

Relationships & Sex Education at Quest

What is Relationships & Sex Education

- RSE is about the emotional, social and cultural development of pupils, and involves learning about relationships, sexual health, sexuality, healthy lifestyles, diversity and personal identity.
- RSE involves a combination of sharing information, and exploring issues and values.
- RSE is not about the promotion of sexual activity.

What are the Aims of Relationships & Sex Education

The aims of relationships and sex education (RSE) at our school are to:

- Provide a framework in which sensitive discussions can take place
- Prepare pupils for puberty, and give them an understanding of sexual development and the importance of health and hygiene
- Help pupils develop feelings of self-respect, confidence and empathy
- Create a positive culture around issues of sexuality and relationships
- Teach pupils the correct vocabulary to describe themselves and their bodies

Delivery of RSE

- In Primary Education, RSE is delivered as part of the PSHCE curriculum. Biological aspects of RSE are taught through the Science curriculum, whilst other aspects are taught in Religious Education.
- In Primary Education, relationships education focuses on teaching the fundamental building blocks and characteristics of positive relationships.
- In Secondary Education, relationships and sex education focuses on giving young people the information they need to help them develop healthy, nurturing relationships of all kinds.

What are your rights as parents or carers relating to RSE in Primary Education?

- Parents do not have the right to withdraw their children from relationships education.
- Parents have the right to withdraw their children from the non-statutory/non-science components of sex education within RSE.
- Requests for withdrawal should be put in writing using the form found in Appendix 3 of this policy and addressed to the Principal.
 - Alternative work will be given to pupils who are withdrawn from sex education.

What are your rights as parents or carers relating to RSE in Secondary Education?

- Parents have the right to withdraw their children from the non-statutory/non-science components of sex education within RSE up to and until 3 terms before the child turns 16. After this point, if the child wishes to receive sex education rather than being withdrawn, the school will arrange this.
- Requests for withdrawal should be put in writing using the form found in Appendix 3 of the RSE policy and addressed to the Principal.
 - A copy of withdrawal requests will be placed in the pupil's educational record. The Principal will discuss the request with parents and take appropriate action.
- Alternative work will be given to pupils who are withdrawn from sex education.