watch and why?**

I love F1 and have been a fan of Red Bull Racing for the past few (sometimes quite painful) years. I really enjoy the fact that we can watch 20 of the world's greatest drivers fighting for position in these incredible engineering masterpieces.

## **5. What's your favourite food and why?**

I'm really bad for eating too much chocolate. It's just so nice to have with a cup of tea and the cravings are far too strong to resist.

## **6. What was the last TV series you watched?**

The last "new" TV series I watched was Stranger Things but since watching that I have watched The Office again for probably the 10<sup>th</sup> time.

## **7. What car would you like to drive if money was no question?**

My dream car has always been the Subaru Impreza WRX. I love the sound and the looks, especially in Purple or Blue with the rally stickers.

## **8. What's on your To Do List for 2021?**

I'm really hoping I can learn to drive this year.

## **9. How did you spend your spare time? Hobbies etc?**

I have been self-teaching myself the guitar for the past 3 years and love every second of it. I also listen to a lot of music and collect records.

Aside from music related hobbies, I love building computers and learning things about IT. In my spare time I am currently teaching myself a bit about virtual machines and Linux. I also enjoy playing video games and I am currently playing Overwatch and Rocket League.

## NEW STAFF AT QUEST

We also have 2 new Teaching Assistants that have joined our Quest team. A warm welcome to:



Kiel



Sian



## QUEST TERM DATES FOR 2020 - 21:

SPRING TERM 2021	
Last Day of Term	Thursday 1st April 2021
Spring (Easter) holiday	Friday 2nd April 2021 - Friday 16th April 2021
SUMMER TERM 2021	
Starts	Monday 19th April 2021
Bank Holiday	Monday 3rd May 2021
Half term	Monday 31st May 2021 - Friday 4th June 2021
Ends	Friday 23rd July 2021

## HAPPY WORLD AUTISM AWARENESS WEEK

Monday 29th March - Sunday 4th April 2021

One in every 100 UK school children is autistic and, without the right support, school can be a confusing and difficult place. We'd love your school to join us this World Autism Awareness Week and help improve understanding of autism.

<https://www.autism.org.uk/get-involved/raise-money/world-autism-awareness-week>

Here you'll find everything you need to help raise awareness and funds with family and friends.

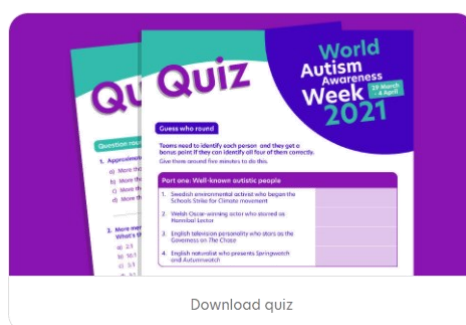
All our ideas - from workouts to gameathons - are perfect for home-based fundraising.

So join the fun and help create a society that works for autistic people.

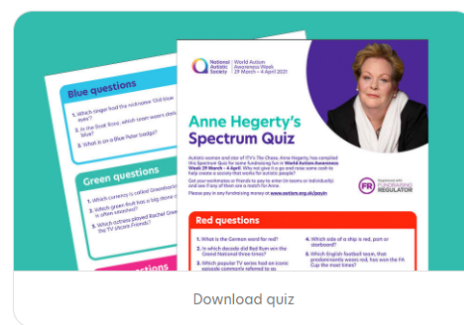
Try one of our quizzes with friends, family or colleagues.



### 1. Autism Awareness Quiz



### 2. Anne Hegerty's Spectrum Quiz



# SAFEGUARDING & FAMILY FOOTINGS



- **Daisy** is responsible for lower school families and is available on;  
[daisy.howden@macintyreacademies.org](mailto:daisy.howden@macintyreacademies.org) Work mobile 07504001918



- **Joan** is responsible for upper school families and is available on;  
[Joan.goodrich@macintyreacademies.org](mailto:Joan.goodrich@macintyreacademies.org) Work mobile 07377990796



- If you have any higher level Safeguarding concerns or questions please contact **Anna** on [anna.stelfox@macintyreacademies.org](mailto:anna.stelfox@macintyreacademies.org) Work mobile 07377990797.

We are available to help families with things like accessing family support, Early Help, Child In Need Meetings, Child Protection Meetings, taxi queries, support working with other professionals such as CAMHS, general safeguarding questions and much more.

## Quest Contact details:

Quest Academy  
Anderson Avenue  
Rugby  
Warwickshire  
CV22 5PE

E: [quest.office@macintyreacademies.org](mailto:quest.office@macintyreacademies.org)

T: 01788 593 112

## How to contact members of staff:

Please contact Reception if you would like to speak with a member of staff. You will either be transferred or reception will email the member of staff to let them know that you have called.

## Reporting pupil absence and lateness:

If your child is absent for more than 7 days you will need to provide a doctors certificate. If we do not receive a doctors note and have not seen your child we will have no alternative but to refer the matter to the Safeguarding Board in line with our safeguarding procedures.



Please can we remind parent/carers to call school on **01788 593 112**, before 9am if your child may be late or is unwell.

You will also need to contact the taxi company to let them know.