



MacIntyre Academies
Quest Academy

DECEMBER 2021 EDITION 1 NEWSLETTER



FACEBOOK PAGE — Quest Academy Family Group



“Quote of
the week”

*“Be mindful. Be grateful. Be
positive. Be true. Be kind.”*

— Roy T. Bennett

WELCOME



Dear Parents/ Carers,

I just wanted to start by thanking you all for your support over the last week. Unfortunately, due to the increasing number of COVID19 cases and the uncertainty about the new variant it will not be possible for our traditional Christmas Fayre to be held on site.

The learners will continue to make items which can be purchased via our online school shop. Designs of mugs can be found on page 7 <https://www.thequestacademy.org/page/?title=Quest+Shop&pid=1115>

In school we will continue to celebrate Christmas with learners. Below is a summary of the events learners will have the opportunity to take part in. Class teams will also organise their own Christmas activities suited to the learners in their class.

- Interactive Pantomime
- Making items for the school shop
- Christmas Jumper day (Friday 10th December)
- Christmas Lunch (Wednesday 15th December)
- End of Term Celebration Assembly in classes (Friday 17th December)

Recently, we have had a number of queries about when our “Thursday Club” will start up again. To ensure that we don’t have to cancel the club as a result of increasing numbers of COVID19 cases our Thursday Club will start on March 3rd between 3.30 and 5.00 pm.

For those families new to Quest, Thursday Club provides learners with the opportunity to stay after school and take part in different activities. Our café is also open to families and provides the opportunity for you to meet other families and talk with our Family Footings, Compassionate School and Therapy Teams. We will also run workshops during this time and will publicise these nearer the time.

I hope that you all have a relaxing weekend.

Kind regards,

Nicola Wells

We are successful because...

...the mother of one of our learners said that the Quest Academy staff team have been ‘amazing’ with supporting her son and listening to his needs.

...the mother of one of our learners said that he has progressed in maturity, has settled at both school and home, and has a calmer presentation.

...the mother of one of our learners said that her son is happier at school since joining Quest and he is building relationships.



QUEST TERM DATES FOR 2021 - 22:

AUTUMN TERM 2021	
Ends	Friday 17th December 2021
Christmas holiday	Monday 20th December 2021 – Monday 3rd January 2022
SPRING TERM 2022	
INSET day (no learners on site)	Tuesday 4th January 2022
Starts	Wednesday 5th January 2022
Half term	Monday 21st – Friday 25th February 2022
Trust INSET (no learners on site)	Friday 11th March 2022
INSET day (no learners on site)	Monday 14th March 2022
Ends	Friday 8th April 2022
Spring (Easter) holiday	Monday 11th – Friday 22nd April 2022
SUMMER TERM 2022	
Starts	Monday 25th April 2022
Bank Holiday	Monday 2nd May 2022
Half term	Monday 30th May – Friday 3rd June 2022
Ends	Wednesday 27th July 2022

Book of the Week

You Are Awesome

Author: Matthew Syed Illustrator: Toby Triumph

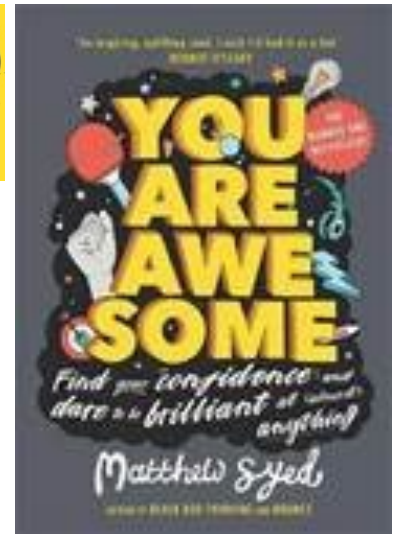
"An awesome book about becoming awesome. How inspiring it is to know that there's a path to awesomeness and that anyone - absolutely anyone - can go down that path. This book shows you how." - Carol Dweck, Professor of Psychology, Stanford University.

This positive and empowering guide, by bestselling mindset author Matthew Syed, will help boys and girls build resilience, fulfil their potential and become successful, happy, awesome adults.

I'm no good at sport ... I can't do maths ... I really struggle with exams ...

Sound familiar? If you believe you *can't* do something, the chances are you won't try. But what if you really *could* get better at maths, or sport or exams? In fact, what if you could excel at anything you put your mind to?

You Are Awesome can help you do just that, inspiring and empowering young readers to find the confidence to realise their potential. The first children's book from *Times* journalist, two-time Olympian and best-selling mindset author Matthew Syed, it uses examples of successful people from Mozart to Serena Williams to demonstrate that success really is earned rather than given, and that talent can be acquired. With hard work and determination, practice and self-belief, and, most importantly, a Growth Mindset, there's no reason why anyone can't achieve anything. Practical, insightful and positive, this is the book to help children build resilience, embrace their mistakes and grow into successful, happy adults.



Interest age: 10-16
Reading age: 9+

CONTINGENCY PLANS

Thank you so much for bearing with us in regards to our Contingency Plans. If you don't directly hear about Contingency Plans, please send learners in as normal.

PHOTOS

The one free photograph per family has arrived at Quest, we shall hopefully be sending these home any day. Any extra photographs ordered by families will be sent directly to the family address provided to Tempest at ordering.

Therapeutic Parenting with PACE

**For Adoptive Parents, Foster
Carers & Special Guardianship
Parents**

Parenting children and young people who have experienced early life trauma, disrupted attachment relationships and difficulties in their early life experiences can be extremely challenging.

This morning workshop with Dr Wendy Coetzee and Dr Anna May is for Parents/Carers who are trying to support traumatised children and young people and who want to develop a parenting style and approach that better supports their children's needs.

**Thursday 9th December 2021
10.00 - 12.30**

**Harbury Village Hall
S Parade, Harbury,
Leamington Spa CV33 9JE**

£40 Per person/ £50 per parent couple

Refreshments will be served

To Book your place please email:
wendy@thefoundationsconsultancy.co.uk
by Monday 6th December



KEEPING YOUR CHILDREN SAFE

The NSPCC has a website that is available to parents and carers to help them keep their child safe. Recently some families have been asking for support.

Below is a link that provides information about how to set up parental controls on:

- Wifi
- Games consoles
- Mobile, tablets and computers,
- Apps and online services
- Search engines.



There is also additional advice about on-line games, internet connected devices and inappropriate /explicit content.

<https://www.nspcc.org.uk/keeping-children-safe/online-safety/parental-controls/>

If you would like any further support from school please let your child's form tutor know.



Quest Odd Socks Day 2021



Parents/ Carers of learners who participate with Forest School, as the weather is getting wetter learners will need a coat, change of clothes and shoes/wellies as we will be outside in all weather. Their clothing will get dirty and might get paint on so learners need to bring in spares or clothes parents don't mind learners ruining.



CHRISTMAS JUMPER DAY

FRIDAY 10TH DECEMBER

- Learners can don their Christmas Jumpers on Friday 10th December!
- No money/ donations required to take part.
- If you would like to make a donation please visit the [Save the Children website](#).
- It is non-uniform day already so learners are not obliged to take part.



CHRISTMAS MENU

WEDNESDAY 15TH DECEMBER

The learner Christmas lunch will be on Wednesday 15th December 2021, this will be delivered/ ordered in the same way as the usual lunch. However, there will only be two options on that day.

1) RED Roast turkey breast fillet, sausage & bacon roll, sage & onion stuffing with gravy.

or

2) GREEN (Vg) Roast Quorn fillet, sage & onion stuffing with gravy.

Served with crispy roast potatoes, garden peas & baby carrots

(V) Ice Cream or

(Vg) Homemade chocolate cracknel bauble

All meals will arrive in a hot box.



DATES FOR DIARY

Year Group	Vaccines to be given	Date
All Year 9	Td/IPV & Men ACWY	27/01/2022
All Year 8	HPV 1	25/03/2022
All Year 9	HPV 2	25/03/2022
All years	Mop up Session	19/07/2022

Quest Shop

Here at the Quest Shop we are pleased to offer personalised Christmas mugs made by our learners for £6. Complete the order form (https://forms.office.com/Pages/ResponsePage.aspx?id=ErPCopgesk25hFL9oOVT0fTNWMyd_FxCj6grAqnARZdUMzNSSFFGRjVQRDhLRTFNUUNXQkVVSEIyTC4u) on the Quest website where you will be asked to email the photo you wish to be used for the design. Last date to receive orders will be **Wednesday 15th December**.



Pete Murkett

Teacher & Community & Enterprise Lead

NATIONAL ROBIN DAY

Tuesday 21st December



An annual nationwide event raising awareness of small birds and other wildlife in winter and how you can help them through this tough time of year.

With each new day, as we watch birds through our windows, across our front gardens and in the local park, we know that during the winter months, nature can be harsh and unforgiving.

As songbird numbers decline, surviving the winter is even more critical for our garden birds.

Help keep Ruby Robin and her friends in tip-top condition so they have the best possible start to the breeding season.

Songbirds everywhere depend on us to make the harsh winter months easier for them.

#NationalRobinDay is a campaign to raise awareness of the challenges our birds and wildlife face each winter, and how we can all help: it doesn't matter how big or small your outdoor space is, we ALL have the power to help our birds and wildlife through the harsh winter months.

Could you build a bird feeder, or make a wildlife-friendly space in your garden?



Putting speaking and understanding skills in the spotlight

24th November 2021

No Pens Day Wednesday is an annual day dedicated to speaking and understanding language that takes place in schools, colleges and early years settings across the country.

NO-PENS-DAY WEDNESDAY

Wednesday 24th November

Speaking and understanding skills are fundamental for everything we do – learning, reading and writing, managing emotions, developing friendships and entering employment. However, speaking and understanding skills are underrepresented in the curriculum in comparison to reading and writing.

I CAN provides resources, advice and guidance for participating schools and settings so they can get the most out of the day.

By putting down your pens and shouting out about speaking and understanding skills, you can:

- Develop pupils' speaking and understanding skills
- Develop staffs understanding of speaking and understanding skills and embed them into your curriculum
- Try out new teaching approaches and engage pupils in exciting pens-free activities
- Identify pupils who need additional support to develop their speaking and understanding skills

Taking part is beneficial for all ages, from early years to college students! Sign up below to take part, download our resources and receive updates when new ones become available.

The aim was to not use a pen for a whole day and focus on the importance of speaking & listening.



REGULAR ASYMPTOMATIC COVID19 TESTING



It is vital that staff and learners continue to test twice weekly (Sunday & Wednesday evenings) in order to identify asymptomatic cases of Covid-19.

If your child has had three tests on site, lateral flow tests will be periodically sent home from school.

Tests can also be ordered from the Governments website:

<https://test-for-coronavirus.service.gov.uk/order-lateral-flow-kits/condition>

All Covid-19 test results, positive or negative, should be uploaded to the NHS portal.

JOB VACANCY



School Cleaner required for a site on Anderson Ave, Rugby area . The site is cleaned 5 days per week, Monday to Friday, this is 2.25 hours per day. totalling 11.25 hours per week. To be cleaned between the hours of 3.30 pm and 5.45 pm

Cleaning experience preferred but not essential as full training will be provided to the successful candidate. Individual must be reliable, well presented and capable of cleaning to a high standard. A DBS is required for this site, or for the right candidate a DBS will be carried out.

To apply for this position please call the Recruitment Manager on 07495 702345 or [Apply Here](#)



ROSCA DE REYES (MEXICAN CHRISTMAS BREAD)

Ingredients

100ml semi-skimmed milk
45g sugar
50g butter or soft baking spread
1 x 15ml spoon instant yeast
200g strong plain flour
½ 5ml spoon salt
2 eggs
2 x 15ml vegetable oil
Candied fruits



Equipment

Small saucepan, mixing bowl, measuring jug, wooden spoon, flour dredger, baking tray, oven gloves, cooling rack.











Method

1. Preheat the oven at 190°C or Gas mark 5. Grease or line a baking tray.
2. Place the milk, sugar and fat in a small saucepan. Over a gentle heat combine the ingredients and heat until slightly warm to the touch and the fat has melted.
3. Lightly beat the eggs and oil together. Stir in the milky mixture.
4. Place the flour, yeast and salt in a mixing bowl.
5. Add the liquid to the flour and mix well until the dough pulls away from the side of the bowl.
6. Place the dough on a lightly floured surface and knead the dough for about 10 minutes until smooth and elastic.
7. Return the dough to a greased mixing bowl, cover and leave to rise in a warm place until doubled in size; about an hour.
8. Gently knock back the dough and shape as required. Divide into 12 equal pieces for rolls or shape into a ring.
9. Place on a greased tray, decorate and leave to rise for 20-25 minutes until doubled in size.
10. Bake for 20-25 minutes until golden brown.
11. Cool on a cooling rack.

Top tips

- Candied fruits are traditionally used for decoration to symbolise jewels in the crown so make sure you get some that are ruby and emerald like.
- Don't forget to put your shaped dough onto the baking tray before you start decorating it as moving it can disturb your efforts.

Food skills

 Weigh.	 Measure.	 Melt.	 Mix.	 Beat
 Knead	 Prove	 Form & shape	 Decorate.	 Bake.

DIGITAL MEDIA

- MINI-BRIEF: SGT. PEPPER PARODY PROJECT



Matthew B



Michael T

This week Year 10 learners on our Digital Media qualification have been producing their own version of an iconic album cover by The Beatles. They selected a theme and each character was individually cut out and 'cleaned' to develop their skills with the magic wand, lasso or eraser tools.

They also practiced re-ordering layers. Michael explored the cast of Mario games!

CHILDREN IN NEED



SAFEGUARDING & FAMILY FOOTINGS



- **Stevie-Jayne** is responsible for lower school families and is available on;
Stevie.JayneFarrell@macintyreacademies.org Work mobile 07504001918



- **Joan** is responsible for upper school families and is available on;
Joan.goodrich@macintyreacademies.org Work mobile 07377990796

We are available to help families with things like accessing family support, Early Help, Child In Need Meetings, Child Protection Meetings, taxi queries, support working with other professionals such as CAMHS, general safeguarding questions and much more.

Quest Contact details:

Quest Academy
Anderson Avenue
Rugby
Warwickshire
CV22 5PE

E: quest.office@macintyreacademies.org

T: 01788 593 112

How to contact members of staff:

Please contact Reception if you would like to speak with a member of staff. You will either be transferred or reception will email the member of staff to let them know that you have called.

Reporting pupil absence and lateness:

If your child is absent for more than 7 days you will need to provide a doctors certificate. If we do not receive a doctors note and have not seen your child we will have no alternative but to refer the matter to the Safeguarding Board in line with our safeguarding procedures.



Please can we remind parent/carers to call school on **01788 593 112**, before 9am if your child may be late or is unwell.

You will also need to contact the taxi company to let them know.

