



MacIntyre Academies
Quest Academy

JANUARY 2023 EDITION 2 NEWSLETTER



We would like to remind parents/ carers we have balls in school, learners do not need to bring in their own. If they do, they will have to be handed in on arrival like any phones.

Quote of
the week

*"Let us remember: One book, one pen,
one child, and one teacher can change
the world."*

- Malala Yousafzai

WELCOME



Dear Parents/ Carers,

Welcome to our fortnightly newsletter.

As you can see from the pictures included in the Newsletter learners have continued to enjoy taking part in a range of activities and have produced some amazing pieces of art work.

Congratulations to all of the football teams who played against Avon Park School today. Staff reported that their victory was as a result of all of their hard work during practice sessions at lunchtime as well as their team spirit.

Feedback from Kirsty, our Forest School Lead this week has also been very positive. In her feedback to me this week she also mentioned how proud she was of our learners who worked well with students from Rugby School to compete a range of tasks. Well done for persevering, not giving up and finding a creative solution.

Kind regards,

Nicola Wells

Don't forget
parents'
evening!

Lower School Parents Afternoon - Thursday 16th February from 4 – 6.

Form tutors will be getting in touch with Parents/ Carers to make appointments.

The appointments can be made face-to-face, or by TEAMS/ phone call.

We are successful because...

...the mother of one of our learners said that Quest Academy is 'one of the best schools' and that it is 'amazing' that her son now likes to attend school. She said that her son's class teacher provides great support.

...the mother of one of our learners said that he is happy to attend school and still thinks that Quest Academy is the 'best school'. Her son is motivated to extend his dietary variety by his food technology teacher, and a member of his network of adult support gives 'sound advice'.



PERSONALISED LEARNING

Make up and special effects, with TA Allie,
and learners Holly and Layla.

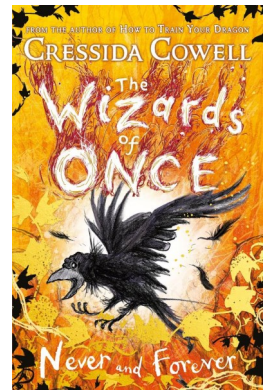


Book of the Week

Reading age



9 - 11 years



From the bestselling author of *How to Train Your Dragon* comes an exciting high-adventure series – set in an ancient, magical time, full of Wizards, Warriors, Giants and Sprites. Winner of the *Blue Peter* Book Award

This is the story of a young boy Wizard and a young girl Warrior who have been taught since birth to hate each other like poison; and the thrilling tale of what happens when their two worlds collide.

Perfect for boys and girls who love fantasy adventure...

Once there was Magic, and the Magic lived in the dark forests. *Until the Warriors came...*

Xar is a Wizard boy who has no Magic, and will do anything to get it. Wish is a Warrior girl, but she owns a banned Magical Object, and she will do anything to conceal it.

In this whirlwind adventure, Xar and Wish must forget their differences if they're going to make it to the dungeons at Warrior Fort.

Where something that has been sleeping for hundreds of years is stirring...



What Parents & Carers Need to Know about

TIKTOK

AGE RESTRICTION
13+

(certain features are restricted to over-18s only)

TikTok is a free social media platform that lets users create, share and watch short videos ranging anywhere from 15 seconds to 10 minutes in duration. The app gained notoriety for its viral dances, trends and celebrity cameos and can be a creative, fun platform for teens to enjoy. Now available in 75 languages, it has more than a billion active users worldwide (as of spring 2022) and is most popular with the under-18 age bracket. In fact, a 2022 Ofcom report found TikTok to be the most-used social media platform for posting content, particularly among young people aged 12 to 17.

WHAT ARE THE RISKS?

AGE-INAPPROPRIATE CONTENT

While TikTok's "Following" feed only displays videos from users someone follows, "For You" is a stream of clips based on their previously watched content. Most videos on a child's "For You" feed will therefore be light-hearted and amusing, but it could potentially surface something unsuitable. TikTok's guidelines prohibit the sharing of illegal or inappropriate content, but the sheer volume of uploads mean they aren't manually monitored and vetted.

18
CENSORED

DANGEROUS CHALLENGES

Due to TikTok's immense popularity, some young people have unfortunately been influenced by videos challenging them to perform harmful, criminal or even deadly acts. One extreme example was the "blackout" trend, which encouraged users to hold their breath until they passed out from a lack of oxygen. It led to two families filing lawsuits against TikTok over the tragic deaths of their children.

CONTACT WITH STRANGERS

With around 1.1 billion users globally, the potential for contact from strangers on TikTok is high – especially as accounts created by over-18s (or youngsters using a false date of birth) are set to public by default. This not only means that someone's profile is visible to everyone else on the app; it also lets their videos be suggested to others and enables anyone to comment on them or download them.

IN-APP SPENDING

TikTok is free, but users have the option to buy TikTok coins, which can be used to purchase emojis in the app. These emojis are then sent as rewards (retaining their monetary value) to other users for videos they've created. Coin bundles range from £9.99 to an eye-watering £99; TikTok's policy is that they can't be bought by under-18s, but it's possible to bypass this with a fake birthdate.

ADDICTIVE NATURE

Like all social networking platforms, TikTok can be addictive: figures show that young people are investing increasing amounts of time in it. In the UK, children with TikTok spend an average of 102 minutes per day on the app, versus 53 minutes on YouTube. This compulsive repeated use can interfere with their sleep patterns – leading to irritability – and distract them from other activities.

TIKTOK NOW

Introduced in late 2022, the "TikTok Now" feature lets users post a daily video or photo at the exact same time as their friends. Users receive a synchronised notification at a random time of day, giving them three minutes to take a video or real-time photo. This addition can not only be a distraction to young people but could lead to them inadvertently sharing private content such as their location.

Advice for Parents & Carers

ENABLE FAMILY PAIRING

Family Pairing allows parents to link their TikTok account with their child's and control their settings remotely. Parents can then, for example, turn on Restricted Mode (reducing the chances of a child seeing inappropriate content); set screen time limits; and manage their child's ability to send messages (and to whom). Children can't alter these settings without parental approval.

MAKE ACCOUNTS PRIVATE

Although under-16s will have their TikTok account set to private by default, bypassing this setting is relatively easy. However, parents have the ability to manually set their child's account to private – meaning that their videos won't be visible to strangers and they won't be able to exchange messages with people who aren't on their friends list.

LIMIT IN-APP SPENDING

If your child is using an iPhone or Android device to access TikTok, you can alter the settings to prevent them from making in-app purchases. We'd recommend that you enable this feature, as it's quite easy for a young person – without realising what they're doing – to spend a significant amount of real money buying TikTok coins so they can unlock more features of the app.

DISCUSS THE DANGERS

If your child wants to use TikTok and you're happy for them to do so, it's crucial to talk about the potential risks in this type of app. For example, ensure they understand not to share any identifying personal information – and that they realise they could be exposed to inappropriate content. Thinking critically about what they see on TikTok can help children become generally more social media savvy.

READ THE SIGNS

If you're concerned that your child might be spending too much time on TikTok, or that they've been emotionally affected by something inappropriate or upsetting that they've seen, it's important to know how to spot the possible signs. Increased irritability and a lack of concentration are potential red flags, as are failing to complete homework or regularly not eating meals.

Meet Our Expert

Carly Page is an experienced technology journalist with a track record of more than 10 years in the industry. Previously the editor of tech tabloid *The Inquirer*, Carly is now a freelance technology journalist, editor and consultant.



NOS
National Online Safety
#WakeUpWednesday

SAFEGUARDING & FAMILY FOOTINGS TEAM

Daisy Howden Mobile : 07504 001 918
daisy.howden@macintyreacademies.org



Joan Goodrich Mobile: 07377 990 796
Joan.goodrich@macintyreacademies.org



We are available to help families with things like accessing family support, Early Help, Child In Need Meetings, Child Protection Meetings, taxi queries, support working with other professionals such as CAMHS, general safeguarding questions and much more.

FOREST SCHOOL

This week some of the learners have been off site to visit some woodland (Cock Robin wood and Cawston Wood). We have been exploring the areas, breaking up ice in puddles, climbing trees and we even found a rope swing!

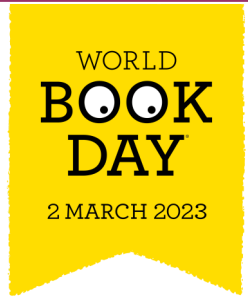


WORLD BOOK DAY

World Book Day on **Thursday 2nd March 2023** is shaping up to be the best ever.

In the UK, nearly 400,000 children don't have a book of their own.

Having access to books and developing a love of reading for pleasure is vital for a child's future. **Our vision is to see more children, from all backgrounds, developing a life-long habit of reading for pleasure and benefitting from the improved life chances this brings them.**



THE £1/€1.50 BOOK SELECTION



We're delighted to share with you the line-up of [£1/€1.50](#) books for 2023 that **children can choose for free with their £1/€1.50 book token!** With books for beginning, early, fluent and independent readers, there is something for everyone to enjoy. Alongside the 12 titles available across the UK, we also have two exclusive books for Ireland and a new World Book Day Welsh title. The books will be

available from booksellers from 16 Feb 2023 – [find your nearest participating bookseller](#). The token redemption period is from 16 Feb – 26 March 2023.



Find out everything you need to know about the books and token exchange [here](#).



Make a TOP HAT to be WILLY WONKA

from *Charlie and the Chocolate Factory*



YOU WILL NEED:

- ✓ Cereal box or cardboard
- ✓ Purple paper
- ✓ Purple glittery wrapping paper (or any kind of wrapping paper will do)
- ✓ Pencil
- ✓ Black pen
- ✓ Scissors
- ✓ Strong tape
- ✓ Stapler or tape
- ✓ Glue
- ✓ Downloadable hat template

1. Draw round the hat template on to purple paper and cut it out. Outline with permanent black pen.



2. Cut out a glittery band the width of the hat and stick it to the purple hat, just above the brim.



3. Glue your purple hat shape on to the cardboard and cut it out.



4. Cut a long strip of black cardboard. Wrap it right round your head and staple or tape it into place so it fits comfortably (cover the staples with sellotape for safety). Stick the circle to the back of the hat with strong tape.



Remember your copy of *Charlie and the Chocolate Factory* and your outfit is complete!



DRESS UP AS... THE BFG

YOU WILL NEED

- ✓ Paper plates
- ✓ Pencil
- ✓ Masking tape
- ✓ Hairband
- ✓ Double-sided tape
- ✓ Glue
- ✓ String
- ✓ Scissors
- ✓ White, yellow and a little pink paint
- ✓ Paintbrush
- ✓ Downloadable ears template

TO MAKE THE EARS

1. Place two paper plates one on top of the other. Using the ears template to guide you, cut out two ear shapes.



2. Mix together the white, yellow and a little pink paint to make a flesh colour. Paint both sides of each plate and leave to dry.



3. Cut four pieces of string the same length, to make the BFG 'hairs' and attach them to the top of the hairband with masking tape. Then paint these 'hairs' with brown paint.



DRESS UP AS... GANGSTA GRANNY



TO MAKE THE WIG

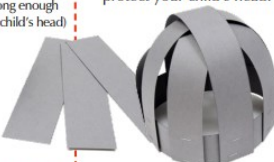
1. Measure a length of card that will fit comfortably around your child's head, then add an extra 3–5cm more. Staple the ends together to make a headband. Cover the staples with tape to protect your child's head.



2. Cut four strips of card. Use one strip to create an arch from one side of the headband to the other. Staple in place. Repeat on the opposite side so you have a cross. Do the same with the other two pieces of card, placing them diagonally over the cross. Staple into place to make a skullcap.

YOU WILL NEED

- ✓ Grey card such as an old cereal box (long enough to fit around child's head)
- ✓ Scissors
- ✓ Stapler
- ✓ Pencil
- ✓ Ruler
- ✓ Grey wool
- ✓ Glue



(The strips on the image above are 4cm wide by 35cm.)

3. Glue grey wool to the strips and the headband. Make sure it is completely covered. If you don't have wool, shredded paper or screwed up newspaper will work well too. Now you have your Gangsta Granny wig!



YOU WILL NEED:

- ✓ Cereal box card
- ✓ Hole punch
- ✓ Orange and white paint (or you could use felt tips)
- ✓ Paintbrush
- ✓ Black permanent pen
- ✓ Pencil
- ✓ Scissors
- ✓ Blu Tack

Remember your copy of *Fantastic Mr Fox* and your outfit is complete!



Make a FANTASTIC MR FOX MASK

1. Use the mask template to draw round the fox face on to cereal box card. Place the template over the card and draw over it to imprint the card with the face details.



2. Colour in the fox face, and go over the lines with a black permanent pen.



3. Use a hole punch to make holes on either side of the white ruff. Use Blu Tack under the eyes and push in a pencil to make holes in the card, then cut out the eye holes.



4. Push a length of elastic through the holes at the side, long enough to fit round your head, and secure with a knot.



The rest of the outfit is up to you – but choose something dapper – maybe a scarf and a jacket to complete the look!



Time to take action for nature



Big Garden Birdwatch starts this Friday but there's still time to **sign up and download your free guide** so you play your part in the UK's biggest citizen science wildlife survey.

[Sign me up](#)

What you get when you sign up

Sign up for Big Garden Birdwatch today and download your free guide on how to take part, which includes an ID chart to help you spot

familiar UK bird species. By the time the weekend comes, you'll be used to telling the difference between a house sparrow and a dunnock, or knowing a coal tit from a great tit.

Taking part is as easy as 1, 2, 3

1. Watch the birds around you for one hour.
2. Count the highest number of each species you see at any one time.
3. Go online and tell us what you saw.

Our [how-to page](#) explains in more detail what you have to do.

If you go to [the 2022 results](#) you'll see how many birds were spotted and which ones made it into the top ten. What will the rankings look like this year? You can also [watch highlights](#) from last year's Big Garden Birdwatch Live.

As a thank you, we'll also email you a code for 20% off plus free postage and packing, when you buy from the RSPB online shop*. It's a great way to stock up on bird feeding essentials to make sure your Birdwatch counts.

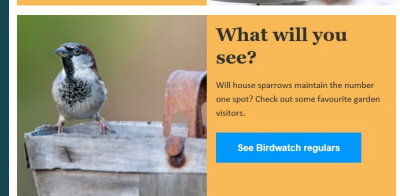
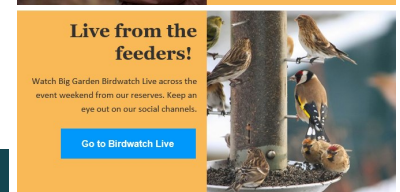
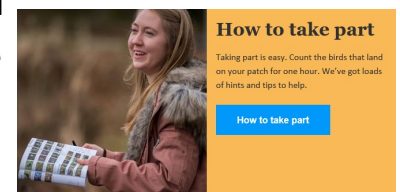
Why your Birdwatch matters

With many of our well-loved birds declining due to the nature and climate emergency, counting the birds you see on your patch has never been more important. You'll be playing your part in helping us build the picture of how UK birds are faring and taking action to protect our birds for generations to come.

We hope you have a fantastic hour with nature.

Enjoy your Big Garden Birdwatch.

Tash and the Big Garden
Birdwatch Team



ONOMATOPOEIA 'POP ART' COLLAGE

Amazing art work from Winston Churchill and Aretha Franklin Groups. They have been looking at work by Pop Artist Roy Lichtenstein.



PERSONALISED LEARNING—ART COLLABORATION



NATIONAL STORYTELLING WEEK 2023

National Storytelling Week 2023 runs from January 28th to February 5th. Stories teach us about the world, they allow us to step into someone else's shoes and feel empathy, they help us to relax and escape and they can help develop essential literacy skills. National Storytelling Week takes place in storytelling clubs, theatres, museums, schools, hospitals, spoken word venues, and care homes (where this event has been steadily growing each year!).

Wherever the events take place, the web of stories will be spun with sufficient magic between the breath of the storyteller and the ear of the listener.

National Storytelling Week is celebrated by all ages enjoying - Folk tales, fairy lore, figments, phantoms, dragons, serpents, storms at sea. A good teller will conjure intriguingly.

Thanks to The Society for Storytelling's Annual National Storytelling Week every year, to tellers all who have given time and made with their tale a timeless memory, our grateful thanks for the gift given – and to those who heard and listened and walked away carrying that tale with them, hopes go out too to share the tale they heard.

Remember everyone has at least one story to tell. It exists in the very air around you – Your story is the one you know best and as it is only the beginning, the stories you will tell might begin with... Once upon a time or not in my time, not in your time but in someone's time... Enjoy! So if you have a story to tell... tell it, and if you don't find someone to tell you theirs.



QUEST ACADEMY LUNCHES: UPDATE

- As of **Monday 17th April 2023** school meals will cost **£2.72** per day (**£13.60** per week).
- Payment for hot lunches need to be made in advance via ParentPay. Your account needs to be in credit at all times. If you have not paid for a meal in advance your child will need to bring in a packed lunch. If you haven't currently got a ParentPay account please contact the School Office on 01788 593 112.
- If your child is eligible for Free School Meals (FSM) please apply via the online application form using this link www.warwickshire.gov.uk/freeschoolmeals For learners currently on our FSM list you do not need to reapply-new learners will need to let Warwickshire Council know they have transferred).
- We have lunch delivered by a company called Educaterers, menus run on a three week revolving basis (if you would like these menus emailing please let the School Office know). If there is a day where your child does not like anything then they will need to bring in a packed lunch.
- Fizzy drinks and sweets **are not allowed** in school. On special occasions Quest may buy sweets/ ice-cream for the learners. **Please also note we are a nut free school.**



educaterers



A FOOD STORY



ParentPay



We would like to remind parents/ carers we have balls in school, learners do not need to bring in their own. If they do, they will have to be handed in on arrival like any phones.



2023 HOLIDAY CLUB SCHEME

Paddox Primary School (CV22 5HS)

Clubszone are pleased to be working with the local council in providing exciting opportunities for the Easter and Summer holidays in 2023.

Time of the club will be 8:40am – 4:15pm each day.

Our holiday camps are **5-star rated on Trustpilot** and we provide many different activities for children of all abilities aged between 5 – 13.

Example Timetable

Time	Group 1 Ages 5-6	Group 2 Ages 7-8	Group 3 Ages 9-10	Group 4 Ages 11-13
8:40am - 9:15am	REGISTRATION AND GROUP GAMES			
9:15am - 10:00am	TAG GAMES	BASKETBALL	HANDBALL	TAG RUGBY
10:00am - 10:40am	DRAMA	QUAD BALL	TENNIS	BASKETBALL
10:40am - 11:15am	MORNING BREAK			
11:15am - 12:15pm	LASER TAG	VOLLEYBALL	DANCE	FOOTBALL
12:15pm - 1:15pm	LUNCH BREAK			
1:15pm - 2:00pm	DODGEBALL	DRAMA	ROUNDERS	ARCHERY
2:00pm - 2:45pm	FOOTBALL	ARCHERY	FENCING	DANCE
2:45pm - 3:00pm	AFTERNOON BREAK			
3:00pm - 3:45pm	DANCE	FOOTBALL	PAC-MAN	TABLE TENNIS
3:45pm - 4:15pm	SIGNING OUT AND GROUP GAMES			

The HAF scheme is for children that are pupil premium and receive free school meals. There is **NO CHARGE** for this service and the children would also receive a **free lunch** at the club.

How to register a place for your child?

Ways to Book

- ① Text 07305191086
- ② Email HAF@clubszone.co.uk
- ③ Scan The QR Code Below



Information Required to Secure Your Booking

- Full Name of Child
- Date of Birth
- School Attending
- Home Postcode
- Parent Name
- Parent Email Address
- Parent Phone Number

Please inform us about any SEN support that your child may require.

SEND Parent Carer Webinar

Friday 27 January 2023, 1 - 2pm

Direct Payments

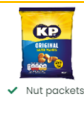


RECYCLE THE UNRECYCLABLE WITH TERRACYCLE®

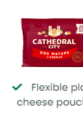


Thanks to Cathy, Quest are now registered to collect the below items (washed out). The more we collect, the more points we earn that can go towards purchasing supplies. Learners can bring them in from home.

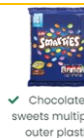
The KP Snacks® Nuts, Popcorn, Crisps & Pretzels Packet Free Recycling Programme accepts nuts, popcorn, crisps & pretzels packets from all brands.



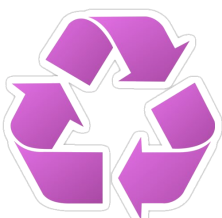
The Cheese Packaging Free Recycling Programme: any brand of flexible plastic cheese packaging and nets



Confectionery Free Recycling Programme accepts plastic confectionery packaging from all brands.



RECYCLE YOUR CHRISTMAS TINS AND TUBS!



If you were lucky enough to receive some choccy's over Christmas and have been left with an empty tub please send them in to Cathy for Food Tech, we will happily reuse.



TERM DATES FOR 2022 - 2023

SPRING TERM 2023

Half term	Monday 20th - Friday 24th February 2023
Trust INSET (no learners on site)	Friday 10th March 2023
Ends	Friday 31st March 2023
Spring (Easter) holiday	Monday 3rd - Friday 14th April 2023

SUMMER TERM 2023

Starts	Monday 17th April 2023
Bank Holiday	Monday 1st May 2023
Bank Holiday (Kings Coronation)	Monday 8th May 2023
Half term	Monday 29th - Friday 2nd June 2023
INSET day (no learners on site)	Monday 10th July 2023
INSET day (no learners on site)	Tuesday 11th July 2023
Ends	Friday 28th July 2023

Quest Contact details:

Quest Academy
Anderson Avenue
Rugby
Warwickshire
CV22 5PE

E: quest.office@macintyreacademies.org

T: 01788 593 112

How to contact members of staff:

Please contact Reception if you would like to speak with a member of staff. You will either be transferred or reception will email the member of staff to let them know that you have called.

Reporting pupil absence and lateness:

If your child is absent for more than 7 days you will need to provide a doctors certificate. If we do not receive a doctors note and have not seen your child we will have no alternative but to refer the matter to the Safeguarding Board in line with our safeguarding procedures.



Please can we remind parent/carers to call school on **01788 593 112**, before 9am if your child may be late or is unwell.

You will also need to contact the taxi company to let them know.

