



MacIntyre Academies  
Quest Academy

## MARCH 2020 EDITION 1 NEWSLETTER



**INSET DAY REMINDER —Monday 16th March —Learners not in this day.**

“Quote of the week”

*“Believe in yourself and all that you are. Know that there is something inside of you that is greater than any obstacle”*

*Christian D Larson*

# WELCOME



Dear Parents/Carers,

It was wonderful to see so many families join us for our “drop in for a coffee” session last Thursday afternoon. If you have not yet had the chance to attend one of our drop in sessions these run every Thursday between 3.30 and 5.30 (although most families arrive between 3.45 and 4.45) please feel free to pop in and have a chat.

As you are aware we have been focussing on promoting reading across the school. Last week our learners celebrated World Book Day. Sydney, the reading therapy dog, also came in yesterday to hear some of the learners read. He thoroughly enjoyed all the attention but needs to practise good listening skills.

We are currently creating our upper school learning resource room called the Lava Lamp. The school council decided on the name as they felt the new reading pods looked like Lava lamps, we have carried on the theme and have purchased a large standing lava lamp for all to enjoy.

Kind regards,

*Nicola Wells.*

## ROSA PARKS CLASS

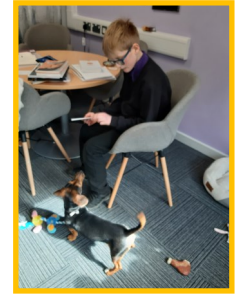
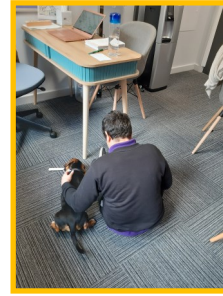
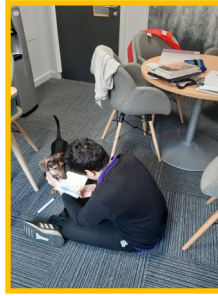
Pupils in Rosa Parks class have been working on building their own iron age roundhouses. They have been using both practical and digital resources.

Here are some of the practical examples:



## SYDNEY'S FIRST READING SESSION

Sydney enjoyed a lot of fuss and attention this week when visiting the school for his first session of learners reading to him as well as playing with his toys. He also enjoyed plenty of time to sleep within Nicola's office too. We look forward to seeing him again very soon.



## DATES FOR THE DIARY

**Thursday evening clubs 3:30pm-4:45pm and parent social - 3:30pm-5:30pm**

Feel free to come in to our Café area within the reception & enjoy some refreshments whilst chatting to some of our staff & other parents/carers.

**Parents evening possible date — Wednesday 25th March 4pm—6.30pm.**

**INSET DAY REMINDER —Monday 16th March —Learners not in this day.**

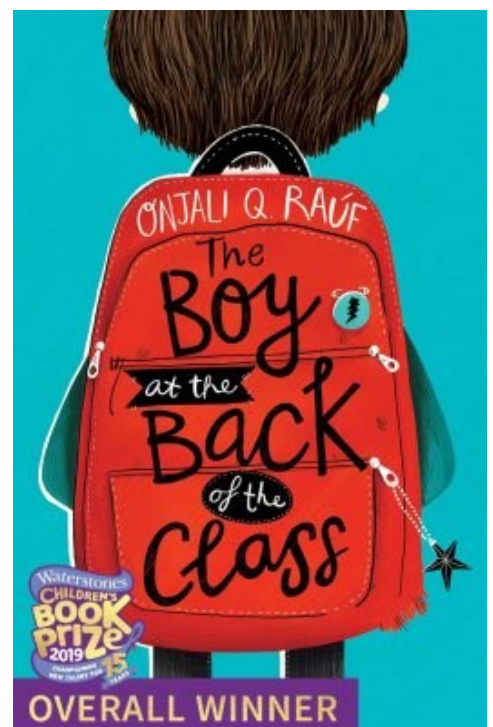
## Book of the Week

### The Boy At the Back Of The Class

Author: Onjali Q Rauf

A story of friendship, hope and the importance of kindness, *The Boy at the Back of the Class* is a story full of heart and humour, told from a unique perspective. Featuring illustrations from Pippa Curnick, this is an exceptional book by an emerging voice in children's writing.

When a new boy joins their class, a group of children try to befriend him. They soon learn that Ahmet is a refugee and has been separated from his family. None of the grown-ups seem to be able to help him, so the friends come up with a daring plan, embarking on an extraordinary adventure.



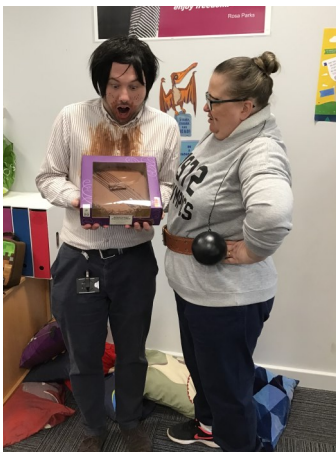




## WORLD BOOK DAY - 5TH MARCH 2020



The learners really excelled themselves this year. The creativity and thought that went into the costumes really did everyone proud. The learners spent time within class and during break times discussing their characters and the books that they belong to.



It was great to see that a number of staff also got involved in the day, dressing up as characters from Matilda, Harry Potter, Toy Story and other characters from comics.

Next year let's go bigger and better than this one!! Next year will be themed, it will be based on a series of books or an author.



Well done to Spiderman from Albert Einstein's class (Jude) for winning the best costume!

Thank you for everyone's involvement in making it a successful day. I look forward to next year.





## THE ENABLE TABLE / HELP YOURSELF SHELF.

The purpose of the initiative is to enable pupils to take ownership of their learning. The purpose of the Enable Table is to avoid bringing attention to weaker learners and, therefore, it should have something to meet the needs of all learners, including the more able and Gifted and Talented.

This will includes a whole range of things:

- Dictionaries
- Thesauri
- Extension tasks (relevant to the individual lesson)
- Challenge tasks (not necessarily related to the lesson)
- Alternative tasks
- Word banks
- Scaffolding and planning sheets
- Talking Tins – each class is provided with a Talking Tin. The teacher records the Learning Objective on the Talking Tin at the start of the lesson. Pupils may access the Talking Tin to remind themselves of Learning Objectives and learning activities
- Reading Ruler/Coloured Overlays – these are designed to support pupils with visual stress, dyslexia etc.
- Reading Line Trackers –these are used to support weaker readers maintain their flow when reading – use these instead of allowing finger-pointing
- Word lists –relevant to the subject and or topic – differentiated to allow access to all learners
- Planning support sheets – simple planning sheets to support development in the lesson
- Extension activities – again differentiated to allow the pupils to pick a new challenge once work is completed
- Hand-Writing pens

This list is not supposed to be exhaustive and to ensure needs are met, teachers may wish to provide more on their Enable Table.

# INTERNATIONAL WOMEN'S DAY -

## SUNDAY 8TH MARCH 2020

### INTERNATIONAL WOMEN'S DAY

"International Women's Day is a global day celebrating the social, economic, cultural and political achievements of women. The day also marks a call to action for moving towards gender parity."

- International Women's Day website



#### FOR OVER 100 YEARS

Held every year, International Women's Day (IWD) has taken place on March 8 for over 100 years.

*In 1975, IWD was adopted by the United Nations as an official, world-wide celebration of women's rights and world peace.*

While IWD celebrates inspirational contemporary and historical women, the day also aims to start conversations about gender equity issues.

#### THE MAIN AIMS OF INTERNATIONAL WOMEN'S DAY ARE:



to celebrate the achievements of women around the world



to encourage action on issues of gender equality



to empower women and girls around the world

#### Did you know?

- Globally, women make up just **23%** of people in national parliaments worldwide.<sup>1</sup>
- Women, on average, earn **25-40%** less than men who do the same job.<sup>2</sup>
- Across the world, over **60%** of the people who cannot read are women.<sup>3</sup>

The International Women's Day website says that the day "belongs to all groups". People of all genders, cultures, ages, languages and religions can take part in International Women's Day. Some of the important topics that are thought about on International Women's Day are:



gender equality



girls and women in leadership



personal and family safety



poverty



access to education



empowerment

<sup>1</sup><https://data.worldbank.org/indicator/SS.GSR.PA.LS>

<sup>2</sup><https://www.oeforum.org/reports/the-global-gender-gap-report-2017>

<sup>3</sup><http://uis.unesco.org/sites/default/files/documents/s45-literacy-rates-continue-the-generation-to-read-in-2017.pdf>



# INTERNATIONAL WOMEN'S DAY -

## WHO INSPIRES YOU?

### Yuna Kim



#### All About Yuna

Yuna was born on September 5, 1990 in Bucheon, Gyeonggi, South Korea. She was a professional figure skater and one of the most famous female athletes in South Korea.

#### Top of the Competition

Yuna is the first female figure skater to win all four of these prestigious competitions:

- The Winter Olympic Games
- The World Championships
- The Four Continents Championships
- The ISU Grand Prix

#### Making a Difference

Yuna Kim donated prize money, as well as profits from her ice shows, to others in need. She donated her prize money from the 2010 Winter Olympic Games to help relief efforts in Haiti, after the nation suffered a catastrophic earthquake.

Yuna is a Goodwill Ambassador for the United Nations Children's Fund.

Yuna says:

"I am not trying my best because it is the Olympics. I try my best always."

#### Learning to Skate

Yuna began skating when she was six years old. At the age of eleven, she became the youngest Korean skater to complete the five different triple jumps.

Yuna Kim is exceptional because she combines creativity, style, musical sense, graceful skating, technical skills, and incredible speed. She continues to inspire young skaters to believe that anything is possible.

#### Yuna in the Media

Yuna Kim is considered one of the best female skaters of all time. She was the highest paid athlete at the 2010 Winter Olympic Games. She has been named a 'Korean Power Celebrity' by American magazine *Forbes*, as well as being listed in *Time* magazine's 100 World's Most Influential People.

International Women's Day

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### Greta Thunberg



#### Who is Greta Thunberg?

Greta Thunberg is an avid and vocal environmentalist. She leads a global community of like-minded youth in combating climate change. Born in Sweden in 2003, she is one of the youngest people to speak on a global stage about the need for climate action.

#### From Little Things, Big Things Grow

In August 2018, a lone figure sat in protest on the steps of the Swedish parliament. At 15, Greta had decided enough was enough; it was time for someone to make a stand. She carried a hand-painted sign that read 'skolstrejk för klimatet' (school strike for climate), which has since been translated into dozens of languages. Thunberg could not have imagined how loud her voice would become nor how prolifically her message would spread. Her one-person stand has kicked off a global movement.

#### Teenage Trailblazer

Speaking quietly and seldom smiling, Greta is earnest in her activism. She calls for her peers to help create a 'social tipping point' on a global scale. To achieve this goal, she travels worldwide to address heads of state – notably crossing the Atlantic in a solar-powered racing yacht in 2019 in an effort to neutralize her carbon footprint.

Greta's work in the global climate change movement will inspire generations to come.

#### A Call to Action

Ms. Thunberg describes the balance between her environmental work and her schoolwork as presenting 'strange contrasts'. She also claims that dealing with immature world leaders is more difficult than dealing with most of her peers at school. Addressing the US Congress in 2019, Greta presented a report from the Intergovernmental Panel on Climate Change and bluntly stated, "I don't want you to listen to me, I want you to listen to the scientists." This clearly defined statement was punctuated with a final comment, "And then I want you to take real action."

International Women's Day

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### Jessica Watson

#### Meet Jessica

Could you imagine living on a bus? How about a boat? Well, Australian Jessica Watson has lived on both! It was while she was living on the boat that Jessica decided she wanted to become the youngest person to sail solo and unassisted, around the world. With an infectious smile and a fiery passion for life, Jessica Watson has inspired thousands of young people across the globe. Australia's ex-Prime Minister Kevin Rudd called her an extraordinary young Australian and the country's "newest hero".

#### What a Winner!

Jessica has won the following awards:

- Spirit of Sport
- Young Performer of the Year
- Adventurer of the Year
- Young Australian of the Year
- Jane Tate trophy
- Order of Australia Medal

#### Ella's Pink Lady

Jessica gave her boat, a 33.56 ft Sparkman & Stevens, the name Ella's Pink Lady. Before she had even begun her circumnavigation, disaster struck in the form of a collision with a 69,500 ton bulk carrier ship. Luckily, Jessica was unhurt and her boat received only a broken mast.

Jessica says:

"You don't have to be someone special to achieve something amazing. You've just got to have a dream, believe in it, and work hard."

#### Around the World in 210 Days

The following is a timeline of Jessica's circumnavigation of Earth.

- October 18, 2009 – Departed Sydney Harbor
- November 19, 2009 – Crossed the equator
- Christmas 2009 – Furthest point from land
- January 13, 2010 – Cape Horn, Chile
- January 25, 2010 – Halfway point
- February 15, 2010 – Crossed Prime Meridian
- February 24, 2010 – Cape Agulhas, S. Africa
- April 10, 2010 – Entered Australian waters
- April 12, 2010 – Cape Leeuwin, W. Australia
- May 3, 2010 – South East Cape, Tasmania
- May 15, 2010 – Arrived Sydney Harbor

International Women's Day

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### Dr. Mae Jemison



#### Mae the Dancer

At eleven years of age, Mae fell in love with dancing. Her interest continued through college. She even choreographed a musical and dance production.

#### Mae the Doctor

Mae studied to be a doctor at Cornell Medical College. While studying, she traveled to Thailand, Cuba, and Kenya to help people there. She graduated and became a medical doctor in 1981.

#### Mae the Astronaut

Mae was inspired to join the astronaut program by Lieutenant Uhura on *Star Trek* (played by Nichelle Nichols) and the first female astronaut, Sally Ride. She was accepted in 1987. Five years later, she flew on the 50th shuttle flight as a mission specialist and spent eight days and nights in space.

#### Mae the Scientist

Science education is very important to Mae. During her life, she has been a professor at various universities. She is also a member of many science foundations and has even started her own research companies in many scientific fields.

#### Mae the Soldier

From 1983 to 1985, Mae volunteered in the United States Peace Corps. As a medical officer, she was in charge of everyone's health. She also worked in the Center for Disease Control, focusing on curing illness.

#### Mae the Activist

While in college, Mae noticed inequality between herself and the white male students. She joined the Black Students Union and ended up leading them. She campaigned for women and minorities to be treated as equally capable students.

#### Mae the TV Star

*Star Trek* was Mae's favorite show about space, so she was amazed to be asked to appear on the show! She also hosted *World of Wonder* on the Discovery Channel and has made guest appearances on various documentaries.

International Women's Day

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# QUICK BREAD BUNS



## Ingredients

- 250g strong white, brown or wholemeal flour
- 1 x level 5ml spoon salt
- 1 sachet of quick acting dried yeast
- 150ml warm water
- 1 x 15ml spoon oil
- 1 x 5ml spoon sugar
- Egg, milk, poppy seeds, pumpkin seeds for topping/ glazing

## Equipment

Weighing scales, sieve, mixing bowl, measuring spoons, measuring jug, mixing spoon, greaseproof paper, Victoria sandwich tin or round tin foil dish

## Method

1. Collect ingredients and equipment. Weigh out ingredients.

*It is vital that the weighing is accurate. Liquid measurement in particular.*

2. Sift flour and salt into bowl. Add the sugar.

*Sieve to aerate and remove lumps. Disperse ingredients throughout mixture. Salt strengthens the gluten but take care, it can destroy the yeast. Gluten forms the framework of the bread.*

3. Add yeast and stir.

*Use quick acting dried yeast, it reduces the proving time and is almost fool proof. Any additions, such as sundried tomatoes, cheese, dried fruit, should be added at this point.*

4. Add oil to warm liquid (150ml) and add enough to flour mixture to make a soft dough. Mix with a spoon at first and then use one hand to bring together as a dough. Use the other hand to hold onto the bowl.

*Any added fat gives a richer dough, can extend the shelf life, but can also slow down fermentation. If a very quick product is required the fat can be omitted. Bring the ingredients together by hand, feel what is happening. The dough must be soft but not sticky. The water should be quite warm (37C) for the quickest rise.*

5. Knead the dough firmly for ten minutes.

*This makes the gluten (protein) elastic. The dough will become stretchy. The kneading action also distributes the yeast evenly throughout the mixture.*

6. Cut the dough into eight equal pieces. Shape each into a bread bun and arrange in the lightly greased tin.

*In industry, it is essential that each roll is the same weight, if not the consumer will not be satisfied and in the cooking process some will cook quicker than others.*



7. Glaze with beaten egg or milk, sprinkle with poppy seeds or similar and place in a **cold oven** and then turn up to the highest temperature immediately.

*As the temperature rises the mixture grows in size. This is a shortened proving but it does work. Traditionally, the dough would be covered in a large polythene bag and left to rise until doubled in size.*

8. Remove from oven after approximately 15 – 20 minutes and cool on a cooling rack.

*The high cooking temperature destroys the yeast and expands the gas. Traditionally, the temperature is reduced to allow time for the gluten to set, to allow the starch to absorb the liquid and to create the colour of the crust (dextrinization).*

9. Test for readiness by tapping the bottom. It should sound hollow.

*Indicates gluten framework is set.*

10. Allow to cool out of tins.

*This allows the moisture to evaporate and avoids a soggy product.*

### Top tips

Add chopped nuts, seeds, diced fresh fruit or vegetables or chopped dried fruit before you add the liquid. Mix thoroughly to distribute the ingredients throughout the dough.

Form the dough into a variety of shapes such as knots, small cottage loaves, sticks, twists or plaits.

Use egg yolk, egg white or a mixture of both for different glaze finishes.

### Food skills

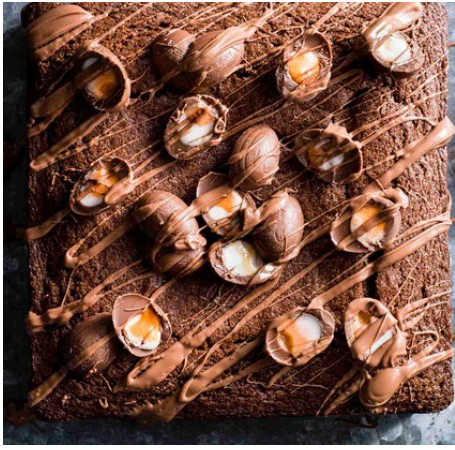
- Weigh.
- Measure.
- Sift.
- Mix.
- Knead.
- Form and shape.
- Glaze.
- Bake.



M&S are currently running a campaign where they give out free seedling kit when you spend £20 in the Foodhall or on Food to Order (if you spend £40 you will receive two etc.) They're displayed near the checkout.

We would be incredibly grateful for all/ any donations for our kitchen garden.

<https://www.marksandspencer.com/c/food-to-order/little-garden>



## EASTER ROCKY ROAD

Check out this super simple, super fun and super moreish rocky road with chocolate eggs. Perfect for an easy Easter baking project with the whole family.

### Ingredients

- **dark chocolate** 200g, chopped
- **milk chocolate** 200g, chopped
- **butter** 50g
- **golden syrup** 1 tbsp
- **Rich Tea biscuits** 100g, broken into small pieces
- **mini marshmallows** 100g
- **Crunchie bars** 2, roughly chopped
- **Mini eggs** 40 (we used a mix of Galaxy Golden Eggs, Cadbury Mini Eggs, Cadbury Mini Creme Eggs and Smarties Mini Eggs)

### Method

#### STEP 1

Gently melt both chocolates, the butter and golden syrup in a heatproof bowl set over a pan of simmering water (or heat in short blasts in the microwave, stirring in between).

#### STEP 2

Stir in the biscuits, marshmallows and Crunchie bits. Line a 22cm square brownie tin with a double layer of clingfilm then tip in the chocolate mix and level out as much as possible (it will be quite uneven on the surface). Push the mini eggs down into the surface (you can halve some of them if you like). Put in the fridge to set for 3 hours or overnight.

Cut into squares to serve.

# BUTTERMILK FRIED CHICKEN

Follow this step-by-step recipe for fool proof fried chicken - dip in buttermilk batter for a golden, seasoned crust and sweet, tender chicken

## INGREDIENTS

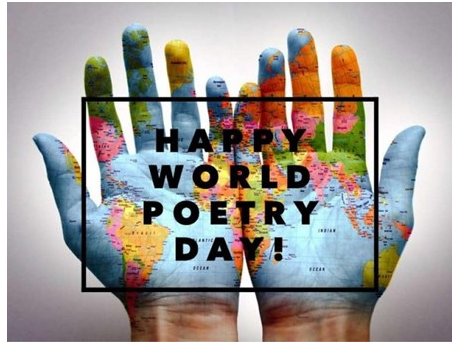
- |   |   |   |
|---|---|---|
| <ul style="list-style-type: none"><li>• 10 chicken pieces (about 1¼kg/ 2lb 12oz), on the bone, skin on (use a mixture of thighs and drumsticks)</li><li>• 300ml buttermilk</li><li>• 1 large egg</li><li>• 1-2 litres groundnut oil</li></ul> | <p><b>For the dry brine</b></p> <ul style="list-style-type: none"><li>• zest 2 lemons</li><li>• 1 tsp chopped thyme</li><li>• 1 tsp paprika</li><li>• 1 tsp onion salt</li><li>• 1 tsp garlic granules</li><li>• 1 tsp flaky sea salt</li></ul> | <p><b>For the spiced flour</b></p> <ul style="list-style-type: none"><li>• 225g plain flour</li><li>• 2½ tbsp cornflour</li><li>• 2¼ tsp garlic granules</li><li>• 2¼ tsp salt</li><li>• 2¼ tsp chilli powder</li></ul> |
|---|---|---|

## METHOD

1. Put all the dry brine ingredients in a large dish. Add the chicken, toss to coat well, then cover and chill for 12-24 hrs.
2. Put all the spiced flour ingredients in another dish or a large bowl, add a good grind of black pepper and combine well.
3. Put the buttermilk and egg in another bowl and lightly whisk until well combined.
4. Start to coat the chicken. Using one hand, dip the pieces in the buttermilk, making sure they are completely coated.
5. Using your other hand, roll the chicken in the spiced flour until covered all over.
6. Place the chicken on a wire rack with a baking tray underneath. Now you're ready to start frying.
7. Fill a deep cast-iron frying pan or heavy-based medium saucepan half full with oil and heat until the temperature reaches 170C on a cooking thermometer. Put a wire rack on a second tray, ready to drain the fried chicken.
8. Heat oven to 160C/140C fan/gas 3. Place 3-4 pieces of chicken into the hot oil. Don't overcrowd the pan. Cook for 10-12 mins. Poke your thermometer into the meat next to the bone – it will be cooked when it reaches 73C.
9. The oil temperature will drop when you add the chicken – adjust the heat to keep it steady at 140C during the cooking process. Once cooked, transfer to the clean wire rack and keep warm in the oven. Bring the oil back to 170C before cooking the next batch.







## **WE ARE CELEBRATING WORLD POETRY DAY!**

### **What is World Poetry Day?**

One of the main objectives of the Day is to support linguistic diversity through poetic expression and to offer endangered languages the opportunity to be heard within their communities.

The observance of World Poetry Day is also meant to encourage a return to the oral tradition of poetry recitals, to promote the teaching of poetry, to restore a dialogue between poetry and the other arts such as theatre, dance, music and painting, and to support small publishers and create an attractive image of poetry in the media, so that the art of poetry will no longer be considered an outdated form of art, but one which enables society as a whole to regain and assert its identity.

In celebrating World Poetry Day, March 21, UNESCO recognizes the unique ability of poetry to capture the creative spirit of the human mind.

A decision to proclaim 21 March as World Poetry Day was adopted during UNESCO's 30th session held in Paris in 1999.

<https://www.awarenessdays.com/awareness-days-calendar/world-poetry-day-2020/>

### **What is Quest doing?**

**As World Poetry Day falls on a Saturday we will be celebrating at Quest all week.**

### **COMPETITION TIME!!!**

**We are inviting all learners to write their own poem, we would like the theme of the poem to be based on the school and community. We would like to publish the poems and there will be a prize.**



# OUR NEW READING PODS HAVE ARRIVED!



OUR NEW PODS WILL BE GOING TO  
THE UPPER SCHOOL WITHIN THE  
LAVA LAMP ROOM.

OUR LEARNERS & STAFF HAVE  
ALREADY STARTED ENJOYING THEM.



- SHIELD AGAINST THE NOISE & PULSE AROUND YOU
- LED LIGHTING
- USB CONNECTION
- 5 W LOUDSPEAKERS
- BLUETOOTH, IPAD & SMARTPHONE CONNECTIVITY
- RELAXING LIGHTING & COMFORT WHILST READING.



# VISIT TO MALCOLM RAIL

Another enjoyable visit to Malcolm Rail in Rugby.

Thank you to Stephen Haddock and Dave Turner for allowing pupils from Quest Academy to look at the daily routines. This included the control room, watching trains arrive and depart with cargo, cranes loading and unloading large storage containers and a visit to a brand new warehouse just completed.

All pupils were a credit to Quest Academy.

Pupils were Kieran, Declan, Alfie and Rhys. Also in attendance were Family Footings Facilitators, Joan and Daisy.



## ATTENDANCE



Well done to Helen Keller for achieving 100% attendance this week , week ending 06.03.2020.

### WELL DONE!

*Joan Goodrich,*

Family Footings Facilitator and DSL





# TERM DATES FOR 2019 - 20:

**Spring Term 2** Monday 24<sup>th</sup> February - Friday 3<sup>rd</sup> April

**MAT INSET Day** Monday 16<sup>th</sup> March (no school)

**Easter Holidays** Monday 6<sup>th</sup> April - Friday 17<sup>th</sup> April

**Bank Holiday: 75th anniversary of VE Day** - Friday 8<sup>th</sup> May (no school)

**Summer Term 1** – Monday 20<sup>th</sup> April - Friday 22<sup>nd</sup> May

**May Half Term**- Monday 25<sup>th</sup> May - Friday 29<sup>th</sup> May

**Summer Term 2** – Monday 1<sup>st</sup> June - Wednesday 22<sup>nd</sup> July



The early May bank holiday in 2020 will move from Monday 4 May to Friday 8 May to mark the 75th anniversary of VE Day.

Warwickshire school term dates have been updated to reflect this, with Monday 4 May 2020 now designated a normal school day.

## Quest Contact details

Quest Academy,  
Anderson Avenue,  
Rugby  
Warwickshire  
CV22 5PE

E: [quest.office@macintyreacademies.org](mailto:quest.office@macintyreacademies.org)

T: 01788 593 112



## How to contact members of staff:

Please contact Reception if you would like to speak with a member of staff. You will either be transferred or reception will e-mail the member of staff to let them know that you have called.

## Reporting pupil absence and lateness:

If your child is absent for more than 7 days you will need to provide a doctors certificate. If we do not receive a doctors note and have not seen your child we will have no alternative but to refer the matter to the Safeguarding Board in line with our safeguarding procedures.

Please can we remind parent/carers to call school on **01788 593 112**, before 9am if your child may be late or is unwell.