



MacIntyre Academies
Quest Academy

MARCH 2023 EDITION 3 NEWSLETTER



As of **Monday 17th April 2023** (first day back) school meals will cost **£2.72** per day (**£13.60** per week).



“If people did not love one another, I really don't see what use there would be in having any spring.”

- Victor Hugo

WELCOME



Dear Parent/ Carer,

I am writing to let you know that we have been successful in achieving Rights Respecting Schools Silver Status. Silver Status is granted by UNICEF UK to schools who show good progress towards embedding children's rights in the school's policy, practice and ethos, as outlined in the RRSA Strands and Outcomes. I would like to take this opportunity to thank all the staff and learners for their contributions. A particular well done to Harry, Rome and Jude and members of staff who took part in the assessment day. The assessor was very impressed with the three learners who spoke to her and praised them about their knowledge of the RRSA rights and responsibilities and how it impacts them and the world they live in.

Yesterday, we had a successful tour around the school for a few learners that will be joining us in September. A massive thank you to Lily, Riley, Harry and Luke for being polite, kind, compassionate and so welcoming to these new learners and their families.

Today learners enjoyed taking part in the Easter Fayre, the band were brilliant and I always think back to two years ago when the first started to sing/ learn how to play an instrument, it was so lovely for them to have an audience as well as see their peers support them. An event like this provides lots of learning experiences, for example, a learner came and spoke to me about what he should spend his last token on, this of course is a life skill in terms of making decisions. Thank you to every staff member who organised activities and in particular staff who were happy to get wet! Thank you to all the families who were able to support the school by taking part in the Easter Fayre activities. It was lovely to have the opportunity to speak with you all.

I hope that you all have a relaxing Easter break and I look forward to seeing the learners back in school on Monday 17th April. Please can you ensure that your child returns to school in their full uniform. If you need support with this please contact Joan Goodrich.

During the first 3 days learners will be based in their tutor groups focussing on different aspects of our school's commitment to support learners to "be ready, be safe and be respectful" Ready for life.

Kind regards,
Nicola Wells



Spring (Easter) Holiday: Monday 3rd - Friday 14th April 2023

We are successful because...

...the mother of one of our learners shared that she is very happy with how her son is getting on at Quest Academy. He is happy to go to school, which his mother said makes her so happy. Her son really enjoys cooking at school and he is really improving on his life skills. His mother said that she could not be happier with how well her son is getting on.

...the mother of one of our learners said that Quest Academy is 'brilliant' at supporting her son in school.

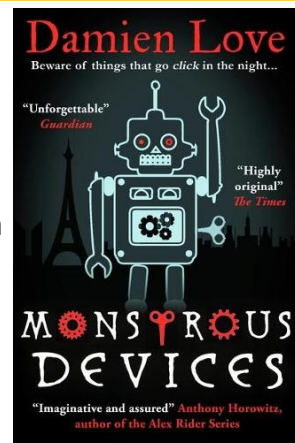
Book of the Week

Monstrous Devices

By Damien Love

When twelve-year-old Alex receives an old tin robot in the post, the note from his grandfather simply reads: 'This one is special'. But as strange events start occurring around him, it doesn't take Alex long to suspect that the small toy is more than special; it might also be deadly.

Just as things are getting out of hand, Alex's grandfather arrives, whisking him away from his otherwise humdrum life and into a world of strange, macabre magic. From Paris to Prague, they flee across snowy Europe in a quest to unravel the riddle of the little robot, and outwit relentless assassins of the human and mechanical kind. How does Alex's grandfather know them? And can Alex safely harness the robot's power, or will it fall into the wrong, wicked hands?



'I enjoyed everything about Damien Love's debut.' Anthony Horowitz, bestselling author of the Alex Rider series.

'Hugely original, exciting debut novel... a fantastical but entirely believable world with scary killer robots oiled to perfection with automaton history, surprising characters and dry humour... Get hold of a copy, wind it up and let yourself go.' The Times.

'An effortless, atmospheric evocation of place and history combine in an unforgettable, immersive reading experience.' Guardian.

'This grandad and grandson adventure has all the hallmarks of a whopping kids' thriller.' The Big Issue, Kids' Books of the year



We are proud to announce that the Quest Academy Café will be making a return, and opening up after the Easter break.

A group of learners are in the process of being trained to run the Café so they have the skills to fulfil their job roles independently. Learners and staff will be able to access the café *by invitation only*. This is a really exciting opportunity for learners to be involved with. The learners being trained have worked together to come up with the rules for the Café along with the menu design and logo. It has already been a brilliant experience for both staff and learners. The group will be learning about food hygiene, safe handling and sensible ways to serve food, customer service and money handling.

Quest Café will be working in a small group basis that we hope shall rotate every 1-2 weeks. To be able to take part in the Quest Café *safe behaviour* throughout school day is a must, Quest Café shall be taking place every Tuesday and Thursday between 10:45 – 11:30. Inevitably this unfortunately will mean some disruption to the learners timetables on Tuesdays and Thursdays, staff will be made aware of these learners. It may cause some disruption during core subjects, hopefully we can work together and time can be made up to support the learners. A consent form will be sent out to parents to notify them that their son/ daughter will be taking part with the Quest Café project. Please could the consent slip be sent back to Emma and Conor at your earliest convenience. Thank you for your support.

RUGBY AT QUEST

On Wednesday 8th March learners were introduced to Rugby at Quest, there was a an amazing turn out and has continued to be well received.

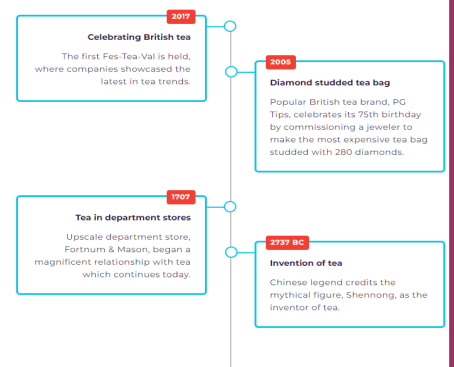


NATIONAL TEA DAY

Friday 21st April

Yes it's a thing! There is nothing more classically British than afternoon tea, which makes National Tea Day, a popular occasion. This love of tea dates back centuries and this fondness seems to only get stronger with time! National Tea Day's slogan is "Brew More. Do More." The vision is to inspire special moments with tea.

National Tea Day is more than simply a holiday. It's a movement providing opportunities for future generations of tea drinkers to understand and appreciate the world of tea. Founded in 2016, April 21st was chosen because it is was Queen Elizabeth's birthday! Could it be any more British? It's relatively common knowledge that we have the Chinese to thank for tea, but it was actually a Portugese woman named Catherine of Braganza who popularized the beverage in England. In 1662, Catherine married King Charles II. Her dowry included several crates of loose leaf tea, which she continued to drink every day in the UK. The royal court quickly adopted the tea-drinking process, including aristocrats.



WHAT IS EASTER?

Easter is the most important festival in the Christian calendar. It celebrates Jesus rising from the dead, three days after he was executed. **When is Easter?** The date of Easter Sunday varies every

year. It is celebrated on the first Sunday after the full moon, on or after 21 March. In 2023 Easter Sunday is on **9 April**. The week leading

Holy Week

Palm Sunday

This is the Sunday before Easter Sunday.

It is the first day of Holy Week and celebrates Jesus's arrival in **Jerusalem** riding on a donkey. Crowds of people came out of the city to greet him, throwing down **palm branches** on the road.

Anglican and Roman Catholic churches give out **small crosses** made from palm leaves, as a reminder of Jesus's entrance into Jerusalem and his death on the cross. Some Christians keep these in their homes all year as a symbol of their faith.



Maundy Thursday

This is the Thursday before Easter Day.

On Maundy Thursday Christians remember when Jesus ate the **Passover meal** with his disciples, breaking bread and drinking wine. Christians refer to this meal as the **Last Supper**.

Many Christians remember the Last Supper by sharing bread and wine together in a church service called Holy Communion, Eucharist or Mass. It is a reminder that Jesus sacrificed his life for mankind.



Good Friday

Good Friday is the Friday before Easter Sunday. It commemorates the execution of Jesus by **crucifixion**.

Good Friday is a day of mourning in church. During special Good Friday services Christians remember Jesus's suffering and death on the cross, and what this means for their faith.

In some countries, there are special Good Friday processions, or re-enactments of the Crucifixion.



Easter Sunday

Easter Sunday marks Jesus's **resurrection**. After Jesus was crucified on the Friday his body was taken down from the cross and buried in a cave tomb. The tomb was guarded by Roman soldiers and an enormous stone was put over the entrance.

On Sunday **Mary Magdalene** and some of Jesus's disciples visited the tomb. They found the stone had been moved and that Jesus's body had gone. Jesus was seen later that day by Mary and the disciples, and for forty days afterwards by many people. His followers realised that God had raised Jesus from the dead. Christians call this the resurrection.



Easter eggs

An egg is a symbol of new life. For Christians, Easter eggs are used as a symbol for the resurrection of Jesus.

Christians believe that, through his resurrection, Jesus overcame death and sin. This offers people the promise of eternal life if they follow his teachings.

Nowadays, most Easter eggs are made from chocolate and covered in coloured foil. Traditionally though, chicken eggs would be hard boiled and then decorated by hand. Traditional Easter egg hunts remain popular with both Christian and non-Christian children.



GAME OF THE WEEK!

The game of the week is **Boggle**!

How to play?

It can be played with two or more players. There are double-sided dices in a 4x4 cube with a letter on either side. The dices are shaken then the players are given 2 minutes to write as many words as they can from the letters on the dice. The words must be 3 letters and the letters can only be used once.

Focus and attention

As the children will be working within a time frame this means they are engaging in the activity, using joint attention.

Forming words

The aim is to make as many words as they can. Using their own thinking they must be able to identify the letters in front of them then form a correct word. They need to be able to understand the spelling rules involved when spelling words.

Handwriting

As the children need to write down the words they form this means they need to be able to read the letters, put them into words and correctly write the word down. This is a skill that can be constantly developing.



THE TRADITIONAL EASTER EGG HUNT

Why do we hide eggs at Easter?

In many pre-Christian societies eggs held associations with spring and new life. Early Christians adapted these beliefs, making the egg a symbol of the resurrection and the empty shell a metaphor for Jesus' tomb.

In the medieval period eating eggs was forbidden during Lent, the 40 day period before Easter. On Easter Sunday the fast ended with feasting and merriment, and eggs were considered an important part of these celebrations. This was especially true for poorer people who couldn't afford meat. Eggs were also given to the church as Good Friday offerings, and villagers often gave eggs as gifts to the lord of the manor at Easter. Royals got involved with this tradition too – in 1290 Edward I purchased 450 eggs to be decorated with colours or gold leaf and then distributed to his household.

The custom of the Easter egg hunt, however, comes from Germany. Some suggest that its origins date back to the late 16th century, when the Protestant reformer Martin Luther organised egg hunts for his congregation. The men would hide the eggs for the women and children to find. This was a nod to the story of the resurrection, in which the empty tomb was discovered by women.



In the German Lutheran tradition the Easter egg hunt is linked to the Easter Bunny – or the Easter Hare as he was originally known. The first written reference to the Easter Hare was in 1682 in Georg Franck von Franckenau's essay, *De ovis paschalibus* ('About Easter eggs'). However links between hares and rabbits and Easter go back earlier in central Europe.

Hares were associated with fertility and with the Virgin Mary, and sometimes appear in paintings of the Virgin and Christ Child, and also in illuminated manuscripts. Custom had it that the hare would bring a basket of brightly painted eggs for all the children who had been good, and these would be hidden around the house and garden for the children to find.



As a child the future Queen Victoria enjoyed egg hunts at Kensington Palace. These were put on by her mother, the German-born Duchess of Kent. On Sunday 7 April 1833, the 14-year-old Princess Victoria wrote in her diary: 'Mama did some pretty painted & ornamented eggs, & we looked for them'. Victoria and Albert continued this German tradition, hiding eggs for

their own children to find on Maundy Thursday. Albert was responsible for hiding the eggs, concealing them in 'little moss baskets' and hiding them around the palace. Victoria made numerous references to these egg hunts in her journals, including in 1869 when she wrote: 'After breakfast, the children, as usual on this day looked for Easter eggs.'

Artificial eggs began to appear in London in the 1850s and, according to the Illustrated London News, had become popular by 1874. On 2 April 1863 Queen Victoria noted in her diary, 'Baby [Beatrice] very happy with a huge Easter egg (containing a doll & its toilette), which Affie [her brother] had brought her.' Chocolate eggs first appeared in France and Germany in the early 19th century, but here in the UK it was Fry's who produced the first chocolate Easter egg in 1873.

ZOO LAB ARE VISITING QUEST!

MONDAY 17TH APRIL

Hi, we're
ZooLab

The UK's #1 for ethical
hands-on animal encounters

We amaze, educate and inspire through
our ethical and engaging hands-on animal
encounters.

Our ZooLab Ranger and their 'animal team' are
coming to visit you! We work closely with early
years and schools to achieve learning outcomes
through our unique animal handling workshops.

Safety first

We take health & safety very seriously and none
of our animals are able to cause you any harm.
Our strictly enforced hand-washing policy ensures
we've never had any cause for concern.

Meet the animals

Pupils will have the opportunity to handle a selection
of animals throughout the session but don't worry
if you don't want to get up-close and hands-on,
pupils who aren't that keen on creepy crawlies
can enjoy from a safe distance!

Get in touch

There's no such thing as a silly question.
Check out the FAQ section on our website
or email us at info@zoolabuk.com



0845 330 6322

www.zoolabuk.com



STEM
Recharge

Return to Work Support Programme

- For Tech and Engineering Professionals
- In the Midlands and North of England
- Returning after Caring-Related Career Breaks





SCHOOL ECO COUNCIL NEWS

RECYCLE THE UNRECYCLABLE

Thanks to Cathy, Quest are now registered to collect the below items (washed out).
The more we collect, the more points we earn that can go towards purchasing supplies. Learners can bring them in from home.



The KP Snacks® Nuts, Popcorn, Crisps & Pretzels Packet Free Recycling Programme accepts nuts, popcorn, crisps & pretzels packets from all brands.



The Cheese Packaging Free Recycling Programme: any brand of flexible plastic cheese packaging and nets



Confectionery Free Recycling Programme accepts plastic confectionery packaging from all brands.



The Pringles® Tube Free Recycling Programme

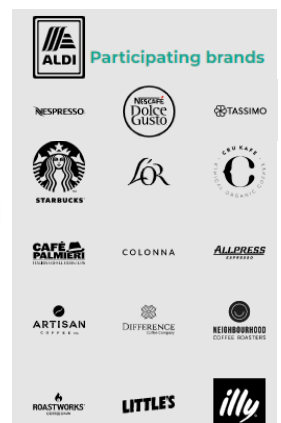
Our Terracycling collection point can now collect pringle tubes (lids are reusable too) and games and toys (non-electrical).



You can now recycle your coffee pods! Podback is the coffee pod recycling service. We're here to give people who enjoy the quality and taste of coffee pods a simple and easy way to recycle them.

Everyone wants to do the right thing and recycle as much as possible. That's why the biggest names in coffee pod systems, Nespresso, NESCAFE Dolce Gusto and Tassimo, came together to create Podback. The first service of its kind in the UK, designed to make recycling coffee pods as easy as it is to make pod coffee. Giving people who enjoy the quality and taste of coffee pods simple and easy ways to recycle them.

If you would like a bag, we can send these home with learners, just return them back to us full!



Children North East's Poverty Proofing© Communities: Poverty Proofing© in Rugby

Children North East are the national leads on Poverty Proofing© and have been working across Warwickshire to 'Poverty Proof' organisations as part of Warwickshire County Council's Tackling Social Inequalities Strategy.

Children North East's Poverty Proofing© team are working in Rugby alongside all partners to co-ordinate a programme which will truly listen to communities (particularly in Brownsover and Rugby Town Centre), which will build an understanding of people's experience of poverty, and use this to enhance opportunities for the community and tackle the impacts the cost of living crisis.

The mission of Poverty Proofing© is this:

'No activity, or planned activity across Rugby, should identify, exclude, treat differently or make assumptions about those whose household income or resources are lower than others.'

As part of this work we are delivering fully funded Poverty Proofing training to all partners working in and around Brownsover and Rugby Town Centre.

To sign up for training or to find out more please e-mail:
PovertyProofing-WMids@children-ne.org.uk



Twitter: /@povertyproofne
children-ne.org.uk
Charity No. 2220411

Should I keep my child off school?

Yes

Until...

Chickenpox	at least 5 days from the onset of the rash and until all blisters have crusted over
Diarrhoea and Vomiting	48 hours after their last episode
Cold and Flu-like illness (including COVID-19)	they no longer have a high temperature and feel well enough to attend. Follow the national guidance if they've tested positive for COVID-19.
Impetigo	their sores have crusted and healed, or 48 hours after they started antibiotics
Measles	4 days after the rash first appeared
Mumps	5 days after the swelling started
Scabies	they've had their first treatment
Scarlet Fever	24 hours after they started taking antibiotics
Whooping Cough	48 hours after they started taking antibiotics

No

but make sure you let their school or nursery know about...

Hand, foot and mouth	Glandular fever
Head lice	Tonsillitis
Threadworms	Slapped cheek



SCAN ME

Advice and guidance

To find out more, search for health protection in schools or scan the QR code or visit <https://qrco.de/minftec>.

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Coventry Rugby Club Butts Park Arena, Coventry

Family Fun Day

In aid of
Mind Coventry and Warwickshire

Saturday 27th May 2023
12pm – 4pm

Includes a free packed lunch per person

£8 Adults
£7 Children

Scan to buy
your tickets



BOUNCY
CASTLES

OUTDOOR
GAMES

DISCO

CRAFTS

Coventry Rugby Club – Butts Park Arena, Coventry

Coventry and Warwickshire Mind have organised a fun-filled afternoon. From bouncy castles, a disco, crafts, face painting, and a chill-out zone to outdoor games such as tag rugby, penalty shoot-out and many more. There are lots of activities that will keep your little ones entertained (and maybe you too)! You'll even get a packed lunch.

Tickets are £8 for adults and £7 for children (Car parking at pay machine - not included). **All activities are included in the ticket price.** All proceeds go to supporting people in your local community with mental health issues.

This event is now live on Eventbrite; <https://www.eventbrite.co.uk/e/family-fun-day-tickets-567904105467>

FROM ACE TO ART

This term during ACE we have been learning how to make charcoal pencils. The learners have been finding sticks to strip the bark off of before putting them into a tin on the fire.

The learners have really enjoyed drawing and playing tic-tac-toe with the charcoal pencils!



One of our learners, Jude O. used the charcoal he had created to produce this amazing artwork. How amazing it is being able to use something you have made to make something else?



FANTASTIC TIE DYE WORK FROM ARETHA FRANKLIN CLASS



APRIL FOOL'S DAY

Saturday 1st April

Kick off the month with some light-hearted pranks. For example, serve a mashed potato "sundae" in a tall glass for dessert. But keep in mind that not everyone enjoys being on the other end of a joke, so take care to respect the wishes of those who may not appreciate the gesture. April Fools' Day has been celebrated for several centuries by different cultures, though its exact origins remain a mystery.

EASTER HOLIDAY EVENTS, AT MARKET HALL MUSEUM, WARWICK

Arty Tots at Easter Tuesday 4th April 10am – 2pm

Hop along to Market Hall for some Easter Fun! Create your own eggcellent Easter decorations to take home and join in with the eggciting fun. £3 per child and make as many decorations as you would like. Hop to it! No need to book just drop in

Puppets are go! Wednesday 5th April 10am – 2pm

Pinocchio, Thunderbirds, Punch and Judy... This Easter, "puppets are go" at Market Hall museum! Come along and have a go at making your own puppets, have fun watching a classic puppet show, try your hand at being a puppeteer and perform your own show for friends and family. (That's the way to do it!)

Puppet show performances will be at 10:30am, 11:30am and 1:30pm. The show runs for approximately 30 minutes long. Other activities will run from 10am to 2:30pm, you are welcome to take part any time before or after your puppet show slot.

£5 per child. Please book in advance at www.warwickshire.gov.uk/heritageboxoffice.



Climate Challenge Wednesday 12th April 10am - 1pm

Can you make a difference to your impact on your local environment?

Find out about small changes you can make;

Meet Mike our museum bee keeper and find out about our museum bees, make seeds bombs for bee friendly flowers, and a paper plant pot to plant peas.

Take on the wind turbine challenge and design the best sails to generate power and go on a recycling trail around the museum. £3 per child no need to book just drop in.

Easter Egg Trail from Tuesday 4th – Saturday 15th April

Take part in our FREE Easter egg trail and quiz at Market Hall Museum. Find the eggs, solve the clues and collect a sticker at the end. Just ask our Front of House team.



A vegan meal is available on request on days when (vg) is not shown as a choice on the menu.

All our fish is natural whole fillet and although great care has been taken to remove all bones, some may remain

educaterers'

Weekly Menu

CHOICE & JKT
March 23

Week one

Warwickshire, Coventry and Oxfordshire: 20/3, 14/4, 15/5, 5/6, 26/6 and 17/7
Leicestershire: 13/3, 24/4, 15/5, 5/6, 26/6

Choose a main meal...
Best of British Pork Sausages with Gravy and Creamy Mashed Potatoes
(v) Veggie Korma Curry with Wholegrain or White Rice mild and creamy
Jacket Potato – (v) Cheese, Tuna or (v) Baked Beans

MONDAY

On the side...
Fresh Salad Bar
Vegetables of the Day
For dessert...
(v) Swirly Chocolate Mousse
(vg) Homemade Fruity Flapjack
(v) Yoghurt or Fresh Fruit

Choose a main meal...
Homemade Cheesy Pasta with Fetta, Bacon, and Freshly Baked Wholegrain Baguette
(v) Veggie Breakfast Pattie in a Bap with Oven Baked Potato Wedges
Jacket Potato – (v) Cheese, Tuna or (v) Baked Beans

TUESDAY

On the side...
Fresh Salad Bar
Vegetables of the Day
Baked Beans
For dessert...
(v) Homemade Crispy Cornflake Cookie
(v) Yoghurt or Fresh Fruit

Choose a main meal... **WEDNESDAY ROAST**
British Roast Chicken Joint or Fillet, Sage and Onion Stuffing and Gravy
(vg) Quorn Roast in Gravy with Sage and Onion Stuffing
Crispy Roast Potatoes
Jacket Potato – (v) Cheese, Tuna or (v) Baked Beans

WEDNESDAY

On the side...
Fresh Salad Bar
Vegetables of the Day
For dessert...
(v) Homemade Chocolate and Orange Brownie
(v) Yoghurt or Fresh Fruit

Choose a main meal...
Homemade British Beef Bolognese with Pasta and Garlic Bread
(v) Homemade Vegetable Burrito Bake with Crispy Diced Potatoes Mild Mexican flavoured veggie and cheese, layered between soft tortillas
Jacket Potato – (v) Cheese, Tuna or (v) Baked Beans

THURSDAY

On the side...
Fresh Salad Bar
Vegetables of the Day
For dessert...
(vg) Homemade Strawberry Slice
(v) Yoghurt or Fresh Fruit

Choose a main meal... **FISHY FRIDAY (mso)**
Harry Ramsden's Crispy Salmon and Sweet Potato Fishcake
(v) Homemade Cheese and Tomato Pizza
Chipped Potatoes
Jacket Potato – (v) Cheese, Tuna or (v) Baked Beans

FRIDAY

On the side...
Fresh Salad Bar
Peas or Baked Beans
For dessert...
(v) Cheddar Cheese, Crackers and Apple Wedges
(v) Ice Cream
(v) Yoghurt or Fresh Fruit

Warwickshire, Coventry and Oxfordshire: 20/3, 15, 22/5, 12/6, 3/7 and 24/7
Leicestershire: 20/3, 15, 22/5, 12/6, 3/7

Choose a main meal... **MEAT FREE MONDAY**
(vg) Quorn Dippers with Rainbow Rice and Sweet Chili Dipping Sauce or Ketchup
(v) Homemade Mac 'n' Cheese with Freshly Baked Wholegrain Baguette
Jacket Potato – (v) Cheese, Tuna or (v) Baked Beans

MONDAY

On the side...
Fresh Salad Bar
Vegetables of the Day
For dessert...
Chocolate Mousse with Fruit in Juice
(vg) Homemade Cherry Cookie
(v) Yoghurt or Fresh Fruit

Choose a main meal...
British Chicken Fillet in Wrap, Salad, Mayonnaise or Ketchup and Oven Baked Potato Wedges
(vg) Plant Power 'Meat'balls with Noodles and a Sweet and Sour Sauce
Jacket Potato – (v) Cheese, Tuna or (v) Baked Beans

TUESDAY

On the side...
Fresh Salad Bar
Vegetables of the Day
For dessert...
(vg) Homemade Chocolate Shortbread
(v) Yoghurt or Fresh Fruit

Choose a main meal... **WEDNESDAY ROAST**
British Roast Gammon Steak with Gravy
(vg) Quorn Roast with Gravy
Crispy Roast Potatoes
Jacket Potato – (v) Cheese, Tuna or (v) Baked Beans

WEDNESDAY

On the side...
Fresh Salad Bar
Vegetables of the Day
For dessert...
(vg) Homemade Jam Tart
(v) Ice Cream Tub
(v) Yoghurt or Fresh Fruit

Choose a main meal...
British Beef Grill Burger in a High Fibre Bun with Ketchup and Crispy Diced Potatoes
(vg) Veggie Burger in a High Fibre Bun with Ketchup and Crispy Diced Potatoes
Jacket Potato – (v) Cheese, Tuna or (v) Baked Beans

THURSDAY

On the side...
Fresh Salad Bar
Vegetable Sticks
Vegetables of the Day
For dessert...
(v) Homemade 'School Favourite' Sprinkles Sponge Cake
(v) Yoghurt or Fresh Fruit

Choose a main meal... **FISHY FRIDAY (mso)**
Gluten Free Breaded Fish Fillet with Chipped Potatoes
(v) Homemade Tomato Pasta Bake with Freshly Baked Wholegrain Baguette
Jacket Potato – (v) Cheese, Tuna or (v) Baked Beans

FRIDAY

On the side...
Fresh Salad Bar
Peas or Baked Beans
For dessert...
Jelly with Fruit
(v) Ice Cream
(v) Yoghurt or Fresh Fruit

Week three

Warwickshire, Coventry and Oxfordshire: 27/3, 17/4, 8/5, 19/6 and 10/7
Leicestershire: 27/3, 17/4, 8/5, 19/6, 10/7

Choose a main meal...
Gluten Free British Pork Meatballs in a Rustic Tomato Sauce with Pasta
(vg) Sticky Barbecue Quorn with Oven Baked Potato Wedges
Jacket Potato – (v) Cheese, Tuna or (v) Baked Beans

MONDAY

On the side...
Fresh Salad Bar
Vegetables of the Day
For dessert...
(v) Homemade Chocolate Crakel
(v) Yoghurt or Fresh Fruit

Choose a main meal...
Chicken Korma Curry with Wholegrain or White Rice – mild and creamy
(v) Cheese and Tomato Pizza Wedge with Italian Herby Potatoes
Jacket Potato – (v) Cheese, Tuna or (v) Baked Beans

TUESDAY

On the side...
Fresh Salad Bar
Vegetables of the Day
For dessert...
(v) Swirly Strawberry Mousse
(vg) Homemade Orange Cookie
(v) Yoghurt or Fresh Fruit

Choose a main meal... **WEDNESDAY ROAST**
British Roast Beef, with Traditional Yorkshire Pudding and Gravy
(v) Veggie Toad in the Hole with Gravy
Crispy Roast Potatoes
Jacket Potato – (v) Cheese, Tuna or (v) Baked Beans

WEDNESDAY

On the side...
Fresh Salad Bar
Vegetables of the Day
For dessert...
(v) Homemade Fruit Crumble with Custard
(v) Yoghurt or Fresh Fruit

Choose a main meal...
Homemade British Chicken Pie with Gravy and Creamy Mash
(vg) Breaded Vegetable Fingers and Crispy Diced Potatoes
Jacket Potato – (v) Cheese, Tuna or (v) Baked Beans

THURSDAY

On the side...
Fresh Salad Bar
Vegetables of the Day
Baked Beans
For dessert...
(vg) Homemade Flapjack with Fresh Fruit Wedges
(v) Yoghurt or Fresh Fruit

Choose a main meal... **FISHY FRIDAY (mso)**
Breaded Fish Fillet Fingers with Chipped Potatoes
(vg) Veggie Sausage Hot Dog with Ketchup and Chipped Potatoes
Jacket Potato – (v) Cheese, Tuna or (v) Baked Beans

FRIDAY

On the side...
Fresh Salad Bar
Peas or Baked Beans
For dessert...
(v) Dinky Doughnuts/Chocolate Sauce
(v) Ice Cream Tub
(v) Yoghurt or Fresh Fruit

Fruit Cordial or water from the Hydroflon Station, Sent Skimmed Milk & Fresh Bread are also offered daily

Vegetable accompaniments change to reflect seasonal availability.

(vg) Vegan
(mso) Vegetarian Option (h) Homemade
(mso) Certified Sustainable Seafood

Allergies

Please contact your school cook for information regarding the content of dishes and products on our menu.

ACADEMIC YEAR 2023 - 2024

Please find below the agreed dates for academic year 2023 - 2024. We have two extra days for half term in October and days added on to the Summer Term. The rationale is that the days have been organised to allow families to take advantage of quieter and cheaper holidays.

AUTUMN TERM 2023

- **INSET Days (no learners on site)** Friday 1st, Monday 4th and Tuesday 5th September 2023
- **Learners Start Back** Wednesday 6th September 2023
- **Half term** Monday 30th October to Tuesday 7th November 2023
- **Learners Start Back** Wednesday 8th November 2023
- **Ends:** Friday 22nd December 2023
- **Christmas holiday:** Monday 25th December 2023 to Friday 5th January 2024

SPRING TERM 2024

- **Starts** Monday 8th January 2024
- **Half term** Monday 12th February to Friday 16th February 2024
- **Learners Start Back** Monday 19th February 2024
- **Trust INSET Day (no learners on site)** Friday 8th March 2024
- **Ends** Friday 22nd March 2024
- **Spring (Easter) holiday** Monday 25 March 2024 to Friday 5 April 2024

SUMMER TERM 2024

- **Starts** Monday 8th April 2024
- **Bank Holiday (no learners on site)** Monday 6th May 2024
- **INSET day (no learners on site)** Tuesday 7th May 2024
- **Half term** Monday 27th May to Friday 31st May 2024
- **Learners Start Back** Monday 3rd June 2024
- **Ends** Tuesday 23rd July 2024



SAFEGUARDING & FAMILY FOOTINGS TEAM

Joan Goodrich Mobile: 07377 990 796

Joan.goodrich@macintyreacademies.org



We are available to help families with things like accessing family support, Early Help, Child In Need Meetings, Child Protection Meetings, taxi queries, support working with other professionals such as CAMHS, general safeguarding questions and much more.

TERM DATES FOR 2022 - 2023

SPRING TERM 2023

Ends	Friday 31st March 2023
Spring (Easter) holiday	Monday 3rd - Friday 14th April 2023

SUMMER TERM 2023

Starts	Monday 17th April 2023
Bank Holiday	Monday 1st May 2023
Bank Holiday (Kings Coronation)	Monday 8th May 2023
Half term	Monday 29th - Friday 2nd June 2023
INSET day (no learners on site)	Monday 10th July 2023
INSET day (no learners on site)	Tuesday 11th July 2023
Ends	Friday 28th July 2023

Quest Contact details:

Quest Academy
Anderson Avenue
Rugby
Warwickshire
CV22 5PE

E: quest.office@macintyreacademies.org

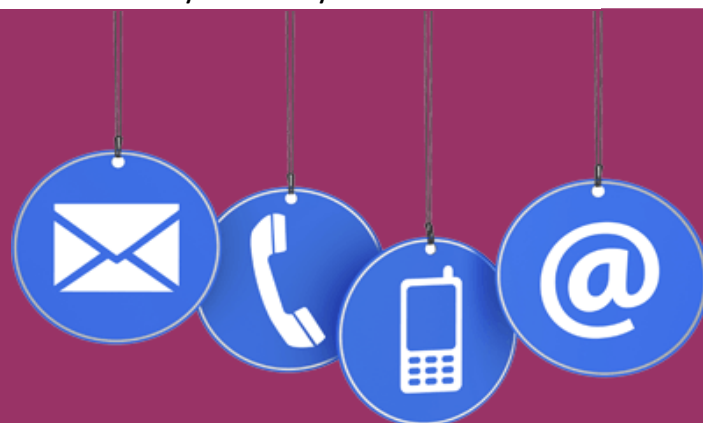
T: 01788 593 112

How to contact members of staff:

Please contact Reception if you would like to speak with a member of staff. You will either be transferred or reception will email the member of staff to let them know that you have called.

Reporting pupil absence and lateness:

If your child is absent for more than 7 days you will need to provide a doctors certificate. If we do not receive a doctors note and have not seen your child we will have no alternative but to refer the matter to the Safeguarding Board in line with our safeguarding procedures.



Please can we remind parent/carers to call school on **01788 593 112**, before 9am if your child may be late or is unwell.

You will also need to contact the taxi company to let them know.



Putting children and families first

