



MacIntyre Academies
Quest Academy

MAY 2023 EDITION 1 NEWSLETTER



FACEBOOK PAGE — Quest Academy Family Group



Half term — Monday 29th - Friday 2nd June 2023

“Quote of the week”

“You don't always need a plan. Sometimes you just need to breathe, trust, let go, and see what happens.”

- Mandy Hale

WELCOME



Dear Parent/ Carer,

I hope that you enjoyed the bank holiday weekend and that you continue to find the Newsletter insightful and informative. It is hard to believe that half term is only two weeks away with only one more half term left before the end of the academic year.

I would also like to remind you that our last two INSET days for this academic year are on 10th and 11th July. Hopefully, these two days may provide you with an opportunity to visit a free museum or an event that might otherwise be too busy for your child to manage in the school holidays.

INSET days in September have been organised to support the smooth running of the school as well as provide you with the opportunity to take a break at a less busy and cheaper time than is typical over the normal holiday period.

In this edition of the Newsletter there are details of a number of community events as well as a Safeguarding article about Spotify. If you are aware of any other community events now or in the Summer holidays please let us know and we will share this information via our Newsletter.

Finally, well done to the two learners who took part in SATS this week. We hope that the results they achieve reflect their hard work.

Kind regards,

Nicola Wells

Half Term Holiday: Monday 29th May - Friday 2nd June 2023

We are successful because;-

...the mother of one of our learners said that the consistency at school and her son's teacher's support this year have resulted in a noticeable difference in his attitude to learning, and therefore his engagement and progress.

...the mother of one of our learners said that her son enjoys attending school as well as taking part in class discussions and activities.

Robodog

by David Walliams (Author), Adam Stower (Illustrator)

The incredibly funny new illustrated children's book for 2023, from the multi-million bestselling author of SPACEBOY.

Bedlam is one of the most dangerous places on Earth – home to a host of wicked villains. Nothing and nobody is safe from these evil criminals. The city needs its own superhero to defeat the supervillains. But who?

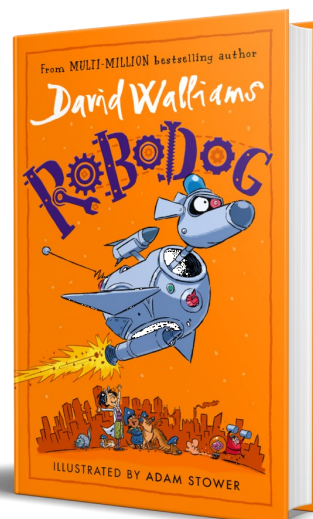
Robodog!

He's the newest recruit at the Police Dog School, and supercharged for adventure. But can he stop the most feared duo in Bedlam, and their evil plans to ruin the city . . .?

Reading age



7 years and up



NOWTennis

Learn. Play. Live tennis.

Still looking for an activity for your children to do during the May Half

Term? Here at **NowTennis**, we have the perfect solution for you

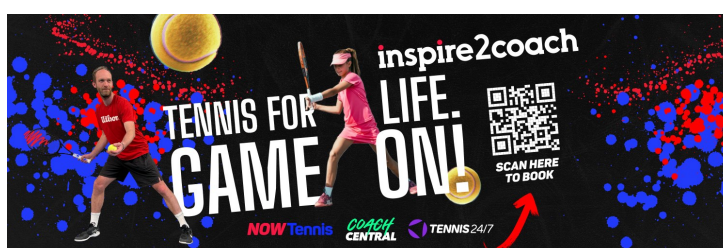
Our **NowTennis** camps are filled with exciting games, specialist tennis coaching provided by qualified coaches, and competitions!!

Beginner or winner, your children will have an **ACE** time at **Rugby Lawn Tennis Club** so book now! Camps are running on **Tuesday 30th May & Thursday 1st June** with new extended days listed below!!!

- Full days = 8.30am - 4pm (£27 per day)
- Half days = 8.30am - 12pm (£17 per day)

All abilities welcome from ages 4 to 16 (Children must be age 5+ to attend a full day) Click [here](#) to book now and secure your child's place!

If you have any queries, please email us at info@inspire2coach.co.uk and we'll be happy to help. We hope to see you on court at our **NowTennis** camps this half term!!

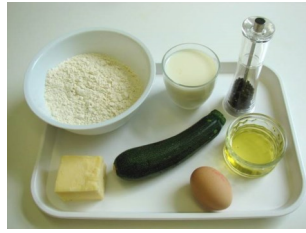


COURGETTE AND CHEESE MUFFINS



Ingredients

- 1 small courgette
- 50ml oil
- 1 egg
- Black pepper
- 100g cheddar cheese



Equipment

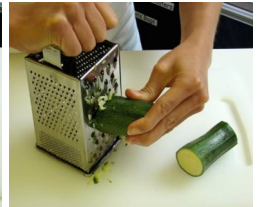
- 12 muffin cases
- Muffin tin
- Chopping board
- Knife
- Grater
- Measuring jug
- Mixing bowl
- Wooden spoon



Method

1. Preheat oven to 200°C or gas mark 6.
2. Place the muffin cases in the muffin tin.
3. Cut the ends of the courgette.
4. Grate the courgette and cheese.
5. Add the flour, courgette, cheese and milk.
6. Add the oil, egg and a grind of black pepper, than mix to form a smooth batter.
7. Divide the mixture.

Complexity:
low-medium



Top tips

- Try using a grated carrot instead of courgette.
- Add finely sliced chilli or ginger for a different flavour.
- Crumble in a little crispy grilled bacon.
- Try different types of cheese e.g. feta, edam.



Food skills



Weigh.

Measure.



Grate.

Cut.



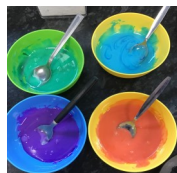
Mix, stir & combine.

Divide.



Bake.

FABULOUS FOOD TECH FUN



Understanding Your Teenager

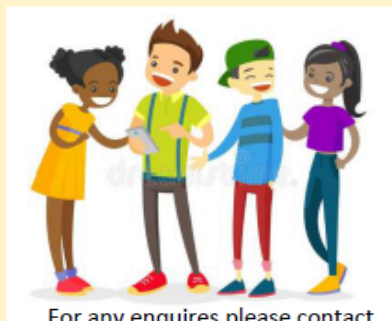


2-hour FREE workshop for parents/carers at:
Rugby Library and Information Centre, Little Elborow
Street, Rugby CV21 3BZ
On Tuesday 16th May 2023 at 10:00- 12:00

The teenage years can be challenging both for parents and teenagers themselves! But teenager's behaviour does not have to be a mystery.

The aim of Understanding Your Teenager 2-hour workshop is to enhance parent/carers relationships with their teenagers building on parent/carers understanding of teenage development and behaviours.

To book a place
scan QR code:



For any enquires please contact



ehparenttrainers@warwickshire.gov.uk

RUGBY @ QUEST





WHAT IS THE GREAT BIG GREEN WEEK?

The Great Big Green Week is the UK's biggest call for action on climate change. It celebrates community action to tackling climate change and protecting nature, and will take place this year between **10th and 18th June 2023**,

Together, we will show decision makers that people from all walks of life are stepping up to take action on climate change - and we need them to step up too.

Last year, over a quarter of a million people got involved in Great Big Green Week, by showing up for the planet in their community and online.

Great Big Green Week is coming! #GreatBigGreenWeek is Head to greatbiggreenweek.com to find information on how to start planning an event in your community.

We will be doing our own big clean up,
by doing some litter picking!



ROSA PARKS CLASS CELEBRATING THE CORONTATION



TERM DATES FOR 2022 - 2023

SUMMER TERM 2023

Half term	Monday 29th - Friday 2nd June 2023
INSET day (no learners on site)	Monday 10th July 2023
INSET day (no learners on site)	Tuesday 11th July 2023
Ends	Friday 28th July 2023

ACADEMIC YEAR 2023 - 2024

Please find below the agreed dates for academic year 2023 - 2024. We have two extra days for half term in October and days added on to the Summer Term. The rationale is that the days have been organised to allow families to take advantage of quieter and cheaper holidays.

AUTUMN TERM 2023

INSET Days (no learners on site)	Friday 1st, Monday 4th & Tuesday 5th September 2023
Learners Start Back	Wednesday 6th September 2023
Half term	Monday 30th October to Tuesday 7th November 2023
Learners Start Back	Wednesday 8th November 2023
Ends	Friday 22nd December 2023
Christmas holiday:	Monday 25th December 2023 to Friday 5th January 2024

SPRING TERM 2024

Starts	Monday 8th January 2024
Half term	Monday 12th February to Friday 16th February 2024
Learners Start Back	Monday 19th February 2024
Trust INSET Day (no learners on site)	Friday 8th March 2024
Ends	Friday 22nd March 2024
Spring (Easter) holiday	Monday 25 March 2024 to Friday 5 April 2024

SUMMER TERM 2024

Starts	Monday 8th April 2024
Bank Holiday (no learners on site)	Monday 6th May 2024
INSET day (no learners on site)	Tuesday 7th May 2024
Half term	Monday 27th May 2024 to Friday 31st May 2024
Learners Start Back	Monday 3rd June 2024
Ends	Tuesday 23rd July 2024



SCHOOL ECO COUNCIL NEWS

Thanks to Cathy, Quest are now registered to collect the below items (washed out).
The more we collect, the more points we earn that can go towards purchasing supplies. Learners can bring them in from home.

	<p>The KP Snacks® Nuts, Popcorn, Crisps & Pretzels Packet</p> <p>Free Recycling Programme accepts nuts, popcorn, crisps & pretzels packets from all brands.</p> <div> </div>
	<p>The Cheese Packaging Free Recycling Programme:</p> <p>any brand of flexible plastic cheese packaging and nets</p> <div> </div>
	<p>Confectionery Free Recycling Programme</p> <p>accepts plastic confectionery packaging from all brands.</p> <div> </div>

Coventry and Warwickshire Mind have organised a fun-filled afternoon. From bouncy castles, a disco, crafts, face painting, and a chill-out zone to outdoor games such as tag rugby, penalty shoot-out and many more. There are lots of activities that will keep your little ones entertained (and maybe you too)! You'll even get a packed lunch.

Tickets are £8 for adults and £7 for children (Car parking at pay machine - not included). **All activities are included in the ticket price.** All proceeds go to supporting people in your local community with mental health issues.

This event is now live on Eventbrite; <https://www.eventbrite.co.uk/e/family-fun-day-tickets-567904105467>

What Parents & Carers Need to Know about

SPOTIFY

Spotify is a digital music, podcast and video service which gives users access to millions of songs and other content from creators all over the world. Since launching in 2008, Spotify has revolutionised the way music is listened to: it now offers the ability to manage and share more than 100 million tracks and five million podcast series, plus personalised recommendations, new release updates and the option to create collaborative playlists. As of February 2023, it is the world's most popular audio streaming subscription service with 489 million users globally.

WHAT ARE THE RISKS?

EXPLICIT LYRICS

As per Spotify's terms and conditions, people need to be at least 13 to use it. That said, the platform doesn't censor lyrics unless instructed to do so in the settings – so it's worth noting that young teenagers could still be exposed to age-inappropriate songs which contain explicit references to sexual behaviour, violence, discriminatory language and swearing.

GROOMING TACTICS

Although Spotify doesn't come with dedicated chat functionality, concerns were raised in January 2023 after reports of an 11-year-old girl being coerced into sharing explicit pictures of herself on the platform. The case highlighted predators' tactics of sharing empty playlists with other users: their messages were being exchanged undetected through edited song titles and descriptions, bypassing security measures.

OVERSHARING

Spotify provides a perfect way to play music, with the ability to connect to another device, such as a Bluetooth speaker or an in-car stereo. While this is a useful feature, it's also easy to forget your surroundings and inadvertently play content which isn't appropriate for all listeners (especially those under the age of 18), potentially causing alarm or distress.

AGE-INAPPROPRIATE PODCASTS

Spotify's podcast community has grown exponentially and it's become a popular base for millions of users to listen to shows, stories, interviews and more – with content covering an array of topics. This includes some material which isn't suitable for minors, including audio which is obviously adult-themed, but can be just as easily accessed as everything else.

ACCESS TO SPOTIFY LIVE

If your child has a Spotify account, they'll also be able to access the platform's audio-only chat service: Spotify Live. While it's a separate stand-alone app, Spotify Live allows people to listen to live discussions on the main Spotify platform and, more notably, lets users enter virtual rooms to chat with other users, opening up direct conversations with strangers and individuals who might not necessarily be there for the right reasons.

Advice for Parents & Carers

SWAP TO SPOTIFY KIDS

If you're concerned about what your child might hear while streaming music, Spotify Kids is a separate, ad-free service specifically designed for children aged 12 and under. It allows younger users to enjoy human-curated, child-friendly content (such as music and audiobooks) and is available to users with a Spotify Premium Family subscription – meaning that parents can view and manage the content their child listens to.

CENSOR EXPLICIT CONTENT

Regardless of what type of account your child uses to access Spotify, there is an option to turn off explicit content in the settings – greying out all songs marked with an 'E' tag. If your child has their own individual account, it's easier for them to turn it back on – whereas with a family plan, you're in control and your child can't alter the setting without knowing the password.

TALK ABOUT THE RISKS

As with any platform, it's good practice to talk to your child about what they should be aware of when using Spotify. For instance, it's important they're aware never to share any personal information with strangers, and what they should do if they're exposed to inappropriate content. Encourage them to think critically about what they see and hear so that they feel comfortable raising any concerns with you.

KEEP AN EYE OUT

If you're concerned that your child is spending too much time on Spotify or you've noticed they're being particularly secretive about how they're using it, encourage them to talk about what they're listening to. It's always prudent to show an interest in their online habits from the outset – so you're confident they're using apps and services in the right way, for the right reasons, and they're not being drawn into anything they shouldn't be.

Meet Our Expert

Carly Page is an experienced technology journalist with a track record of more than 10 years in the industry. Previously the editor of tech tabloid *The Inquirer*, Carly is now a freelance technology journalist, editor and consultant.



Source: <https://newsroom.spotify.com/company-info/> | https://www.spotify.com/privacy/files/Parental_Guide.pdf | <https://www.spotify.com/us/live/> | <https://www.manchestereveningnews.co.uk/news/greater-manchester-news/police-confirm-investigation-launched-after-25918035>

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BAKERS FROM THE WHOLE OF THE UK TAKE PART IN NATIONAL DOUGHNUT WEEK...

National Doughnut Week is a very special week where businesses including bakers, coffee shops, offices and take part and sell lots of delicious doughnuts to raise funds for The



Children's Trust. It's really easy to get involved and there is no charge to take part! All you have to do to register free is complete the online [registration form](#) and you will receive a pack of goodies to help organise and promote the week. So whether you're a baker, a school or a business that wants to get involved and raise funds for The Children's Trust we'd love to work with you. And 100% of the funds raised go straight to the charity so rest assured all your hard work directly benefits the children involved in The Children's Trust.

PRIVACY NOTICE

MacIntyre Academies collects and uses pupil information which complies with General Data Protection Regulation (GDPR). This is Europe's framework for data protection laws – it replaces the previous 1995 data protection directive, which UK law has previously been based upon.

You can read the full details of our [Privacy Notice](#) in the policy. This includes more details of our legal basis for the use of specific information.

Quest Contact details:

Quest Academy
Anderson Avenue
Rugby
Warwickshire
CV22 5PE

E: quest.office@macintyreaducation.org

T: 01788 593 112



How to contact members of staff:

Please contact Reception if you would like to speak with a member of staff. You will either be transferred or reception will email the member of staff to let them know that you have called.

Reporting pupil absence and lateness:

If your child is absent for more than 7 days you will need to provide a doctors certificate. If we do not receive a doctors note and have not seen your child we will have no alternative but to refer the matter to the Safeguarding Board in line with our safeguarding procedures.

Please can we remind parent/carers to call school on **01788 593 112**, before 9am if your child may be late or is unwell.

You will also need to contact the taxi company to let them know.

