### MacIntyre Academies Quest Academy OCTOBER 2023 EDITION 1 NEWSLETTER





We would like to remind parents/ carers we have balls in school, learners <u>do not need</u> to bring in their own. If they do, they will have to be <u>handed in on arrival</u> like tech.



*"Keep your eyes on the stars, and your feet on the ground."* 

~ Theodore Roosevelt

# WELCOME



As we bid farewell to the golden hues of autumn and welcome the chill of winter, I wanted to take a moment to reflect on the incredible journey we've had at Quest Academy over the past few months. It's been a season filled with growth, learning, and memorable moments, and I am thrilled to share some of our highlights with you in this edition of our newsletter.

#### Upcoming Events:

As we transition into winter, we will be preparing for a range of exciting activities to keep our learners engaged and motivated. Our **Winter Xmas Fayre** will be taking place at the end of the Autumn term which will be filled with lots of projects leading up to **Friday 15<sup>nd</sup> December 2023.** 

Before then, we have a few other priorities such as year 10 and 11 mock exams. This comes with a range of benefits which include, reducing anxiety and stress, fostering individualised support and accommodations, building self-esteem and confidence, mitigating the fear of failure and preparing learners for transitions, are some examples. In this context, mock exams serve as a crucial tool for empowering our learners, enhance their holistic experience.

We're excited to announce that we will also be hosting a **year 10 and 11 parents evening** on **Thursday 14**<sup>th</sup> **December 2023** from **4pm** - **6pm**. This is a wonderful opportunity for families, new and old to explore our school, meet our dedicated staff, and learn more about our curriculum and how your child is doing at school.

As we move into winter and the holiday season, I'd like to take a moment to share how immensely grateful I am for our learners, staff and families and their unwavering support as part of the Quest Academy community. Together, we will continue to make great strides in helping each child reach their full potential.

Thank you for your ongoing support, and here's to a wonderful winter ahead!

Warm regards,		
Tula	Half	Monday 30th October -
Tyla Owen,	<b>Term Holiday</b>	Tuesday 7th November
Interim Principal	Learners Start Back	Wednesday 8th November

#### We are successful because...

... the mother of one of our learners said that the proactive support for her son at Quest Academy is important for him to express and understand his needs.

...the mother of one of our learners said that the support from Quest Academy has positively changed her son's, and his family's lives. She said that she appreciates the 'outstanding' communication from the Quest Academy staff team. Her son is happy at school and when he arrives home, and he has developed positive relationships with staff members.

...the mother of one of our learners said that she feels 'blessed' to have received invaluable support from the Quest Academy staff team, who obviously care.

### N Book of the Week In-

Looshkin: Oof! Right in the Puddings! Author: Jamie Smart

The graphic novel genius behind *Bunny vs. Monkey* follows up *The Maddest Cat* in *the World* with the further adventures of the loopy Looshkin, featuring rocket-powered nuclear burps, firecracker cheese and more.

Wherever Looshkin goes, chaos follows right behind.

Outrageously fun...in a class of its own for silliness! *BookTrust* Jamie Smart is a comics genius! *Philip Reeve* You will cry with laughter *Stephen L. Holland, Comics Laureate* 

Prepare yourself for rocket-powered nuclear burps, firecracker cheese and LARGE PANTS GALORE! Full of quick-fire gags and surreal hilarity, you'll never be able to guess what he'll do next - but it's guaranteed to make you titter!



Get ready for a family friendly bone-chilling experience at ST JOHN'S HAUNTED HOUSE! Bring your friends and family for screams and thrills! Saturday 28th - Tuesday 31st October 10am - 4.30pm

Get spooked as you explore rooms at St John's House, see them as you've never seen them before. Discover the creepy story of Hansel and Gretel, go on a trail and hope the witch isn't in the kitchen!

Make slime, get messy making potions, enjoy messy play and crafts.

Tickets: £12 children, £6 adults, 2 and under free. Spaces limited so book soon. Adult tickets includes a hot drink. Book at www.warwickshire.gov.uk/heritageboxoffice





Reading age

6

7 - 9 years







#### Arty Tots: WHOOSH! BANG! WHIZZ! Market Hall Museum

Wednesday 1st November 10am - 1pm Calling all Arty Tots and their families. It's time to light up the skies, ready for Bonfire Night. You can create 'Bonfire Night' inspired crafts to decorate your home and dazzle your family and friends. Let's all SPARKLE! £3 per child, no need to book just drop in. Suitable for under 5's, older siblings welcome

CSI Warwick Market Hall Museum Thursday 2nd November 10am - 1pm

A valuable artefact has been stolen from Market Hall Museum! Test out your forensic skills with STEM activities and become a super science sleuth. Will you be able to solve the crime and work out who the culprit is?

£3 per child, no need to book just drop in.

#### Make and Create Market Hall Museum

Saturday 4th November 10am - 12noon Get ready for Bonfire Night with some fantastic fireworks crafts! £1 per child, no need to book just drop in.

St John's House, St John's, Warwick, CV34 4NF Market Hall Museum, Market Place, Warwick CV34 4SA Tel: 01926 412501 Email: museum@warwickshire.gov.uk Website: heritage.warwickshire.gov.uk





#### BROWNIES

#### Ingredients

- 1 cup white sugar
- 1/2 cup butter, melted
- 2 eggs
- ¼ cup cocoa powder

#### Directions

- Preheat the oven to (175 degrees C). Grease a 4.5 x 6.5 -inch pan. 1.
- 2. Mix sugar, flour, melted butter, eggs, cocoa powder, vanilla, baking powder, and salt in a large bowl until combined. Spread the batter into the prepared pan. Decorate with chocolate chips.
- 3. Bake in the preheated oven until top is dry and edges have started to pull away from the sides of the pan, about 20 to 30 minutes; cool before slicing into squares.
- 4. Wash up

### TRIPLE-DECKER SANDWICH

#### Ingredients

- Main filling, e.g. cheese, ham, egg, hummus
- 3 slices of wholemeal bread
- Butter or soft spread
- 2 lettuce leaves
- 1 tomato

#### Equipment

Knife, spreading knife, chopping board, spoon, serving plate.

#### Method

- 1. Spread the slices of bread with the butter or soft spread.
- 2. Place lettuce on a chopping board and shred into thin strips with a sharp knife.
- 3. Slice the tomato.
- 4. Place the filling on top of 1 slice of bread. Cover with half the shredded lettuce.
- 5. Top with a second slice of bread.
- 6. Place the remaining lettuce and sliced tomato on top.
- 7. Finish by topping with the third slice of bread.
- 8. Cut the sandwich in half.
- 9. Serve on a plate.

#### Top tips

Remember to wash and dry all vegetables before preparing them.

#### **Food skills**

Spread.

Shred, slice	and cut.
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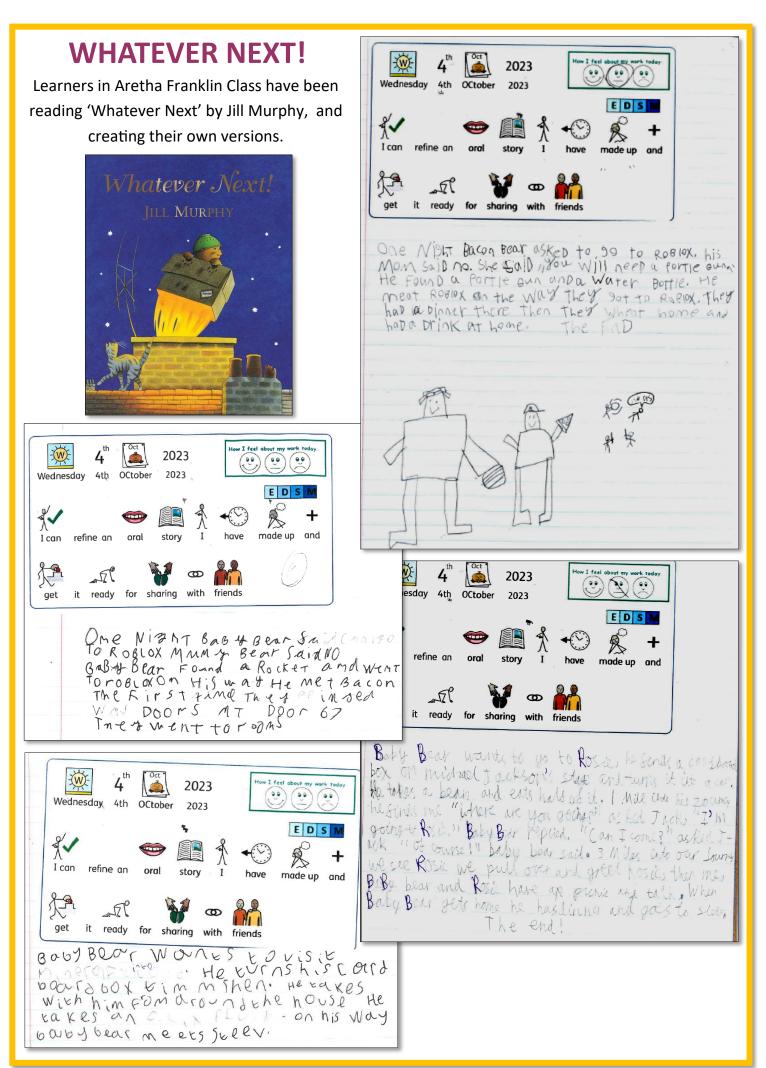
- <sup>1</sup>/<sub>2</sub> teaspoon vanilla extract
- 2/3 cups all-purpose flour <sup>1</sup>/<sub>4</sub> teaspoon baking powder
  - ¼ teaspoon salt
  - <sup>1</sup>/<sub>4</sub> cup chocolate chips





### SCHOOL PHOTOS

SCHOOL PHOTOS				
October 2023   M T W T F S S   2 3 4 5 6 7 8	On Wednesday 25th October			
9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 <b>23</b> 26 27 28 29 30 31	a photographer is coming to	7.1		
Wednesday 25th Oct 2023	school to take learner photos.	Π		
	I should try and look smart for the photo.			
	Looking smart could include:			
	Brushing my hair			
	Wearing clean clothes			
	• Wearing my blazer (if I have one)			
A	The photographer might ask me			
	to sit down on a background.			
No.	The photographer might ask			
	me to smile for the photo.			
	The photographer might use			
	bright lights and a flash. This helps			
	to take a clear photo.			
	Tabias a shata ia swiah and			
	Taking a photo is quick and			
	should only take a couple of minutes.			
	Having my photo taken by			
	the school photographer is safe.			
	A sample photo will be sent			
	home to my family to look at.			



### WHEN DO THE CLOCKS CHANGE?

As much as many of us will be welcoming an extra hour in bed and savouring the idea of cosy nights in, comfort food and candlelight, the clocks going back can be a bit of a shock if you get caught out!

The clocks change twice a year — once in March when they go forward an hour, and once on the last Sunday of October, when they go back an hour (fall back). We will gain that hour at 2am on **Sunday 29th October**. And, while your smartphone and laptops will update automatically, don't forget analogue clocks and other digital clocks, like car and oven clocks, will need to be changed!



#### **ACADEMIC YEAR 2023 - 2024**

We have 2 extra days for half term in October, these days are added on to the Summer Term. The rationale is that the days allow families to take advantage of quieter and cheaper holidays.

AUTUMN TERM 2023			
Half term	Monday 30th October to Tuesday 7th November 2023		
Learners Start Back	Wednesday 8th November 2023		
Mock Exams Start	Monday 27th November 2023		
Y10 & 11 Parents Evening 4 - 6pm	Thursday 14th December 2023		
Xmas Fayre 2 - 3.30 pm	Friday 15th December 2023		
Term Ends	Friday 22nd December 2023		
Christmas Holiday	Monday 25th December 2023 to Friday 5th January 2024		
SPRING TERM 2024			
Starts	Monday 8th January 2024		
Half term	Monday 12th February to Friday 16th February 2024		
Learners Start Back	Monday 19th February 2024		
Y9 Parents & Options Evening 4 - 6 pm	Thursday 7th March 2024		
Trust INSET Day (no learners on site)	Friday 8th March 2024		
Easter Fayre 2 – 3.30 pm Term Ends	Friday 22nd March 2024		
Spring (Easter) holiday	Monday 25 March 2024 to Friday 5 April 2024		
SUMMER TERM 2024			
Starts	Monday 8th April 2024		
Y7 & 8 Subject Parents Event 4 - 6pm	Thursday 11th April 2024		
Bank Holiday (no learners on site)	Monday 6th May 2024		
INSET day (no learners on site)	Tuesday 7th May 2024		
Half term	Monday 27th May 2024 to Friday 31st May 2024		
Learners Start Back	Monday 3rd June 2024		
Ends	Tuesday 23rd July 2024		

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### HALLOWEEN

Halloween is a holiday celebrated each year on October 31, and Halloween 2023 will occur on **Tuesday 31st October** (which falls in our Half Term this year!).

The tradition originated with the ancient Celtic festival of Samhain, when people would light bonfires and wear costumes to ward off ghosts. In the 8th century, Pope Gregory III designated November 1 as a time to honour all saints. Soon, All Saints Day incorporated some of the traditions of Samhain. The evening before was known as All Hallows Eve, and later Halloween. Over time, Halloween evolved into a day of activities like trick-or-treating, carving jack-o-lanterns, festive gatherings, donning costumes and eating treats.

The Celts, who lived 2,000 years ago, mostly in the area that is now Ireland, the United Kingdom and northern France, celebrated their new year on November 1. This day marked the end of summer and the harvest and the beginning of the dark, cold winter, a time of year that was often associated with human death. Celts believed that on the night before the new year, the boundary between the worlds of the living and the dead became blurred. On the night of October 31 they celebrated Samhain, when it was believed that the ghosts of the dead returned to earth.

In addition to causing trouble and damaging crops, Celts thought that the presence of the otherworldly spirits made it easier for the Druids, or Celtic priests, to make predictions about the future. For a people entirely dependent on the volatile natural world, these prophecies were an important source of comfort during the long, dark winter.

To commemorate the event, Druids built huge sacred bonfires, where the people gathered to burn crops and animals as sacrifices to the Celtic deities. During the celebration, the Celts wore costumes, typically consisting of animal heads and skins, and attempted to tell each other's fortunes.

When the celebration was over, they re-lit their hearth fires, which they had extinguished earlier that evening, from the sacred bonfire to help protect them during the coming winter.

Did you know? 1/4 of all the candy sold annually in the USA is purchased for Halloween!

Did you know? More people are buying costumes for their pets. Americans spent nearly \$500 million on costumes for their pets in 2021—more than double what they spent in 2010!

### **STAY SAFE WHEN TRICK OR TREATING**

- 1. Make sure a responsible adult/ guardian is with you it could be older brother or sister if over 16
- 2. Plan your route before you leave and make sure someone else knows where you are going
- 3. Stay close to home and if possible only visit the houses of people you know. NEVER enter a stranger's home!
- 4. Stay on pavements and check carefully before crossing roads especially if you're in a large group
- 5. Wear reflective or light-coloured clothing so you can be seen
- 6. Carry a torch to check what's around you and to avoid falling over
- 7. If you are wearing a mask, make sure you can still see clearly
- 8. Make sure your costume is warm it is almost November!
- 9. Take water with you, you may get thirsty!
- 10. Throw away treats or sweets that have been opened/ unwrapped
- 11. Don't argue with people or "trick" them if they don't have more sweets or don't want to celebrate Halloween. There will be many more who want to engage in the fun!

### How To Stay Safe on Bonfire Night

- Never touch fireworks
- Stand well back from the bonfire
- Never go near a firework after it has been lit
- Only one sparkler at a time
- Wear gloves when holding a sparkler
- Keep pets indoors



Sunday 5th November



### WHAT SCHOOL IS LIKE FOR CHILDREN & YOUNG PEOPLE?





Warwickshire's Young People's Forum - IMPACT want to help schools understand what school is like for children and young people and what could help make this

better. This survey is for all Warwickshire children and young people, but with a keen interest in the views of those who have support needs.

To help gather views, young people have developed some questions which they would love you to answer. -<u>https://www.warwickshire.gov.uk/schoolexp</u> Please let children and young people know the opportunity is available and offer to support them to record their views if they would benefit from this. The survey is open until **October Half-term 2023.** 





Signifies a child with autisim. This trick-or-treater might not say 'trick-or-treat' or 'thank you,' might not wear a mask and might be sensitive to sights and sounds. They also might take a little longer to select the perfect treat!



Signifies a child with a food allergy. This trick-or-treater might have a peanut or gluten allergy, or another allergy they're sensitive to. They might like a different 'treat,' like a sticker or glow stick!

### MUSIC LESSON: GANDHI CLASS - FIRST TIME ON THE UKULELES



All learners picked the Ukulele's up, and were looking carefully at finger positions when playing.

### **ROSA PARKS CLASS**

This week in Rosa Parks we have been using strawberry laces to show reflection. We have also been creating old paper to add our Myths we have wrote this week for English.





## CHRISTMAS LUNCH

Educaterers have been in touch regarding Christmas Lunch on Wednesday 20th December (please see menu below).

Due to supply issues Educaterers have requested we submit the number of learners requiring a meal by **Friday 10th November**, please discuss this with your child.

### **Roast Turkey**, **Cocktail Sausage, Stuffing Ball** with Gravy or (vg) Roast Quorn Fillet, **Stuffing Ball with Gravy** Served with Crispy Roast Potatoes, **Garden Peas and Sliced Carrots** (vg) Christmas Shortbread or (v) Christmas Cup Cake NORT HPOLF Crossing SLEIGH R Seasons Greetings from The Nutrigang educaterers 🙆 🕬 & everyone at Educaterers

### EVERY SCHOOL DAY COUNTS

At Quest Academy, we seek to ensure that all our learners receive a full time education which maximizes opportunities for each learner to reach his or her true potential: we feel that good attendance (95% or above) and good punctuality too are a vital part of this and we want all learners to strive towards this.

Government statistics have proven that children with poor attendance are 47% less likely to meet their potential examination results compared to learners with good attendance.

We have a desire to strive towards 100% attendance for all of our learners and expect all parents/ carers to actively support us in ensuring that their children are in school, safe, at all times. We also aim to hold all parents / carers that give low priority to good school attendance accountable.

#### **Quest Contact details:**

Quest Academy Anderson Avenue Rugby Warwickshire CV22 5PE

E: guest.office@macintyreacademies.org T: 01788 593 112

#### How to contact members of staff

Please contact Reception if you would like to speak with a member of staff. You will either be transferred or reception will email the member of staff to let them know that you have called. Reporting pupil absence and lateness

Please can we remind parent/carers to call school on **01788** 593 **112**, <u>before 9am</u> if your child may be late or is unwell. You will also need to contact the taxi company to let them know. If your child is absent for more than 7 days you will need to provide a doctors certificate. If we do not receive a doctors note and have not seen your child we will have no alternative but to

### **PRIVACY NOTICE**

MacIntyre Academies collects and uses pupil information which complies with General Data Protection Regulation (GDPR). This is Europe's framework for data protection laws – it replaces the previous 1995 data protection directive, which UK law has previously been based upon.

Please note that limited personal data is used and stored as per the MAT Retention Policy.

You can read the full details of our <u>Privacy Notice</u> in the policy. This includes more details of our legal basis for the use of specific information.

SCHOOL

Sleep Right





MINDFUL 💔 Families First Putting children and families first Ongage