MacIntyre Academies Quest Academy

NOVEMBER 2020 EDITION 2 NEWSLETTER



Thank you to Lizzie, & learners Marley and Ruby for our amazing chalk art in the playground.





"Books are a uniquely portable magic."

Stephen King

WELCOME Dear Parents/Carers,



Welcome to our newsletter. It has been a busy fortnight with learners taking part in a range of activities linked to Children in Need and Antibullying week. In our next newsletter we will include some of the Anti- bullying posters the learners have created throughout the week.

The School Council and Equality Champions Teams continue to play a pivotal part in the life of the school. They are keen to support our local community and have decided to support a local charity HOPE (for more information about this please see page 10).

The School Council and Equality Champions Teams are also working very hard to support us achieve the Silver Rights Respecting Award by December and Stone Wall Champions by the end of the year.

After Christmas we will be inviting learners to apply for the role of a Digital Leader. The purpose of this role is for peers to support each other stay safe on line.

Thank you for your continued support, I hope that you all have a good weekend.

Kind Regards,

Nícola Wells.







I would just like to pass on my congratulations to the following learners for achieving certificates from AQA, confirming they have achieved **Entry Level in Mathematics**:

- Joshua H.
- Scott W.
- Andrew V.
- Hartley E.
- Stevie M.
- Callum G.

Laura-Jane Boshell Office Manager and Exams Officer.

WEDNESDAY 16TH DECEMBER

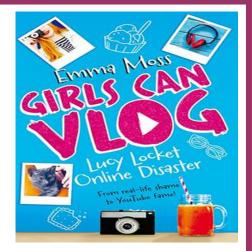


Book of the Week

Girls can Vlog: Lucy Lockett Online Disaster

by Emma Moss.

A new country, new home, and now a new school. Lucy misses her friends, her stammer is worse than ever, and now school bully Dakota has made an extremely embarrassing video of Lucy's disastrous first day and posted it online for everyone to see.



Lucy's best friend suggests she try vlogging to help make new friends and share what's happening in her life with her old ones. At first Lucy's

sceptical, but then she figures she's got nothing to lose. Surprisingly, it's a success and soon Lucy has the vlogging bug. But Dakota is determined to make Lucy's life hell, and now Lucy's mum's new job is suddenly in jeopardy. Will vlogging turn out to be a help or a hindrance?

With diary-style transcripts of Lucy's vlogs interspersed throughout the book, this is a fun and highly relatable story detailing the anxieties of everyday life as Lucy gradually acclimatises to her new school and new friends. Perfect for anyone who loves stories about friendship and its ups and downs, and finding your inner braveness to try new things. Plus there are great tips for anyone keen to start their own vlog!

NO PENS DAY WEDNESDAY

No pens day Wednesday is an annual **day** of spoken language activities that takes place in schools, colleges and early years settings across the country. This year it is on **Wednesday 25th November 2020!**

We can't wait to see what interesting work will be created this year! Taking part in No Pens Day can draw attention to the pupils who find spoken language challenging.



No Pens Day Wednesday

No Pens Day

Wednesday

Last year we had a great success celebrating No-Pens-Day Wednesday. The aim is to not use a pen for a whole day and focus on the importance of speaking and listening.

Amy Wilkins Speech and Language Therapist

No Pens Day Wednesday

No Pens Day

Wednesday

Putting spoken language in the spotlight No Pens Day Wednesday
25th November 2020
No Pens Day Wednesday is an annual day of spoken language activities that takes place in schools, colleges and early years settings across the country.
Spoken language skills (sometimes called oracy) are fundamental for learning to read and write, managing emotions, developing friendships and entering employment. However, spoken language is underrepresented in the curriculum in comparison to reading and writing.
I CAN provides resources, advice and guidance for participating schools and settings.
By putting down your pens and shouting out about spoken language, you can:
 Develop pupils' spoken language skills Develop staff's understanding of spoken language and embed it into your curriculum Try out new teaching approaches and engage pupils in exciting pens-free activities Identify pupils who need additional support to develop their speech, language and communication skills

NEW STAFF

We have had a new Teaching Assistant *officially* join our staff team over the last couple of weeks, so of course we had to do a Quest Quiz to get to know them! Below are Farreena's responses...

1. What is the best job you've ever had and why?

have worked in office environments as well as schools, I must say my favourite job is working in

schools as a Teaching Assistant because I find it rewarding.

2. Where's the most interesting place you've ever been too?

Egypt

3. If you could live anywhere in the world, where would it be and why?

Turkey because it is a beautiful country with lots of history, exotic food and tourism.

4. Who is the most famous person you've met?

Boxer Amir Khan and Lewis Hamilton when he was not famous.

5. Thinking about your working life, tell us about a time where you have gone beyond the requirements of your role to achieve something amazing?

During a charity event hosted by one of the schools I worked for previously, I volunteered to help and support them by bringing in 4 lots of home-cooked dinners to sell and raise money for a children's hospital.

6. Do you prefer hot sunny holidays' or wonderful winter holidays and why?

Hot sunny Holidays, I prefer being in the heat to the winter.

7. What is the most disgusting food you've ever eaten?

The brain of a Goat, the texture was not pleasant and the taste was vile.

8. What sport do you play and at what level?

Badminton with my work colleagues.

9. Have you ever done anything to raise money for charity?

I have always got involved in charities, every month I pay towards different charities which support orphans around the world.

10. What's your favourite food and why?

I love different foods but I can't just choose one, in general, my favourite food is anything spicy.

11. What was the last TV series you watched?

Lock and Key and I loved it !!!!

12. What car would you like to drive in money was no question?

Bentley for sure.





ANTI-BULLYING WEEK 2020: UNITED AGAINST BULLYING



Monday 16th - Friday 20th November

Learners have taken part in a range of activities to help them understand the impact bullying can

have and how making small changes can make a big difference.

This included debate/ discussion and team building activities.



SAFEGUARDING



I thought it might be useful over the next couple of newsletters to share information on general safeguarding issues that you, as parent's may not be aware of....



What is "County Lines"?

County lines is a form of criminal exploitation where urban gangs persuade, coerce or force children and young people to store drugs and money and/or transport them to suburban areas, market towns and coastal towns (Home Office, 2018). It can happen in any part of the UK and is against the law and a form of child abuse.

Children and young people may be criminally exploited in multiple ways. Other forms of criminal exploitation include child sexual exploitation, trafficking, gang and knife crime.

County lines gangs are highly organised criminal networks that use sophisticated, frequently evolving techniques to groom young people and evade capture by the police.

Perpetrators use children and young people to maximise profits and distance themselves from the criminal act of physically dealing drugs (National Crime agency, 2018). Young people do the majority of the work and take the most risk.

Dedicated mobile phone lines or "deal lines" are used to help facilitate county lines drug deals. Phones are usually cheap, disposable and old fashioned, because they are changed frequently to avoid detection by the police.

Gangs use the phones to receive orders and contact young people to instruct them where to deliver drugs. This may be to a local dealer or drug user, or a dealer or drug user in another county.

Phrases that young people may use to refer to county lines include:

- 'running a line',
- 'going OT/out there'
- 'going country'
- 'going cunch'.

Peer-on-peer sexual abuse is sexual abuse that happens between children of a similar age or stage of development. It can happen between any number of children, and can affect any age group (Department for Education (DfE), 2018).

It can be harmful to the children who display it as well as those who experience it. Children can experience peer-on-peer sexual abuse in a wide range of settings, including:

- at school
- at home or in someone else's home
- in public spaces
- online

(NSPCC, 2018).

It can take place in spaces which are supervised or unsupervised. Within a school context, for example, peer-on-peer sexual abuse might take place in spaces such as toilets, the playground, corridors and when children are walking home (Contextual Safeguarding Network, 2020). More info on: <u>https://learning.nspcc.org.uk/child-abuse-and-neglect/county-lines</u> *Anna Stelfox*

Safeguarding and Wellbeing Lead.



TRIPLE P



(Positive Parenting Programme) A FREE parenting course for parents & carers of children aged 2 to 12 years.

- Online via Microsoft Teams.
- Group sessions are in term-time, and within school hours.
- Thursday mornings, 10am til 12pm.
- Starts 26th November 2020.

Find out new ways to enjoy time with your child, build on your

relationships, and tackle the challenges. Learn effective ways to support your child's behaviour.

Places are a limited and registration is online. Search for 'Eventbrite Warwickshire Families,' or visit <u>https://www.eventbrite.co.uk/e/group-0-12-</u> <u>years-triple-p-online-parenting-programme-tickets-126958475217</u> or scan this QR code:





MINI CORNISH PASTIES

Ingredients

- 225g lean braising steak
- ½ onion
- 50g swede
- 1 small potato
- Black pepper
- 2 x 10ml spoon water
- 400g shortcrust pastry

1 egg

Equipment









Complexity: Medium-High Time: 90+ mins

Chopping board, vegetable knife, peeler, measuring spoons, large bowl, spoon, flour dredger, rolling pin, small side plate, small bowl, fork, fish slice, pastry brush, oven gloves, baking tray.

Method

- 1. Preheat the oven to 180°C or gas mark 4.
- 2. Prepare the filling ingredients:
 - dice the meat;
 - peel and chop the onion;
 - peel and chop the swede.
- 3. Put the meat, potato, onion, swede and water into the small bowl.
 - Season with a few twists of black pepper.
- 4. Mix everything together.
- 5. Divide the pastry into four.
- 6. Take one piece of the pastry and, on a lightly floured surface, roll it out. Place the small plate on top and cut around the plate to make a circle.
- 7. Place 3 to 4 spoons of filling in the middle of the circle.
- 8. Beat the egg in a small bowl.
- 9. Brush the edges of the pastry with the beaten egg.
- 10. Pull up the two opposite sides of pastry and pinch them together all the way along.
- 11. Brush the pasty with a little beaten egg, then transfer it on to a baking tray.
- 12. Repeat this with the remaining pastry and filling.
- 13. Carefully, place the baking tray into the hot oven wearing oven gloves.
- 14. Bake the pasties for one hour.
- 15. Wearing oven gloves, remove the pasties from the oven. Place onto a cooling rack.

Top tips

Use a different chopping board and knife to cut the meat and vegetables.

Use different fillings e.g. cheese and onion, or mixed vegetables.

Food skills

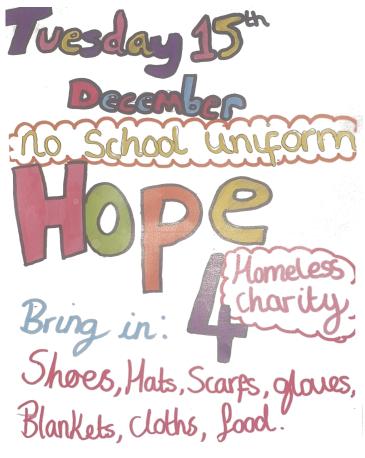


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NON-UNIFORM DAY: TUESDAY 15TH DECEMBER





We are working with a charity called <u>Hope4</u> - this is a local charity in Rugby which work with people to make a difference and to help them when they need it the most, they work with the local food banks and shelters.

We are planning a non-school uniform day on **Tuesday 15th December** for staff and learners. We are going to be getting a box in the front reception so that people can donate food, clothes and shoes that we can give to the charity. Thank you to Ruby, School Council for her poster. We will also be making sure everything is Covid friendly—***any items bought it must be in a sealed bag, these will then not be opened for 72 hours.** Ideally we would like to receive items of a Friday for this reason.

Please don't hesitate to email me if you have any questions.

Many thanks,

Emily Smith

Compassionate Schools Coach

UNIFORM EXPECTATIONS

As you are aware from previous newsletters, as a school we feel that it is important for all learners to wear the correct uniform. We understand that learners can grow out of their uniform

very quickly. We would appreciate it if you have any spare uniform if you can send it to school. To ensure that all learners are in the correct uniform, including PE kit, please contact Webb Ellis to purchase new uniform. You can call and order over the telephone on **01788 567 777**, email directly

<u>Christine@webb-ellis.co.uk</u>or visit

their site http://www.webb-ellis.co.uk/schools/



LOCAL

QUEST TERM DATES FOR 2020 - 21:

AUTUMN TERM 2020		
INSET day (no learners on site)	Tuesday 1st September 2020	
Starts	Wednesday 2nd September 2020	
Half term	Monday 26th October 2020 - Tuesday 3rd November 2020	
Ends	Friday 18th December 2020	
Christmas holiday	Monday 21st December 2019 - Monday 4th January 2021	
SPRING TERM 2021		
INSET day (no learners on site)	Monday 4th January 2021	
Starts	Tuesday 5th January 2021	
Half term	Monday 15th February 2021 - Friday 19th February 2021	
Trust INSET (no learners on site)	Friday 5th March 2021	
INSET day (no learners on site)	Monday 8th March 2021	
INSET day (no learners on site)	Tuesday 9th March 2021	
Ends	Thursday 1st April 2021	
Spring (Easter) holiday	Friday 2nd April 2021 - Friday 16th April 2021	
SUMMER TERM 2021		
Starts	Monday 19th April 2021	
Bank Holiday	Monday 3rd May 2021	
Half term	Monday 31st May 2021 - Friday 4th June 2021	
Ends	Friday 23rd July 2021	

SAFEGUARDING & FAMILY FOOTINGS TEAM





Daisy is responsible for lower school families and is available on;daisy.howden@macintyreacademies.orgWork mobile 07504001918Joan is responsible for upper school families and is available on;Joan.goodrich@macintyreacademies.orgWork mobile 07377990796

If you have any higher level Safeguarding concerns or questions please contact **Anna** on <u>anna.stelfox@macintyreacademies.org</u> Work mobile 07377990797.

We are available to help families with things like accessing family support, Early Help, Child In Need Meetings, Child Protection Meetings, taxi queries, support working with other professionals such as CAMHS, general safeguarding questions and much more.

Quest Contact details:

Quest Academy Anderson Avenue Rugby Warwickshire CV22 5PE E: <u>quest.office@macintyreacademies.org</u> T: 01788 593 112

How to contact members of staff:

Please contact Reception if you would like to speak with a member of staff. You will either be transferred or reception will email the member of staff to let them know that you have called.

Reporting pupil absence and lateness:

If your child is absent for more than 7 days you will need to provide a doctors certificate. If we do not receive a doctors note and have not seen your child we will have no alternative but to refer the matter to the Safeguarding Board in line with our safeguarding procedures.

Please can we remind parent/carers to call school on 01788 593 112, before 9am if your child may be late or is unwell.

You will also need to contact the taxi company to let them know.

Putting children and families first







